# Canadian Junior Virtual Cycling Series

Participant Technical Package

















Welcome to the Canadian Junior Virtual Cycling Series! Organized by the Saskatchewan Performance Cycling Program in partnership with Cycling Canada and allied sport organizations, the Canadian Junior Virtual Cycling Series aims to provide high quality virtual competition to Junior and U17 cyclists. While traditional competition may be out of the picture for the next little while, we hope to keep the spirit of competition strong in junior cycling. We will be racing on the RGT Cycling platform and are using real roads from around the world. Each race will be up to an hour and a half in length, with racing running Sunday's from January 24<sup>th</sup> – February 7<sup>th</sup>. The RGT app, registration, and event are all completely FREE. Users will not need a premium RGT subscription to participate. We hope you enjoy this collaborative event!

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## 1 EVENT DETAILS

#### 1.1 START TIMES

We will be running two races – one men's race and one women's race – an hour and a half apart. We ask that riders please join the event at least 15 minutes before your start time to limit technical difficulties. Official category start times are as follows.

U17/Junior Men – 9:00am Pacific, 12:00 Noon Eastern Time.

U17/Junior Women – 10:30am Pacific, 1:30pm Eastern Time.

#### 1.2 CATEGORIES

We will be offering 2 race categories each week: U17/Junior (U19) Men and U17/Junior (U19) Women. U17's and Juniors will race together but be scored separately. All categories will race the same distances, with an anticipated duration between 45 minutes and 1.5 hours depending on the course. All events will be run as separate races. Registrations are limited to 198 registrations per category.

Second year U15s (born 2007) may upgrade for the second and third race of the series. To upgrade, athletes must send a letter of recommendation from their NCCP Certified coach to <u>jrraceseries@gmail.com</u> declaring interest in upgrading for the race. Upgraded athletes must also complete their registration online.

#### 1.3 EQUIPMENT AND SYSTEM REQUIREMENTS

To participate riders must either have a smart trainer or a power meter.

Riders will need two devices to run RGT Cycling: a Smart Phone or Tablet running the RGT Phone app, and a tablet, laptop, running the RGT Screen app. All of these apps are free to download, and the free subscription provides all the features necessary for athletes to compete. Device requirements are:

- RGT Cycling Companion App Download (one of) iPhone, Android, or iPad
- RGT Cycling Screen App Download (one of) Windows 10 PC, Windows 10 Laptop, Mac, iPad, or Apple TV.

#### 1.4 REGISTRATION

Registration for Series Events can be found on our <u>webpage</u>. After registration, you will receive a link to join the race through the RGT cycling app. Follow the directions provided, and ensure you open the RGT race link on a smartphone or tablet that has the RGT phone app downloaded. The registration link will not work on a device that only has the RGT Screen app downloaded. The registration and event are completely FREE of charge. **Registration closes at 7pm Pacific, 10pm Eastern the Saturday before each race.** 

Please note that athletes will have to register for each race individually. Athletes cannot register for the entire series at once.

#### 1.5 IN-GAME EQUIPMENT SELECTION

Each province along with series points leaders will be assigned specific in-app clothing that they must use for the race. Clothing can be selected under "equipment" in the RGT phone app. Riders, please look at the kit selection document you will be provided with before the race and change your equipment in the app to match. This gives you the chance to identify other riders and your own teammates in the race.

#### 1.6 RESULTS

Results and Series Points Standings will be posted to the Canadian Junior Virtual Cycling Series Facebook Page and Website within 24 hours of the event. Results and Series Points Standings will also be available on Cycling Canada's website.

In order to verify the results, we require that each athlete take a screenshot of their results after the race and submit the screenshot through the results verification form on our website within 4 hours of the finish. Athletes who do not submit a photo verifying their result WILL NOT be given a finishing placement and will not receive series points for that race. Athletes can verify their results with us <a href="here">here</a>.

#### 1.7 LIVE STREAM

All live streamed events will be streamed on our <u>YouTube Channel</u>. Live stream links and information will also be shared on our website and social media. Stay tuned on these channels to see what races are live streamed.

### 2 SERIES OVERVIEW

#### 2.1 SERIES SCHEDULE

Canadian Junior Virtual Cycling Series races will occur on January 24<sup>th</sup>, January 31<sup>st</sup>, and February 7<sup>th</sup> unless otherwise posted. Men's race will begin at 9:00am Pacific Time, 12:00 Noon Eastern Time. Women's races will begin at 10:30am Pacific Time, 1:30pm Eastern Time.

#### 2.2 RACE FEATURES

Every other week, the Canadian Junior Virtual Cycling Series will host a race featuring RGT real roads. The courses will include a flat criterium, a rolling gravel circuit, and a hilly road race to suit all sorts of different strengths. Find out more on our <u>race routes page</u>.

#### 2.3 SERIES POINTS

Although athletes are welcomed and encouraged to participate on a race-to-race basis, we will also be providing a series points classification for those that wish to compete for the title of *Canadian Junior Virtual Series Champion*. Registration is conducted on a race-to-race basis, and there is no rider commitment to compete in the full series. After each event athletes will be provided with the opportunity to accumulate Series Points based on their results of each race. Points from each race will be allocated based on position. Athletes will not need to compete in all three races to receive a ranking in the series points classification. Series points are accumulated from each race in the series.

Points will be awarded based on the UCI Track Omnium Points Schedule. The points allocation is as follows:

40 points awarded for  $1^{st}$  place in each category, 38 points for  $2^{nd}$ , 36 points for  $3^{rd}$ ...  $21^{st}$  place onwards will receive 1 point each.

#### 2.4 TIE BREAKER

In the event of a tie in series points, total accumulated time from the three races will be used to place the top 5 riders in each category. If a tie still remains, results from the Cap de Formentor Road Race will be used to break the tie.

In the event of a tie breaker where an athlete did NOT compete in all three races, athletes will be ranked based on best placement in any race they completed. This policy ONLY applies to the top 5 of each category. Ties in lower rankings will not be broken.

# 3 RACE DETAILS

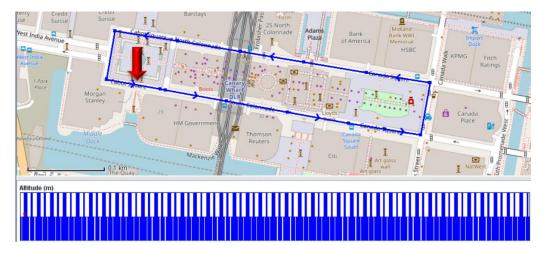
#### 3.1 CANARY WHARF CRITERIUM

Kicking things off, the series goes crit racing at Canary Wharf. Located in London, England this fast 4-corner crit will test riders' tactics as they fight for position in a hectic rush for the line!

**3.1.1 Date** January 24<sup>th</sup>, 2021

#### 3.1.2 Course Profile

Distance: 40km Elevation Gain: 200m Laps: 40



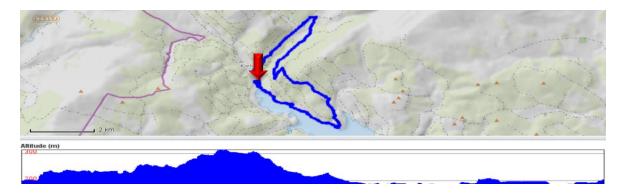
#### 3.2 DIRTY REIVER GRAVEL RACE

The series goes off-road for round two with the Dirty Reiver Gravel Race! Based on the very popular gravel race in Northern England, the Dirty Reiver takes on rolling hills and challenging dirt to make this race completely unpredictable!

**3.2.1 Date** January 31<sup>st</sup>, 2021

#### 3.2.2 Course Profile

Distance: 35.4km Elevation Gain: 450m Laps: 2



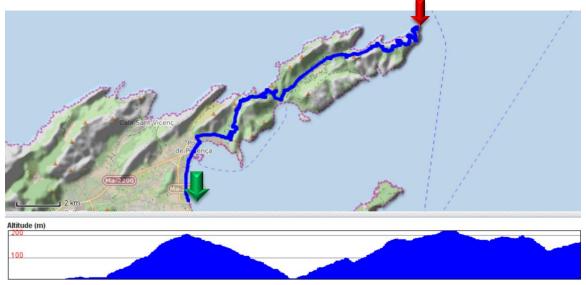
#### 3.3 CAP DE FORMENTOR ROAD RACE

The final race of the series will take on the ride to the lighthouse, a well-known route in Mallorca, Spain. Despite being a short course, this route is far from easy. Riders will take on long climbs and twisty descents that will be a true final test of the legs.

# **3.3.1 Date** February 7<sup>th</sup>, 2021

#### 3.3.2 Course Profile

Distance: 22.4km Elevation Gain: 515m Laps: 1



# **4 EVENT ORGANIZER CONTACT INFORMATION**

To keep up to date with the latest updates and news about the Canadian Junior Virtual Cycling Series follow us on <u>Instagram</u>, <u>Facebook</u>, <u>Twitter</u>, and <u>Youtube</u>!

For questions, comments, concerns, or more information contact the race organizers at <u>jrraceseries@gmail.com</u>.

We hope that you enjoy this national race series! Ride hard, have fun, and best of luck!