



2020 CANADIAN TRACK CHAMPIONSHIPS

- U17/JUNIOR/PARA -

TECHNICAL GUIDE

OVERVIEW

ORGANIZER	Cycling Canada
EVENTS	<p>U17 & Junior Categories</p> <ul style="list-style-type: none"> - Individual Pursuit - Elimination Race - Points Race - Scratch Race - Sprint - Keirin - Kilo/500m - Team Pursuit - Team Sprint - Madison (Juniors only) <p>Para</p> <ul style="list-style-type: none"> - Individual Pursuit - Kilo/500m <p>All events identified above are Championship events. Championship titles and jersey will be awarded according to the policy described in the Medals, Jerseys & Ceremonies section.</p>
VENUE	<p>Mattamy National Cycling Centre 2015 Pan Am Boulevard Milton, ON L9T 2X6 (Tremaine Rd/Louis St. Laurent Blvd)</p>
VENUE ACCESS	<p>Infield: limited to riders and accompanying staff Spectators: free admission (no tickets)</p>
DATES	Competition: Friday April 3 rd to Sunday April 5 th , 2020
ENTRY FEES	<p>U17 & Junior</p> <ul style="list-style-type: none"> - 1 event: 50\$ CAD - 2 events: 80\$ CAD - 3 events & more: 110\$ CAD <p>Para</p> <ul style="list-style-type: none"> - 1 event: 50\$ CAD - 2 events: 80\$ CAD <p><i>Registration fee will increase \$20 for all categories starting on Monday, March 23rd, 2020 at noon ET.</i></p>
REGISTRATION	<p>Click here for online registration – CCN Registration closes March 30 at 11:59pm ET</p>

1. GENERAL INFORMATION

- o The Canadian Track Championships is a UCI CN class track event.
- o The Canadian Track Championships will be governed by Cycling Canada.
- o The event will be held in accordance with UCI and Cycling Canada regulations. It is the responsibility of the rider to know the rules.
- o UCI points will be allocated for the categories and events according to the UCI regulations.
- o The 2020 Canadian Track Championships will take place on the date and time as scheduled. There will be no extension of the Championships past Sunday April 5, 2020 due to unforeseen delays or prolonged stoppages. The racing format may also be modified at the discretion of the Chief Commissaire and Technical Delegate.
- o Equipment regulations, as per UCI rules and the Cycling Canada Companion Guide, will be enforced for all categories.
- o Approved helmets are mandatory for all training and racing.
- o Delegations/teams will be assigned in pits based on the number of athletes. Smaller delegations may have to share pits.
- o Riders are reminded that they must have their hands on the handlebars at all times while riding and racing on the track.

2. EVENT OFFICIALS

POSITION	ASSIGNED BY	NAME
TECHNICAL DELEGATE	Cycling Canada	Jolène Dupuis
CHIEF COMMISSAIRE	Cycling Canada	Andrew Paradowski (ON)
JUDGE REFEREE	Cycling Canada	Michael Pinkoski (AB)
SECRETARY	Cycling Canada	Anne Cobban (ON)
STARTER	Cycling Canada	Adrien Levesque (NB)
FINISH JUDGE	Cycling Canada	Edward Sitarski (ON)
MEMBERS	Cycling Canada	Brad Day (ON)
	Ontario Cycling Association	PSO
		PSO
		PSO
TIMING	Cycling Canada	Racetiming.ca
ANNOUNCER	Cycling Canada	TBD

3. ELIGIBILITY

o **Eligibility to race:**

To be able to participate and race, in all categories including UCI categories, you must be either a Canadian citizen (dual citizenship included), permanent resident, landed immigrants or an individual with refugee status. Proof of citizenship status or residence may be required (passport, permanent resident card, landed immigrant status or refugee status papers).

o **Eligibility to compete for the Canadian Champion title/podium/medals/UCI points:**

- Only the participants eligible to race (see above) who have Canadian as their UCI nationality will have access to the Canadian Champion title, Canadian Championships podium, Canadian Track Championships medal and UCI points.
- Should a rider eligible to race (see above) but of a different UCI nationality place among the top three overall finishers in the race category, a podium presentation will take place based on the finishing order of the race and a second podium presentation based on the Canadian Championships results of eligible riders with Canadian UCI nationality will take place.

o All athletes must be in possession of a valid UCI international licence. Domestic licences (from Canada or other countries) will not be permitted.

o No one-day licences will be sold for the 2020 Canadian Track Championships.

o A licence must be presented to compete in the appropriate discipline.

o No registrations will be accepted on the day of the event.

o All competitors must enter their event class as shown on their licence.

o Classes are defined as per UCI rules based on the year of birth.

o Athletes will not be considered registered for an event until the following administrative requirements have been completed:

- Online registration has been done
- Payment has been made
- Waiver has been signed (if required)
- UCI licence has been validated by the designated commissaires

4. UPGRADES

At Canadian Championships, athletes must race in the age category according to their license. The only exception to this will be for athletes who are in the last year of the U15 category (born in 2006, racing age 14) and meet all of the following requirements:

- Upgrades for team events are allowed as long as 50% of the team (2 members in the case of a team of 4) are racing in their appropriate age category. For the U17 Team Pursuit, the Team Pursuit is an event for teams of 4 riders. However, we will allow teams of 3 for U17 (a 3 rider Team Pursuit team must have at least one U17 rider).
- Athletes who have posted times, in timed events, that could potentially be top 5 at the 2020 Canadian Track Championships in the upgraded category, may be upgraded (Kilo/500m, IP).
- Athletes wishing to race in bunch races in an upgraded category must receive the

endorsement of their coach and Provincial Sport Organization (PSO). Cycling Canada may ask for verification of the rider's ability to ride in a pack.

NOTE:

A request can be made for a 2nd year U17 rider to compete in the Madison (open to Juniors only) under the following conditions:

- The rider must be paired with an eligible Junior rider
- The request must be endorsed by their provincial coach

Upgrades may be requested by the athlete's coach to the PSO who will contact Cycling Canada to process the request. The athlete (or coach) has to fill the [upgrade request document](#) available on Cycling Canada's website and submit to Jolène Dupuis at jolene.dupuis@cyclingcanada.ca . All requests for upgrades must be received no later than **March 18, 2020**. A letter of acceptance or denial will be forwarded to the PSO, coach and athlete. Should an athlete receive an upgrade, they will need to present their letter of upgrade approval to the commissaires at Riders Confirmation/Numbers Pick-up.

5. GEAR RESTRICTION

- Juniors: unrestricted
- U17: 7.12m rollout (gearing suggestion: 50*15)
- If a 2nd year U15 rider has received an upgrade to race in the U17 category, the rider will be permitted to use the gearing applicable to U17. The same will apply for a 2nd year U17 rider who has been allowed to race the Madison in the Junior category.
- Disc wheels will not be allowed for U17 (maximum rim depth 40mm).
- Carbon wheels will not be allowed for U17.
- All bikes will be subject to inspection prior to each race.

6. SPECIFIC EVENT REGULATIONS

- Sprint
 - The qualification for the Sprint tournament will be a flying 200m.
 - Progression of the Sprint tournament will be based on number of participants registered.
 - Only the 1/2 final and final will be a best of three.
- Keirin
 - Progression of the Keirin tournament will be based on the number of riders registered.
- Kilo/500m TT
 - The event is run as a straight final (one ride only).
 - Distances: U17 W, U17 M, Jr W, WC1-5: **500m** | Jr M, WB, MB, MC1-5: **1km**

- Individual Pursuit
 - The top 4 riders with the fastest times in each category will qualify to the second round (medal round). The riders with the two best times shall ride off in the final for first and second place, while the two others shall ride off in the final for third and fourth places.
 - Distances: U17 W, U17 M, Jr W: **2km** | Jr M, WC1-5, MC1-3, WB: **3km** | MC4-5, MB: **4km**

- Scratch, Points and Elimination races
 - Distances (Scratch): U17 W: **5km** | U17 M, Jr W: **7.5km** | Jr M: **10km**
 - Distances (Points): U17 W: **10km** | U17 M, Jr W: **15km** | Jr M: **20km**
 - If there are more than 24 riders registered in a category for one of these races, there will be a qualification round. It will be the same race, but shorter distance, as seen below:
 - Distances (Scratch - Qualification): U17 W: **3.75km** | U17 M, Jr W: **5km** | Jr M: **7.5km**
 - Distances (Points - Qualification): U17 W: **7.5km** | U17 M, Jr W: **10km** | Jr M: **15km**
 - Distances are subject to final approval by the Chief Commissaire and Technical Delegate. Distances will be confirmed at the Managers Meeting.

- Madison
 - There will be a Madison race for the Junior categories only. Please refer to the upgrade section for information about 2nd year U17 riders wishing to compete in the Madison.
 - The distances for the Madison will be confirmed by the commissaires and Technical Delegate during the Championships based on the number of teams entered.
 - Team compositions must be submitted by the end of the 1st session on the day of the event.

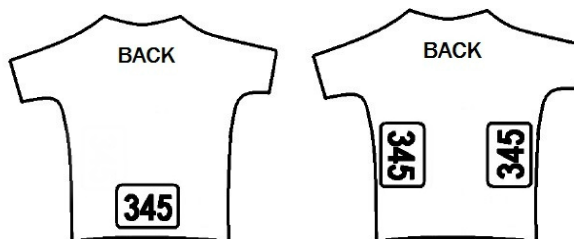
- Team Sprint & Team Pursuit
 - Qualifying heats will run as 1-up, while finals will run as 2-ups.
 - Team compositions must be submitted to the race secretary before the end of the 1st session the day prior to the team events. Forms will be made available at Riders Confirmation, the Managers meeting and at the information desk on the infield.

7. NUMBERS PLACEMENT & CLOTHING

As per UCI rules, riders must wear two (2) numbers in all events, except for the events listed below:

- Kilo/500 TT
- Individual Pursuit
- Team Pursuit
- Team Sprint

Numbers must be worn on the lower back in the following manner:



Riders are required to wear clothing that corresponds with the team/club indicated on their license. Failure to wear appropriate clothing may result in fines. Independent riders must wear neutral clothing, without sponsors.

8. UCI POINTS

The 2020 Canadian Track Championships is a UCI National Championships event and thus awards UCI points according to the UCI regulations. Upgraded U17 riders that are competing in JR team events will not receive UCI points; the JR riders will only receive their individual share of the points. Please refer to the [UCI regulations](#) for the table of points (p. 54-61).

9. MEDALS, JERSEYS & CEREMONIES

- Championship Medals and Canadian Champion jerseys will be awarded in all Canadian Championships title categories regardless of number of riders present.
- All athletes who have placed on the podium must attend the award ceremonies. Failure to do so may result in a fine and loss of prize money when applicable. Riders who cannot attend the ceremony must advise the Chief Commissaire or the Technical Delegate with a valid reason. Note that travel is not considered a valid reason.
- Riders must wear their cycling kit to the award ceremony. Failure to do so may result in a fine and loss of award.

10. ANTI-DOPING

- CCES may conduct doping control. Athletes who are selected for testing will be met by a chaperone when they exit the track. Location of the doping control station will be identified.
- Athletes participating in the 2020 Canadian Track Championships who require the use of a medication that is included on the Prohibited List must apply for a Therapeutic Use Exemption (TUE) prior to participating in the event. This applies to all categories of athletes.

11. SCHEDULE

(Preliminary – subject to change)

	TIME	EVENTS
FRIDAY APRIL 3 RD 2020	8:30am – 11:00am 10:00am	Riders Confirmation/Numbers Pick-up – <i>infield</i> Managers Meeting – <i>infield</i>
	8:30am-10:30am 10:30am-12:30pm	Open Training – U17 Open Training – JR & Para
	Session 1 Racing starts at 1:00pm	Open Training for Session 1: 12:30pm-12:55pm <ul style="list-style-type: none"> • IP– 1st round – U17 W & M, JR W & M • Keirin – 1st round – U17 M & W, JR M & W • Keirin – Repechages Break <ul style="list-style-type: none"> • IP – Final – U17 W & M, JR W & M Ceremonies <ul style="list-style-type: none"> • Keirin – Final – JR W & M, U17 W & M Ceremonies <ul style="list-style-type: none"> • Scratch – Qualifications* – U17 W & M, JR W & M • Scratch – Final – U17 W & M, JR W & M Ceremonies <i>*if necessary</i>
SATURDAY APRIL 4 TH 2020	Session 1 Racing starts at 8:30am	Open Training for Session 1: 8:00am-8:25am <ul style="list-style-type: none"> • Sprint – Qualification – U17 W & M, JR W & M • Points – Qualification* – U17 W & M, JR W & M • Sprint – 1/8 finals* – U17 W & M, JR W & M • Points – Final – U17 W & M, JR W & M Ceremonies <ul style="list-style-type: none"> • Sprint – 1/4 finals – U17 W & M, JR W & M • IP– Final – Para Ceremonies <i>*if necessary</i>
	Session 2 Racing starts 5:00pm	Open Training for Session 2: 4:00pm-4:55pm <ul style="list-style-type: none"> • Sprint – 1/2 finals – U17 W & M, JR W & M • Elimination – Qualification* – U17 W & M, JR W & M • Elimination – Final – U17 W & M, JR W & M Ceremonies <ul style="list-style-type: none"> • Sprint – Final – U17 W & M, JR W & M Ceremonies <i>*if necessary</i>
SUNDAY APRIL 5 TH 2020	Session 1 Racing starts 9:30am	Open Training for Session 1: 9:00am-9:25am <ul style="list-style-type: none"> • Team Pursuit – Qualification – U17 W & M, JR W & M • Team Sprint – Qualification – U17 W & M, JR W & M • Team Pursuit – Final – U17 W & M, JR W & M • Team Sprint – Final – U17 W & M, JR W & M Ceremonies
	Session 2 Racing starts at 2:00pm	Open Training for Session 2: 1:30pm-1:55pm <ul style="list-style-type: none"> • Kilo/500m – Final – Para • Kilo/500m – Final – U17 W & M, JR W & M Ceremonies <ul style="list-style-type: none"> • Madison – Final – JR W & M Ceremonies

An Information Session covering topics such as the upcoming **UCI Junior Track Cycling World Championships** and overall **Junior Development** may be scheduled and facilitated by Cycling Canada's NextGen Coach Jenny Trew. This session would be designed for junior riders and coaches, more information will be available shortly.

12. REGISTRATION

REGISTRATION	CATEGORIES	DEADLINE
Click here for online registration - CCN	All	March 30 th , 2020 11:59pm (ET)

- Registration will close at 11:59pm ET on Monday March 30th, 2020. No exceptions.
- There will be no day-of registration.
- Registration fees are **non-refundable once registration is closed**. No exceptions.
- Once a rider is registered and on the official start list, they may be fined should they not appear on the start line or delay the start of the event without justification (ie: medical reason).
- Race numbers will need to be picked up accordingly to the Race Numbers pick up schedule.
- Team Events: riders need to register as individuals and submit team composition according to Specific Events Regulations.

Registration Fees:

CATEGORIES	1 EVENT	2 EVENTS	3 EVENTS OR +*
U17 / JUNIOR	50\$ CAD	80\$ CAD	110\$ CAD
PARA	50\$ CAD	80\$ CAD	-

REGISTRATION FEES WILL INCREASE \$20 FOR ALL CATEGORIES STARTING ON MONDAY MARCH 23RD, 2020 AT 12:00PM ET.

RACE NUMBERS PICK-UP, LICENSE CHECK & RIDERS CONFIRMATION		
LOCATION	CATEGORIES	WHEN
On-site (infield)	All	Friday, April 3 rd 2020 8:30am-11:00am

Riders must pick-up their numbers and confirm their events during this period. Another person can pick-up the numbers (coach or other rider), but they will need to present the rider's UCI license.

IMPORTANT!

If you are unable to do so (late travel, for example), **you absolutely need to contact the Technical Delegate**, Jolène Dupuis (jolene.dupuis@cyclingcanada.ca). A rider that has not picked up their numbers or informed the Technical Delegate of their impossibility to do so will not appear on the start list. It is very important that accurate start lists are prepared, given the high number of riders in certain categories which may impact the schedule and progression of events (i.e. qualification rounds for bunch races, progression of the Keirin and Sprint tournament, etc.).

13. ACCREDITATION

Accreditation will not be required for these Championships. However, only athletes and team staff are allowed on the infield. If you are not an athlete, team staff or event staff and you should not be on the infield, you will be asked to leave.

Media/photographers: please consult the Media section.

14. ATHLETES SERVICES

- o Team pits will be allocated based on the number of athletes per team. Smaller delegations or independent athletes will share a common space. Pits will be clearly identified.
- o Info Desk: an information desk will be set near the commissaires platform. If you have any questions or concerns, please talk to the volunteers at the info desk.
- o Schedule, results and start lists will be available online. We will share the link prior to the start of the Championships. There will be paper copies of start lists and results posted on the infield. In an effort to reduce waste, **no paper copies of start lists and results will be distributed to teams/riders.**
- o Wi-Fi: there is free public wi-fi in the velodrome.
- o Equipment on the infield: equipment can be left on the infield overnight. However, please note that there will not be a security agent present during the night.

15. MEDICAL

First aid will be on-site for all sessions provided by Odyssey Medical. They will be located in the dedicated medical team pit on the infield. The medical team will treat athletes, staff, officials and volunteers.

The closest hospital is located **3.9km** from the velodrome:

Milton District Hospital
Halton Healthcare
7030 Derry Road, Milton, ON

16. PARKING & SPECTATORS

Admission to the 2020 Canadian Track Championships (U17/JR/Para) is free. Invite your friends and family to come to the Mattamy National Cycling Centre to cheer you on!

No parking passes are required, but please be careful as to not park in a restricted area.

NOTE FROM TOWN OF MILTON: **Team trailers** cannot be parked perpendicular to the parking stalls. Bylaw will issue tickets to those that do not comply. We suggest doing a drop-off of your equipment and team at the Community Entrance, and then parking with your trailer in the Spectator lot in front of the velodrome.

17. MEDIA

For media requests, please contact Karine Bédard (karine.bedard@cyclingcanada.ca)

NOTE: Photographers require permission to be on the infield.

18. MATTAMY NATIONAL CYCLING CENTRE

2015 Pan Am Boulevard

Milton, ON L9T 2X6

(905) 875-5398

<http://www.mattamynationalcyclingcentre.ca/en/index.asp>

Driving directions from Toronto International Airport:

<https://goo.gl/maps/ivfpya8uVgr>

19. QUESTIONS?

Please contact the Event Organizer & Cycling Canada's Technical Delegate:

Jolène Dupuis at jolene.dupuis@cyclingcanada.ca