

# 2020-2021 SPECIFIC SELECTION POLICY

FOR PARA-CYCLING HIGH PERFORMANCE AND NEXTGEN PROGRAMS

DRAFT Nov. 27, 2019

DRAFT AMENDED Mar. 5, 2020

PLEASE NOTE: ALL PROGRAMMING IS SUBJECT TO CHANGE

The purpose of this document is to provide insight on National Team planning for the upcoming Para-cycling season. It is important to note that programming may change at any time due to financial circumstances, staffing, changes to the international racing calendar.

SPECIFIC conditions and criteria for selection to all national team PARA-CYCLING programs

### **INTRODUCTION**

The following sets out the General Selection Criteria and **Schedules 1-4** and **Appendices 1-2** set out the Specific Selection Criteria for each Category, namely:

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### **ELIGIBILITY**

Athlete eligibility for Para-cycling competition is defined in UCI rules 16.2.001 to 16.3-007.

The following athletes are eligible for selection to represent Canada as Para-cycling athletes:

 All male and female athletes holding a valid UCI licence showing the nationality as "Canadian," aged 17 or over on Dec. 31, 2020, with a functional class profile as defined for each sport class under the UCI Paracycling rules.

The following rules apply to tandem pilots:

- Men and women cyclists over 18 years of age on Dec. 31, 2020, may race as tandem pilots, provided they
  have not been selected by their national federation in one of the following events (all disciplines
  included):
  - UCI World championships (except Masters, Para-cycling and Junior) and Olympic Games at least 12 months preceding the Para-cycling event;
  - UCI World Cup, regional games and continental championships (ie. Parapan American Games): the same year of the para-cycling event (except Junior).
- Cyclists who were members of a UCI World Team or UCI Professional Continental Team must respect a waiting period of 12 months after their contract expires before taking part as a tandem pilot. This waiting period comes on Jan. 1 the next year after the end of the contract for cyclists who were members of one of the other UCI teams described at article 1.1.041 of the UCI rules.

## **GENERAL CONDITIONS FOR SELECTION**

- **a.** All selections are subject to clauses 1.c and 12.d (Right to Vary or Not Enter Teams) of the General Selection Policy.
- b. Sanctioned Competition or Authorized Event: In order to be considered for selection to the Canadian Para-cycling Road Pools and Teams riders must achieve the Specific Selection Criteria set out in this Schedule while participating in a UCI sanctioned competition or a CC authorized event and while complying with all UCI Cycling Regulations.
- c. Other Factors: Any selection to a Pool or Team for any one of the Events is subject to this Policy, including clauses 10 (Other Factors), 11 (Extenuating Circumstances) and 12 (Other Selection Matters) of the General Selection Policy.
- d. Yearly Training Plan: Any rider applying for any CC project must provide the program coach with his or

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her Yearly Training Plan (YTP) and Individual Performance Plan (IPP), which are to be approved\*. These documents should indicate preparation for the said project. A complete racing program leading to (and following) the project should also be submitted and discussed with the program coach. Templates can be found in the Appendix section of this document.

- \* Approved means that IPP's and YTP's are signed off by the national coach, the athlete, and the personal coach (if applicable)
- e. Time Period: Riders must achieve the Specific Selection Criteria set out in this Schedule within the time period commencing March 22, 2020, and concluding midnight (EST) on the Selection Date for each Pool and Team as specified in this Schedule.

## SCHEDULE 1 - GENERAL HIGH PERFORMANCE COMPETITION AND TRAINING CAMP PROGRAMS

Road World Cup 1 – Castiglione della Pescaia, ITA	Important Dates:			
Qualification Window to Meet Standards	Jan. 1 – May 2, 2020			
Team Nomination date	May 2, 2020			
Athletes informed of nominations	May 4, 2020			
Appeal Period	May 4-18, 2020			
Competition Date	May 27-30, 2020			
Road World Cup 2 – Baie-Comeau, CAN	Important Dates:			
Qualification Window to Meet Standards	Jan. 1 – June 27, 2020			
Team Nomination date	July 3, 2020			
Athletes informed of nominations	July 5, 2020			
Appeal Period	July 5-19, 2020			
Competition Date	Aug. 5-7, 2020			

This Schedule covers selection for the Para-cycling Categories for the Canadian Road Pools and Teams for the following events:

- Road World Cup #1 Castiglione della Pescaia, ITA May 27-30, 2020
- Road World Cup #2 Baie-Comeau, CAN Aug. 5-7, 2020

# 1. ROAD WORLD CUP #1 - CASTIGLIONE DELLA PESCAIA, ITA - MAY 27-30, 2020

- **a. Objectives:** Medal performances and gap analysis.
- b. Pool Size: The maximum size of the Pool of riders eligible for selection to the Team is 12.
- c. The maximum number of participants per nation is six for road races and six for time trials for each sport class as per UCI rule 16.20.005. In case there are more riders than the number of spots available, the National Team coach will use the Items mentioned in Clause 10.a of the General Selection Policy (see Appendix 1) to finalize the event's selection.
- **d. Automatic Selection to the Team**: The following riders will be automatically selected to the Team:
  - i. 2019 Road World Championship medalists;
  - ii. 2020 Track World Championship finalists at the Individual Pursuit.
- e. Automatic selection to the Pool: The following riders will be automatically selected to the Pool:
  - i. Athletes who have achieved Top 8 AND Top ½ at 2019 Road World Championships AND/OR;
  - ii. Athletes who have medalled at a 2019 World Cup event AND/OR;
  - iii. Athletes who have met the road A standard between Jan. 1 and May 2, 2020.
- **f.** Additional nominations to the pool: The National Coach may nominate up to three additional athletes to the selection Pool taking into account Clause 10 of the General Selection Policy and respecting the maximum size of the Pool.
- g. Selection Date: Refer to Schedule 1 table.

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- **h. Funding:** This is a partially funded event. Athletes will be informed of any self-funding requirements at the time of selection.
- i. Selection to the Team: In nominating riders to the Team, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Policy.
- j. Tandem: In the case of tandem pairs, the National team coach(es) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(es) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.

## 2. ROAD WORLD CUP #2 - BAIE-COMEAU, CAN - AUG. 5-7, 2020

- a. Objective: Medal performances, evaluate early season performances and maximize UCI points.
- b. Pool Size: The maximum size of the Pool of riders eligible for selection to the Team is 18.
- c. The maximum number of participants per nation is six for road races and six for time trials for each sport class as per UCI rule 16.20.005. In case there are more riders than the number of spots allocated, the National Team coach will use the Items mentioned in Clause 10.a of the General Selection Policy (see Appendix 1) to finalize the event's selection.
- **d. Automatic selection to the Pool:** The following riders will be automatically selected to Pool:
  - i. Athletes who have achieved a top 10 AND top half at a 2020 World Cup event AND/OR;
  - ii. Athletes who have met the road A standard between Jan. 1 and Jun. 27 2020.
- **e.** Additional nominations to the pool: The National Coach may nominate up to three additional athletes to the selection Pool taking into account Clause 10 of the General Selection Policy and the maximum size of the Pool.
- f. Selection Date: Refer to Schedule 1 table.
- **g. Funding:** This is a self-funded event for athletes not selected to the 2020 Paralympic Games. Athletes will be informed of self-funding requirements at the time of selection.
- h. Selection to the Team: In nominating riders to the Team, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Criteria.
- i. Tandem: In the case of tandem pairs, the National team coach(es) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(es) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.

## SCHEDULE 2 – ROAD AND TRACK WORLD CHAMPIONSHIPS

Road World Championships – Ostend, BEL	Important Dates:			
Qualification Window to Meet Standards	Jan. 1 – May 2, 2020			
Team Nomination date	May 2, 2020			
Athletes informed of nominations	May 4, 2020			
Appeal Period	May 4-18, 2020			
Competition Date	Jun. 4-7, 2020			
Track World Championships – Rio de Janeiro, BRA	Important Dates:			
Qualification Window to Meet Standards	Apr. 1, 2020 – Feb. 1, 2021			
Team Nomination date	Feb. 16, 2021			
Athletes informed of nominations	Feb. 18, 2021			
Appeal Period	Feb. 18 – Mar. 4, 2021			
Competition Date	Mar. 25-28 2021			

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This Schedule covers selection for the Para-cycling Categories for the Pools and Teams for the following Events:

- Road World Championships Ostend, BEL Jun. 4-7, 2020
- Track World Championships Rio de Janerio, BRA Mar. 25-28, 2021

### 1. ROAD WORLD CHAMPIONSHIPS - OSTEND, BEL - JUN. 4-7, 2020

- a. Objectives: Podium performances and UCI Qualification points.
- **b.** Pool Size: The maximum size of the Pool of riders eligible for selection to the Team is 12.
- j. Automatic Selection to the Team: The following riders will be automatically selected to the Team:
  - i. 2019 Road World Championship medalists;
  - ii. 2020 Track World Championship finalists in the Individual Pursuit.
- k. Automatic selection to the Pool: The following riders will be automatically selected to the Pool:
  - i. Athletes who have achieved Top 8 AND Top ½ at 2019 Road World Championships AND/OR;
  - ii. Athletes who have medalled at a 2019 World Cup event.
- **c.** Additional nominations to the pool: The National Coach may nominate up to three additional athletes to the selection pool taking into account Clause 10 of the General Selection Policy and the maximum size of the Pool.
- d. Selection Date: Refer to Schedule 2 table.
- **e. Funding:** This is a partially funded project. Athletes will be informed of any self-funding requirements at the time of selection.
- f. Selection of Team: In nominating riders to the Team, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Criteria.
- g. Tandem: In the case of tandem pairs, the National team coach(es) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(es) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Criteria.

## 2. TRACK WORLD CHAMPIONSHIPS – Rio de Janeiro, BRA – Mar. 25-28, 2021

- **a. Objectives:** Expose athletes to Track
- b. Pool Size: The maximum size of the Pool of riders eligible for selection to the Team is 10.
  - i. Quotas are pending UCI allocation of overall yearly points which are to be published before the championships. For the scratch races, only 2 riders per nations are allowed in the C4-5 and C1-3 races. This is in accordance with the 9.2.069 UCI rule (http://tinyurl.com/h3gnlfu).
- **c. Automatic Selection to the Team:** The following riders will be automatically selected to the Team:
  - i. Athletes selected to the 2020 Paralympics AND/OR;
  - ii. Athletes who have achieved the A standard between March 29, 2020 and Dec. 30, 2021
- **d. Automatic Selection to the Pool:** The following riders will be automatically selected to the Pool:
  - i. Athletes who have achieved 95% of the B standard between Jan. 29 and Dec. 30, 2020.
- **e.** Additional nominations to the pool: The National Coach may nominate up to three additional athletes to the selection Pool taking into account Clause 10 of the General Selection Policy and the maximum size of the Pool.
- f. Selection Date: Refer to Schedule 2 table.
- **g. Funding:** This is a partially funded project. Athletes will be informed of any self-funding requirements at the time of selection.

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- h. Selection of Team: In nominating riders to the Team, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Policy.
- i. Tandem: In the case of tandem pairs, the National team coach(es) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(es) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.

## **SCHEDULE 3 – DEVELOPMENT POOL**

#### **INELIGIBILITY**

The following athletes, excluding tandem pilots, are NOT eligible for selection to the Para-cycling Development Pool:

- Athletes who have competed at a Paralympic Games in Cycling;
- Athletes who are SR1 or SR2 carded;
- Athletes who did not attend 2019 Canadian Road Championships unless extenuating circumstances approved by Cycling Canada have been provided.

### **DEVELOPMENT POOL SIZE**

The maximum size of the Pool of athletes eligible for selection to the Para-Cycling Road World Cups is 12.

### **SELECTION TO THE DEVELOPMENT POOL**

Athletes who meet one or more of the following criteria will be selected to the Development Pool.

- i. Athletes having finished top 8 and top half at a 2019 UCI World Cup;
- ii. Athletes who have achieved a B standard in Appendix A after April 1, 2019;
- iii. Athletes selected to the pool by Committee choice.

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# SCHEDULE 4 – DEVELOPMENT COMPETITION SELECTION

Road World Cup 1 – Castiglione della Pescaia, ITA	Important Dates:			
Qualification Window to Meet Standards	Jan. 1, – May 2, 2020			
Team Nomination date	May 2, 2020			
Athletes informed of nominations	May 4, 2020			
Appeal Period	May 4-18, 2020			
Competition Date	May 27-30, 2020			
Road World Cup 2 – Baie-Comeau, CAN	Important Dates:			
Qualification Window to Meet Standards	Jan. 1 – Jun. 27, 2020			
Team Nomination date	July 3, 2020			
Athletes informed of nominations	July 5, 2020			
Appeal Period	July 5-19, 2020			
Competition Date	Aug. 5-7, 2020			

This Schedule covers selection for the Para-cycling Categories for the Canadian Development Teams for the following events:

- Road World Cup #1 Castiglione della Pescaia, ITA May 27-30, 2020
- Road World Cup #2 Baie-Comeau, CAN Aug. 5-7, 2020

## 1. ROAD WORLD CUP #1 – Castiglione della Pescaia, ITA – MAY 27-30, 2020

- a. Objective: Increase the international, high level racing exposure of development athletes.
- **b. Selection Criteria:** Athletes who have achieved the following:
  - i. Top 8 and top half at a 2019 World Cup and;
  - ii. Attained A Standard in Appendix A 12 months prior to the event or;
  - iii. Attained B Standard in Appendix A between Jan. 1, 2020 and May 2, 2020 and;
  - iv. Have raced the 2019 Canadian Road Championships.
- **c.** Additional nominations to the pool: The National Coach may nominate up to three additional athletes to the selection Pool taking into account Clause 10 of the General Selection Policy and the maximum size of the Pool.
- d. Development Team Size: The maximum size of the Team is 6, subject to budget and competitiveness. Note there is a maximum of 6 starters/crews per nation in each class for the Time Trial and a maximum of 6 starters/crews per nation in each class for the Road Race. Given that the Cycling Canada High Performance team will attend the world cup as well, priority will be given to athletes showing the best performance potential and will be determined by the Head coach & Next Gen Coach in using Cycling Canada's Items mentioned in Clause 10.a of the General Selection Policy (see Appendix 1) to finalize the event's selection.
- e. Selection Date: Refer to Schedule 4 table.
- **f. Funding**: This is a self-funded event. Athletes will be informed of self-funding requirements at the time of selection.
- **g. Specific selection requirement:** Athletes may be required to provide physiological testing results and training data prior to May 3, 2020. This will be done to ensure a minimum level of fitness in order to attend the Road World Cup.
- h. Selection of Team: In nominating athletes to the Team, the National Coach, NextGen coach and/or the Selection Committee shall take into account the Development Selection Pool criteria and the

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- Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Policy.
- i. Tandem: In the case of tandem pairs, the National team coach(s) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(es) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.

## 2. ROAD WORLD CUP #2 – BAIE-COMEAU, CAN – AUG. 5-7, 2020

- a. Objective: Increase the international, high level racing exposure of development athletes.
- **b. Selection Criteria:** Athletes who have achieved the following:
  - i. B Standard between Jan. 1 Jun. 27, 2020 AND;
  - ii. Athletes that have been selected to World Cup #1 AND;
  - iii. Have raced the 2020 Défi Sportif AND/OR the 2020 Canadian Road Championships.
- **b.** Additional nominations to the pool: The National Coach may nominate up to three additional athletes to the selection pool taking into account Clause 10 of the General Selection Policy and the maximum size of the Pool
- c. Development Team Size: The maximum size Team is 12, subject to budget and competitiveness. However, there is a maximum of 6 starters/crews per nation in each class for the Time Trial and a maximum of 6 starters/crews per nation in each class for the Road Race. Given that the Cycling Canada High Performance team will attend the world cup as well, priority will be given to athletes showing the best performance potential and will be determined by the Head coach & Next Gen Coach in using Cycling Canada's Items mentioned in Clause 10.a of the General Selection Policy (see Appendix 1) to finalize the event's selection.
- **d. Selection Date:** Refer to Schedule 4 table.
- **e. Funding**: This is a self-funded event for athletes not selected to the 2020 Paralympic Games. Athletes will be informed of self-funding requirements at the time of selection.
- **f. Selection of Team**: In nominating athletes to the Team, the National Coach, NextGen coach and/or the Selection Committee shall take into account the Development Selection Criteria and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Policy.
- g. In the case of tandem pairs, the National team coach(s) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(s) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.

### SCHEDULE 5 – CLASSIFICATION BASED SELECTION PROCESS

This schedule covers the selection of Para-Cyclists who have yet to be classified at the international level. This process may be available for the following UCI events:

- Road World Cup #2 Baie-Comeau, CAN Aug. 5-7, 2020;
- Track World Championships Rio de Janeiro, BRA Mar. 25-28, 2021

The following criteria must be met in order to be considered for selection:

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- The athlete must provide sufficient evidence to support a probable placement in a given classification. This evidence should include but is not limited to the following.
  - i. Completed UCI's Medical Diagnostic Form on the para-cycling Classification page, located on the UCI website: <a href="https://www.uci.org/para-cycling/classification">https://www.uci.org/para-cycling/classification</a>
  - ii. Established power profile.
- The athlete must have achieved the B standard in their presumed classification, 5 weeks prior to the World Cup or Championships.

The athlete's selection must be reviewed by the classification panel composed of:

- Cycling Canada's Para-cycling Head Coach
- Cycling Canada's High Performance Director

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## APPENDIX 1 – ROAD TIME STANDARDS

The standards for the Road time trial represent the average speed for every International event of 2019 (3 World Cups and 1 World Championship) per class. The average speed of the time trial is cumulated from the 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> and 10<sup>th</sup> place. This speed is averaged for finishing position. The A standard represents the Bronze Medal average speed, the B Standard is 97% of the A Standard, and the D standard is 90% of A standard. Although time factors are revised yearly, they cannot get slower; a previous years' time standard will stay the same if the class hasn't gone faster in the current year. If there is an increase in the average time, the standard will change and increase.

2020 NATIONAL TEAM ROAD STANDARDS									
CLASS	Α	В	D	Minimum Distance	CLASS	А	В	D	Minimum Distance
MB	48.99	47.52	44.30	20 km	WB	43.45	42.15	39.10	20 km
MC1	39.63	38.44	36.00	15 km	WC1	30.00	29.10	22.00	15 km
MC2	41.32	40.08	37.19	15 km	WC2	35.91	34.83	32.32	15 km
MC3	43.30	42.00	39.30	15 km	WC3	37.75	36.62	27.00	15 km
MC4	44.88	43.53	41.20	15 km	WC4	37.78	36.65	35.30	15 km
MC5	45.65	44.28	42.00	15 km	WC5	40.07	38.87	37.50	15 km
MT1	29.00	28.13	26.10	10 km	WT1	23.30	22.60	19.00	10 km
MT2	35.61	34.74	33.67	10 km	WT2	30.03	29.13	22.00	10 km
MH1	23.68	22.97	21.31	10 km	WH1	10.00	9.00	8.00	10 km
MH2	33.65	32.64	27.40	10 km	WH2	23.75	23.04	15.00	10 km
MH3	39.86	38.67	34.90	15 km	WH3	33.04	32.05	26.90	10 km
MH4	40.20	39.00	34.60	15 km	WH4	33.61	32.61	29.60	10 km
MH5	39.11	37.94	35.30	15 km	WH5	34.74	33.70	32.30	10 km

**Note:** Road standard time will only be accepted from athletes having met the aforementioned time in the presence of a Cycling Canada accredited commissaire/official and where electronic timing was used.

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## **APPENDIX 2 – TRACK TIME STANDARDS**

The standards for the Track time trial (Kilo) is equivalent to the average time of the Bronze medals from every sea level World Championships and Paralympic Games since 2011. The standard for the individual pursuit is equivalent to the average time of the fourth-place finisher from every sea level World Championships and Paralympic Games since 2011. The track B standard is the same as the 2017 A standard.

2020 NATIONAL TEAM TRACK STANDARDS								
D/Love	I	ndividual Pursui	it	Time Trial				
Men	Α	В	D	Α	В	D		
Tandem	04:21.80	04:27.0	04:32.60	01:02.5	01:03.8	01:07.0		
C1	04:12.00	04:15.0	04:20.40	01:19.6	01:21.1	01:23.5		
C2	03:54.30	03:57.3	04:04.10	01:16.6	01:17.7	01:20.9		
C3	03:39.40	03:44.9	03:55.90	01:11.3	01:11.9	01:16.5		
C4	04:47.80	04:52.6	05:04.90	01:09.0	01:09.4	01:11.9		
C5	04:42.30	04:45.7	04:56.20	01:06.9	01:07.9	01:11.7		
Women	Individual Pursuit			Time Trial				
women	Α	В	D	Α	В	D		
Tandem	03:36.70	03:40.40	03:44.20	01:09.0	01:11.5	01:15.1		
C1	04:49.20	04:49.20	04:49.20	47.2	48.3	49.3		
C2	04:31.70	04:37.30	04:44.90	43.4	45.7	49.1		
C3	04:24.50	04:27.50	04:31.50	44.2	44.7	47.0		
C4	04:13.60	04:19.10	04:26.60	40.7	41.9	44.9		
C5	03:57.50	04:01.10	04:06.40	38.1	39.0	42.8		

**Note:** Track standard time will only be accepted from athletes having met the aforementioned time in the presence of a Cycling Canada accredited commissaire/official, where electronic timing was used and on a track at sea level (below 1,000m altitude).

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