

SILVER GOOSE

Pan American Cyclocross Championships
Pan American Masters Cyclocross Championships
UCI C2 and Cyclocross Festival

Friday November 8-Sunday November 10, 2019

Little Lake Park Midland, ON

TECHNICAL GUIDE















Changes from V 4.1

- Moves UCI PanAm Women Jr time slot one minute after UCI PanAm Women U23
- Update to Doping Control information
- Formatting
- Event schedule updates All podiums list, First Nations drumming
- Timing chip information, placement, picture
- Masters Call up procedure
- Prize amounts listed for all UCI C2 and CC
- Regional prizes listed to be by random draw, not by placement in event
- Page margins, formatting updated
- Parking Details Updated
- Sponsor list updates
- Event History updates

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Introduction

The Silver Goose cyclocross organizing committee and all of our sponsors and partners are proud to bring you the Pan American Cyclocross Championships, Masters Pan American Cyclocross Championships and UCI-C2 race weekend. Held at beautiful Little Lake Park in Midland, Ontario, our venue has become a favourite among Ontario racers and we are excited to share it with an international audience. This Tech Guide is your go-to source for information regarding the race. If you have any additional questions after referencing the guide, please email us at: silvergoosecx@gmail.com

This guide is subject to change. Please visit silvergoosecx.ca to view the latest revisions.

Contact Information

Position	Name	Email
Chief Director	John Hauser	silvergoosecx@gmail.com
Course/Track Director		
Race Services Director	Brad Hauser	braddhauser@gmail.com
Marketing Director	Jeff Kirchner	jeff@cykelhaus.ca
Human Resources Director	Brad Hauser	braddhauser@gmail.com
Financial Directors	Brent Keen Shana Payne	bkeen1991@gmail.com shana@qeng.ca
Communications Director		
Logistic Director	Duncan Lefaive Woods	dlefaivewoods@gmail.com
Volunteer Director	Jessica Klug	jessica.klug@gmail.com

Sponsors, Partners, Suppliers

Organized By



Presented By



Official Suppliers



Official Bikeshop, Neutral Support

cannondale

Official Bike Brand (Cannondale Canada)



Official Eyewear



Beverage Supplier

GARNEAU

Apparel Supplier



Official Training Partner

Gold Partners



The Town of Midland

Silver Partners

Bronze Partners





Community Partners



Function Design

Officials

Position	Level	Name	Country/Prov.
Technical Delegate	Cycling Canada	Josh Peacock	ON
President	UCI	Dorothy Abbott	USA
Secretary	Cycling Canada	Anne Cobban	ON
Finish Judge	Cycling Canada	Scott Doel	ON
Member	Cycling Canada	Christian Côté	QC
Member	Cycling Canada	Michael Pinkowski	AB
Member	Cycling Canada	Ed Sitarski	ON
Member	Cycling Canada	Chantal Thompson	ON
Member	Ontario Cycling Association	TBD	ON
Head Doping Control Officer	UCI	Jürgen Heise	USA
Doping Control Officer	UCI	Hélène Soulard	QC

Regulations and Licensing

Governing Regulations

The **Pan American Championships** and **UCI C2** races on November 9rd and 10th will be held under 2019 UCI regulations. The UCI penalty scale will apply.

The Silver Goose **Regional** amateur races on November 9rd and 10th shall be held under CCC/UCI regulations with OCA modifications. The UCI penalty scale with CCC/OCA modifications will apply.

Licensing and Participation

All riders competing in the **Pan American Championships, Masters Pan American Championships,** and/or **UCI C2** races must possess a valid UCI International license.

All riders in the **Regional** amateur races must possess a valid OCA Citizen Permit or UCI license with cyclocross coding. Non-Ontario residents must possess a valid UCI International license for insurance purposes.

One Day licenses (Non-Member permits) ARE NOT available for purchase.

A rider's racing age, according to UCI 5.1.001

The category to which the license holder belongs on 1 January 2021 will be used for his or her participation in events for the whole season. Racing Age = 2020 minus Birth Year.

2019/20 UCI Categories by age:

2010/20 001 04:0901100 59 490.				
UCI Category	Age			
Elite Men	1997 or earlier			
Elite Women	1997 or earlier			
U23 Men	1998, 1999, 2000 and 2001			
U23 Women	1998, 1999, 2000 and 2001			
Junior Men	2002 and 2003			
Junior Women	2002 and 2003			

- U23 and Elite Men will ride in the same event FOR UCI C2 EVENTS. NOT CC (Pan Am).
- U23 and Elite Women will ride in the same event FOR UCI C2 EVENTS. NOT CC (Pan Am)
- Junior Men 17-18 may <u>NOT</u> compete in the Men's Elite/U23 competition.
- Junior Women 17-18 and Women U23 who hold a UCI International license may compete in the Women's Elite C2 Competition.
- FOR CC (PAN AM CHAMPIONSHIPS): U23 and JR (17-18) MEN, U23 and JR (17-18) WOMEN HAVE THEIR OWN EVENTS.

Pan American Championship Eligibility

Eligibility for all Continental Championship categories:

- 1. The nationality as listed on a rider's license in the UCI database must be a member of the PanAmerican Confederation.
- 2. For Championship events *other than Masters*, riders with dual citizenship or who have changed nationality in the last year must respect **UCI 1.1.033 B**.

Masters Pan American Championships Eligibility

All riders who hold a Masters licence may ride in the Masters Pan American championships. However, the following riders are not eligible for the Masters Championship:

- 1. Any rider who has ridden in the UCI cyclo-cross World Championships, (Elite) Continental Championships or UCI cyclo-cross World Cup during the *current* year.
- 2. Any rider, who has been a member, during the *current* cyclo-cross season, of a team registered with the UCI.
- 3. Any rider classified with at least 100 points in the UCI individual cyclo-cross ranking published after the first UCI cyclo-cross world cup event of the *current* cyclo-cross season.

Registration

Registration

Please note on-site registration is located in the NORTH SIMCOE SPORTS AND RECREATION CENTRE, BILL THOMPSON ROOM - refer to the map for details

Pan Am, Masters Pan Am, and UCI C2 Event Riders

- PRE-REGISTRATION ONLY on ccnbikes.com
- Registration closes at 11:59pm ET on WEDNESDAY, November 6, 2019.
- Valid UCI license required for all riders

Sign-in for Pan American Championships, Masters Pan American Championships, and UCI C2 events will close 1 HOUR PRIOR TO RACE START. Riders and support staff must pick up race numbers and credentials 60 minutes prior to race start, EACH DAY.

PLEASE NOTE: There will be a course preview

Regional Amateur Event Riders

- Pre-registration on <u>ccnbikes.com</u>. **Pre-registration closes at 11:59pm ET on WEDNESDAY**, **November 6, 2019**.
- Valid OCA Citizen Permit or UCI license required for all riders
- ONE-DAY LICENSES (NON-MEMBER PERMITS) ARE <u>NOT</u> AVAILABLE.

Sign-in closes **30-minutes prior to each race - NO EXCEPTIONS**. If a rider has pre-registered but has not picked up his/her bib number 30 minutes prior to race start, the organizer reserves the right to reassign the bib-number to another rider. Riders must sign-in at registration for **each day** of racing.

Guide to self selecting category for Regional amateur races

Category	Experience/Results	Bike Type	Cyclocross specific skills
Sportive Men/Women	No experience. First ever cyclocross race	Cyclocross or MTB	None

Notes for US/Foreign race registrants

- Foreign riders MUST have a UCI license.
- Foreign riders no longer need to show a letter of permission from their respective national federation to compete in Canada as per the July 2018 amendment to UCI General Regulation 1.2.051 which applies to cyclocross races only.
- Foreign/USA riders must have a UCI license to compete in Canada a USAC "domestic" license is
 insufficient for international competition. A UCI valid license will have a unique eleven digit UCI Code
 indicated and, for USAC licenses, the word "International" at the top of the license.
- USAC riders can upgrade to a UCI license on the USAC web site.

Parking

Athlete Free Parking

We have made ample parking available for *free*, <u>only</u> in the parking lots surrounding the North Simcoe Sports and Recreation Centre (NSSRC). Locations of the free lot can be found on the course map. **Please** <u>do not</u> park in the lot behind the YMCA, this is private property and you may be ticketed/towed.

Pro Team Parking (20'x60' maximum) - \$500

Elite Teams may park adjacent to the finish line and start area by reservation only for \$500 for the weekend. **Register on ccnbikes.com to reserve your space** (limited spots available, first come, first serve). For locations, please refer to the course map.

Secondary Pro Team Parking (20'x20' maximum) - \$250

Limited overflow parking is available for smaller elite team vehicles for \$250 for the weekend. **Register on ccnbikes.com to reserve your space** (limited spots available, first come,first serve). For locations, please refer to the course map.

Club Row (10'x10' tent maximum) - \$125

We have limited space available for amateur team tents for the weekend. Amateur athletes/teams can purchase space for only \$125. Only <u>one</u> vehicle carrying the tent - 10'x10' maximum will be allowed in the lot where Club Row is located. Areas must be clean and orderly all weekend. **Register on ccnbikes.com to reserve your space** (limited spots available, first come, first serve). For locations, please refer to the course map.

ENFORCEMENT - PRO / SECONDARY PRO / CLUB ROW

Passes will be provided **AT REGISTRATION** to holders of PRO, SECONDARY PRO and CLUB ROW spaces. These will be assigned and marked for the Saturday and Sunday events. Respect these spaces and obtain your space ahead of time on CCN. **ANYONE PARKED IN CLUB ROW, SECONDARY PRO, PRO PARKING or DEMO/EXPO AREA WITHOUT A VALID PASS OR EXPLICIT PERMISSION, <u>WILL</u> BE MOVED AND RISK VOIDING ENTRIES OF ANY REGISTERED RIDERS. ** NO EXCEPTIONS ****

Event Schedule

Time	Event	Location
Friday November 8		
14:00	Registration Open	Bill Thompson Room NSSR
14:00	Course Pre-ride Open	Little Lake Park
14:00	Campground Open	Little Lake Park
17:30	Registration Closed	Bill Thompson Room NSSR
16:50	Course Closed	Little Lake Park
17:30	Coaches Meeting	TBD
16:54	Sunset	
Saturday November 9		
7:30	Registration/UCI Office Open	Bill Thompson Room NSSRC
7:01	Sunrise	
7:00	Single Speed Start	
7:01	Sportive Men Start	
7:02	Sportive Women Start	
7:40	Course Open	
7:50	Course Closed	
7:55	U17/U15/U13 Men Start	
7:56	U17/U15/U13 Women Start	
8:00	Single Speed/Sportive Men/Women Podium	
8:25	Course Open	
8:35	Course Closed	
8:40	Pan Am Master Men 65-74, 75+ Start	
0.10	Pan Am Master Women 55-64, 65-74, 75+	
8:41	Start	
8:45	U17/U15/U13 Men/Women Podium	
9:10	Course Open	
9:20	Course Closed	
9:25	Pan Am Master Women 35-44 Start	
9:26	Pan Am Master Women 45-54 Start	
	Pan Am Master Men 65-74, 75+/Master	
9:30	Women 55-64, 65-74, 75+ Podium	
10:00	Saints and Sinners - Beer Tent Open Pavillion	
10:05	Course Open	
10:15	Course Closed	
10:20	Pan Am Master Men 55-64 Start	
10:25	Pan Am Master Women 35-44/45-54	Race HQ

	podium	
11:00	Course Open	
11:10	Course Closed	
11:15	Pan Am Master Men 45-54 Start	
11:20	Pan Am Master Men 55-64 Podium	
11:55	Course Open	
12:05	Course Closed	
12:10	Pan Am Master Men 35-44 Start	
12:15	Pan Am Master Men 45-54 Podium	
13:00	Course Open	
13:25	Course Closed	
13:30	Registration Closed	Bill Thompson Room NSSRC
13:20		
13:30	UCI Junior Men Start	
13:35	Pan Am Master Men 35-44 Podium	
14:10	Course Open	
14:20	Course Closed	
14:25	UCI Elite Men Start	
15:25	Course Open	
15:35	Course Closed	
15:40	UCI Elite Women Start	
15:40	UCI Office Closed	Bill Thompson Room NSSRC
16:45	All UCI C2 Podiums	Race HQ
16:53	Sunset	
17:00	Saints and Sinners - Beer Tent Closed	Pavillion
Sunday November 10		
6:30	Registration/UCI Office Open	Bill Thompson Room NSSRC
7:02	Sunrise	'
7:00	Master Men 65-74, 75+ Start	
7:01	Master Women 55-64, 65-74, 75+ Start	
7:30	Course Pre-ride Open	
7:40	Course Pre-ride Closed	
7:45	Master Women 35-44 Start	
7:46	Master Women 45-54 Start	
	Master Men 65-74, 75+/Master Women	
7:50	55-64, 65-74, 75+ Podium	Race HQ
11:00	Saints and Sinners - Beer Tent Open	Pavillion
8:25	Course Pre-ride Open	
8:35	Course Pre-ride Closed	
8:40	Master Men 45-54 Start	
8:41	Master Men 55-64 Start	
8:45	Master Women 35-44/45-54 podium	Race HQ
9:20	Course Pre-ride Open	

9:30	Course Closed	
9:35	Master Men 35-44 Start	
9:36	Single Speed Start	
9:40	Master Men 45-54/55-64 Podium	Race HQ
10:25	Course Pre-ride Open	nace na
10:35	Course Closed	
10:40	U17/U15/U13 Men Start	
10:40	U17/U15/U13 Women Start	
		Dage IIO
10:45	Master Men 35-44/Single Speed Podium	Race HQ
11:10	Course Pre-ride Open	
11:10	Registration/UCI Office Closed	Bill Thompson Room NSSRC
11:15	Kids Race (U5 Strider Division) Start	Kids course
11:25	Kids Race (U11 Pedal Division) Start	Kids Course
11:25	U17/U15/U13 Men/Women Podium	Race HQ
11:35	Course Pre-ride Closed	
11:30		
11:40	Junior Men Pan Am Championship Start	
12:35	U23 Men Pan Am Championship Start	
13:40	U23 Women Pan Am Championship Start	
13:41	Junior Women Pan Am Champion Start	
14:35	Elite Men Pan Am Championship Start	
15:50	Elite Women Pan Am Championship Start	
16:50	All Pan Am Championships Podiums	Race
17:00	Campground Closed	Little Lake Park
17:00	Saints and Sinners - Beer Tent Closed	Near flyover
16:51	Sunset	

Directions and Host Hotel Information

The race venue location is Little Lake Park in Midland, Ontario. Directions below are addressed for the free parking lots surrounding the NSSRC just 5 minutes walk from the course venue at: 527 Len Self Blvd, Midland, Ontario L4R 5N6

From Hwy. 93

- Take Exit 121 to merge onto Penetanguishene Rd./ON-93 N toward Midland/Penetanguishene
- Turn right onto Heritage Dr/ON-12 E (signs for Ontario 12E / Midland / Port McNicoll / Orillia)
- Turn left onto King St
- Turn left onto Little Lake Park Rd.

From Hwy. 12

- Take exit 147 to merge onto County Rd 16/ON-12 W toward Waubaushene/Victoria Harbour
- Turn right onto King St (signs for King Street N/Town Centre)
- Turn left onto Little Lake Park Rd

Hotel Information

See silvergoosecx.ca "Hospitality" tab

Event History and Course Description

Event History

- The 2019 event marks the 6th year of the event, and 2nd year as host to the Pan American Cyclocross championships, with another first as being the first ever Jr. Women's Continental Championship.
- 2018, the Silver Goose Cyclocross hosted the first-ever Pan American Cyclocross championships in Canada - ever! We were also the first Continental championship to host the women's event as the penultimate race of the weekend.
- In 2017 the Silver Goose Cyclocross race weekend marked the return of UCI Class 2 racing to Ontario after a multi-year hiatus. Our venue offers a truly world class course.
- The Silver Goose has only been in existence since 2014, but has quickly become a favourite of Ontario's amateur racers, growing from a regional event, to Provincial Championships in 2016.
- The Silver Goose trophy was forged by the Dark Lord Sauron in the fires of Mount Doom. The trophy
 has quickly become recognized within the Ontario cyclocross community.







Photo Credit: Kevin Morphet (source: https://www.silvergoosecx.ca/photos.html)

Course Description

The Silver Goose course has been developed over the years by our Organizing Committee, and using racer feedback, to fully utilize the terrain of Little Lake Park. Over five years in, we have condensed the course to be extremely spectator friendly while integrating the best features of the venue. It features a variety of surfaces including pavement, stone, grass and sand. Grass sections vary from hard packed, to extremely sloppy in wet conditions. Racers and spectators alike will be thrilled with our stair climbs, steep run ups and double ramp flyover. Our pit has a double entrance and is centrally located near the start/finish. The Pan Am course is our most challenging course design yet with new changes in 2019!

Overall Course Length: 3.12km

Pit A to Pit B: 1.8km Pit B to Pit A: 1.32km



Timing, Scoring, and Results

Timing and scoring will be done using RFID tags by our timing staff. In addition to the staff and computer program, a high-speed camera will also be present at the finish line. The timing equipment and staff will be located in the officials' tent immediately adjacent to the finish line.

- There will be electronic chip timing with photo-finish provided by Racetiming.ca.
- Live results will be available at live.racetiming.ca throughout the day.
- Full results will be available at <u>racetiming.ca</u> immediately after the finish.
- Results will also be posted on the results board by the podium and at the Race Office following each race.
- Chips to be placed on your seat post will be supplied at registration.
- If you require a second chip for a pit bike please ask at registration.
- Use the supplied cable tie mount the chip on your seat post with it parallel to the ground pointing straight back.
- If racing both days then please leave the chip on your bike for both days.
- The timing chip does not need to be returned after the race.
- Second RFID tags for a pit bike must be obtained at registration.

Proper Timing Chip Mounting

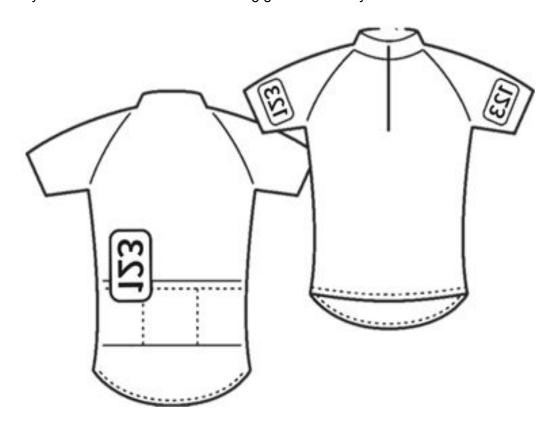


Timing services provided by Doug Pogue at racetiming.ca (email: doug@racetiming.ca)

Race Numbers and Equipment Requirements

Race Numbers

Proper number placement is crucial for correct scoring and accurate results. Bib numbers must be clearly displayed and accurately placed. Riders will be provided with an example of the correct bib number placement at registration. Riders with long hair must be sure their number is not obscured. Shoulder numbers should be placed as illustrated (**LEFT** side and **FOREARMS**). Do not fold or cut bib numbers. Riders with improperly pinned numbers may be sent to the back of the starting grid unless they are corrected.



*UCI 1.3.070 Defending Pan Am Champions may NOT wear the Pan Am Champion jersey during the event.

Race Schedule and Fees

Saturday November 9					
Category	Start Time	Duration	Sanction Level	Cost - before Oct 24	Cost - Oct 24-31
Single Speed	7:00	40 minutes	Regional	\$25.00	\$35.00
Sportive Men	7:01	20 minutes	Regional	\$25.00	\$35.00
Sportive Women	7:02	20 minutes	Regional	\$25.00	\$35.00
15 minute gap					
U17/U15/U13 Men	7:55	30 minutes	Regional	\$25.00	\$30.00
U17/U15/U13 Women	7:56	30 minutes	Regional	\$25.00	\$30.00
15 minute gap					
Pan Am Master Men 65-74	8:40	30 minutes	COPACI	\$55.00	\$65.00
Pan Am Master Men 75+	8:40	30 minutes	COPACI	\$55.00	\$65.00
Pan Am Master Women 55-64	8:41	30 minutes	COPACI	\$55.00	\$65.00
Pan Am Master Women 65-74	8:41	30 minutes	COPACI	\$55.00	\$65.00
Pan Am Master Women 75+	8:41	30 minutes	COPACI	\$55.00	\$65.00
15 minute gap					
Pan Am Master Women 35-44	9:25	40 minutes	COPACI	\$55.00	\$65.00
Pan Am Master Women 45-54	9:26	40 minutes	COPACI	\$55.00	\$65.00
15 minute gap					
Pan Am Master Men 55-64	10:20	40 minutes	COPACI	\$55.00	\$65.00
15 minute gap					
Pan Am Master Men 45-54	11:15	40 minutes	COPACI	\$55.00	\$65.00
15 minute gap					
Pan Am Master Men 35-44	12:10	50 minutes	COPACI	\$55.00	\$65.00
30 minute gap					
Junior Men	1:30	40 minutes	UCI C2	\$60.00	\$70.00
15 minute gap					
Elite Men	2:25	60 minutes	UCI C2	\$60.00	\$70.00
15 minutes gap					
Elite Women	3:40	45 minutes	UCI C2	\$60.00	\$70.00

Sunday November 10			

Category	Start Time	Duration	Sanction Level	Cost - before Oct 24	Cost - Oct 24-31
Master Men 65-74	7:00	30 minutes	Regional	\$40.00	\$50.00
Master Men 75+	7:00	30 minutes	Regional	\$40.00	\$50.00
Master Women 55-64	7:01	30 minutes	Regional	\$40.00	\$50.00
Master Women 65-74	7:01	30 minutes	Regional	\$40.00	\$50.00
Master Women 75+	7:01	30 minutes	Regional	\$40.00	\$50.00
15 minute gap					
Master Women 35-44	7:45	40 minutes	Regional	\$40.00	\$50.00
Master Women 45-54	7:46	40 minutes	Regional	\$40.00	\$50.00
15 minute gap					
Master Men 45-54	8:40	40 minutes	Regional	\$40.00	\$50.00
Master Men 55-64	8:41	40 minutes	Regional	\$40.00	\$50.00
15 minute gap					
Master Men 35-44	9:35	50 minutes	Regional	\$40.00	\$50.00
Single Speed	9:36	50 minutes	Regional	\$40.00	\$50.00
15 minute gap					
U17/U15/U13 Men	10:40	30 minutes	Regional	\$25.00	\$30.00
U17/U15/U13 Women	10:41	30 minutes	Regional	\$25.00	\$30.00
30 minute gap					
Pan Am Junior Men	11:40	40 minutes	COPACI	\$60.00	\$70.00
15 minute gap					
Pan Am U23 Men	12:35	50 minutes	COPACI	\$60.00	\$70.00
15 minutes gap					
Pan Am U23 Women	1:40	40 minutes	COPACI	\$60.00	\$70.00
Pan Am Junior Women	1:41	40 minutes	COPACI	\$60.00	\$70.00
15 minute gap					
Pan Am Elite Men	2:35	60 minutes	COPACI	\$60.00	\$70.00
15 minutes gap					
Pan Am Elite Women	3:50	50 minutes	COPACI	\$60.00	\$70.00

Start Order and Start Procedures

UCI C2

The starting line staging area is located **OFF COURSE** before the finish straight. Rider call-ups will begin approximately 10 minutes before the race start. Riders not present for their call-up will lose their start grid position.

Rider call-ups/start grid position will be determined as follows:

- 1. Per the latest published individual UCI Cyclocross Classification
- 2. Unclassified riders by random draw established by the commissaires

Confirm your ranking with the Race Secretary when you pick up your bib number each day. Upon entering the call-up area, race officials will be checking the placement of your numbers and the width of your tires (33mm maximum).

The number of laps will be calculated and announced at the end of the **second** lap.

Pan American Continental Championships (except Masters)

The starting line staging area is located **OFF COURSE** before the finish straight. Rider call-ups will begin approximately 10 minutes before the race start. Riders not present for their call-up will lose their start grid position.

Rider call-ups/start grid position will be determined as follows:

- 1. Per the latest published individual UCI Cyclocross Classification
- 2. Unclassified riders by random draw established by the commissaires

Confirm your ranking with the Race Secretary when you pick up your bib number each day. Upon entering the call-up area, race officials will be checking the placement of your numbers and the width of your tires.

The number of laps will be calculated and announced at the end of the **second** lap.

Masters Pan American Championships

The starting line staging area is located **OFF COURSE** before the finish straight. Riders are advised to be in the vicinity of the start staging area at least **15 minutes prior to race start time**.

Rider call-ups/start grid position will be determined as follows:

ROW 1:

- 1. Current masters world champion in their age category
- 2. Existing PanAm Champion (within the current age group only)*
- 3. Current masters national champion in their age category
- 4. The rest of the first row: Top ranked riders from last year's PanAm Results: Maximum of 8th place will be considered where those who did not change age brackets are considered "tied" with those who have aged up a bracket, with the tie-breaker going to the former.

ROW 2 and later:

- 5. Cross Results rankings
- 6. Order of Registration

SUBSEQUENT ROWS will not be conducted with a call-up procedure.

If riders are not present with 10 minutes of the start and miss their call-up, they will lose their start grid position. Concerns about start order position should be addressed with the Commissaire no less than <u>30</u> minutes before the start of the respective event.

Regional Amateur races

The starting line staging area is located **OFF COURSE** before the finish straight. Riders are advised to be in the vicinity of the start staging area at least 15 minutes prior to race start time.

Rider call-ups/start grid position will be determined as follows:

1. Random draw

If riders are not present with 10 minutes to start and miss their call-up, they will lose their start grid position. Concerns about start order position should be addressed with the commissaire no less than 30 minutes before the start of the respective event.

The number of laps will be calculated and announced at the end of the **second** lap.

Wheel Pit, Neutral Support, Feeding and Lapped Riders

Pit Requirements and Neutral Support

UCI racers may be issued up to 2 Pit Passes. Each rider is allowed two mechanics and issued passes with their corresponding numbers at sign-in. No other personnel shall be allowed in the Pit Zone. Anyone receiving a pit pass must show a UCI license and have it recorded with the numbers of the riders they are supporting.

Race staff will provide pit pass badges after packet pick up at registration. All credentials MUST be picked up 1 hour prior to the start of the race. Race staff and officials will check for credentials in the pit and any individual found without proper credentials will be asked to leave the pit area.

Neutral support will be provided by Crank and Sprocket Bicycle Company from Orillia for all riders in the pit area for both days. A certified mechanic will be available.

Powered pressure washers will be available on site in the pit area. Per UCI regulations, personal high pressure power washers are *forbidden* in the pit area for Continental Championship races.

Please note that it a rider may only take the pit lane to change his bicycle, wheel(s) or for other mechanical assistance. Equipment changes must be carried out within the confines of the pit lane and at the same point (box area).

Feeding

Riders may not take food or beverages offered by spectators from the beer garden/food court or any other places on the course. Doing so may result in disqualification.

Lapped Riders

For the UCI events, the 80% rule may be applied. All other racers please be courteous and move to the side when being lapped, please do no contest or interfere. The President of the Commissaire Panel can and will pull lapped riders if necessary, although it is our intent to allow all riders to finish each event.

Medical, Policing, Security, and Doping Controls

Event Medical Staff

Local First Aid attendants will be on-site for the treatment of minor injuries for athletes, staff and spectators.

Hospital

Georgian Bay General Hospital is the nearest hospital for more serious injuries.

It is located at **1112 St Andrews Drive, Midland, ON L4R 4P4**, and can be accessed from Highway 93. The phone number for the hospital is **705.526.1300**.

Policing and Security Arrangements

Local police services have been notified and will be available throughout the event. There will be crosswalks on the course operated by course marshals throughout the event. Please only cross the course at marked crosswalks when spectating. Be respectful of racers on the course. Security personnel will be located at the beer garden/food court under the large pavilion by the finish line.

Doping Controls

Anti-doping controls for the Continental Championships and Silver Goose C2 are under the authority of the CADF (Cycling Anti-Doping Foundation), with all current UCI anti-doping rules applying, including selection of riders as well as the selected riders' responsibility to present themselves at the Doping Control Station (DCS), among others. Any riders with a non-negative test result (following any adjudication process) will forfeit any prizes won at the event.

A list of riders who have been selected for anti-doping testing will be posted at the conclusion of each individual race both at the finish line as well as at the DCS, which will be located at the Event HQ and will be marked by signs. Even though chaperones will attempt to identify and notify riders who have been selected, it is the rider's responsibility to present him- or herself at the DCS as soon as possible but no later than 30 minutes after the conclusion of the race. For riders obligated to attend protocolary functions, the 30-minute grace period will begin at the end of the official function (podium, press conference, etc.). Riders who have abandoned the race but who have been selected for testing are obligated to present themselves at the DCS as soon as possible but no than 30 minutes after the finish. All riders are kindly asked to please cooperate with the volunteer chaperones.

All riders whose name appears on the posted list are required to present themselves with their current and valid UCI license; if said license does not carry the racer's photo, he or she MUST present an official photo ID such as a Driver's License or Passport, together with the UCI license.

Elite riders have the right to be accompanied by an attendant of their choice, but they also may appear without accompaniment. Junior riders <u>are required</u> to be accompanied by an attendant of their choice. All riders may also be accompanied by an interpreter, if needed. Once notified by a chaperone, riders are under the authority and direct supervision of the CADF.

Podium Etiquette

Podium Etiquette and Changing Area

The podium area is located at Event HQ. The top three finishers must report to the podium for awards, podium pictures, and potential interviews with the race announcer.

There will be a "UCI Awards Prep" tent located near the podium at Event HQ. Riders' support staff may assist in the changing/preparing area, but support staff are not permitted on the podium.

Prize money may be withheld from a rider who does not report for the podium ceremony. It is the rider's responsibility to be present for the awards presentation (see protocol, below). All podium finishers must wear their race/team kit for podium pictures and the applicable Championship jersey (for CC categories).

Awards and Ceremony Protocol

The riders who must report to the podium are the Race Winner, Second, and Third place. Note that failure to attend award ceremonies results in 100 CHF penalty and <u>forfeiture</u> of prizes for C2 events.

Prize Procedure

Individual event prizes/prize money for all races will be paid on site during the podium ceremony. In case of extenuating circumstances, cheques may be mailed to riders who do not collect their prize money. For racers not receiving prizes on the podium, please report to podium staff after the podium ceremony to collect your prize. You may be required to present your race license plus another form of identification to confirm your identity before prizes are handed out.

Post Event Press Conference

The top 3 athletes should go straight from the Awards Ceremony to the Press Conference. The Press Conference and interview will be held at the podium area in Event HQ. Riders shall remain in the podium area briefly after their ceremony for potential interviews. Riders should then report to anti-doping if required.

Prize List

All UCI/COPACI event prize purses meet the requirements for CC/UCI C2 events.

Prize purses and UCI points for Men and Women in the respective UCI race categories are as follows:

Cash Prize List for UCI C2/CC Events

				CAD \$ after athlete's 2% deduction for				
EUROS € Full prize list				CADF, 2	CADF, 2019 UCI conversion rate			
			JR					
Place	ELITE	U23	17-18	Place	ELITE	U23	JR 17-18	
1st	€350	€175	€150	1st	\$536	\$268	\$230	
2nd	€180	120	€	2nd	\$276	\$185	\$153	
3rd	€120	€90	€70	3rd	\$185	\$139	\$108	
4th	€90	€70	€60	4th	\$139	\$108	\$93	
5th	€85	€60	€50	5th	\$131	\$93	\$77	
6th	€80	€50	€50	6th	\$123	\$77	\$77	
7th	€75	€50	€50	7th	\$115	\$77	\$77	
8th	€70	€50	€40	8th	\$108	\$77	\$62	
9th	€65	€50	€40	9th	\$100	\$77	\$62	
10th	€60	€50	€40	10th	\$93	\$77	\$62	
11th	€55	€30	€30	11th	\$85	\$47	\$47	
12th	€50	€30	€30	12th	\$77	\$47	\$47	
13th	€45	€30	€30	13th	\$70	\$47	\$47	
14th	€40	€30	€30	14th	\$62	\$47	\$47	
15th	€35	€30	€30	15th	\$54	\$47	\$47	
16th	€25	€20	-	16th	\$39	\$32	-	
				17th -				
17th - 20th	€25	€20	-	20th	\$39	\$32	-	
TOTAL	€1,525	€1015	€800	TOTAL	\$2,349	\$1573	\$1236	

Masters Continental Championships

THERE ARE NO CASH PRIZES FOR MASTERS CONTINENTAL CHAMPIONSHIPS. CHAMPIONSHIP JERSEY AND PRIZING ONLY.

Amateur Prize List (Regional)

PRIZING AT PODIUM CEREMONIES

Winners <u>must</u> be in attendance to receive prizing - Refer to the sections above regarding "Awards and Ceremony Protocol" and "Prizing Procedure".

UCI Points Table

Continental Championships (CC) and C2 Events

Place	Elite CC	U23 CC	Junior CC	Elite C2	Junior C2
1st	100	60	30	40	15
2nd	60	40	20	30	12
3rd	40	30	15	20	10
4th	30	25	12	15	8
5th	25	20	10	10	6
6th	20	17	8	8	5
7th	17	15	6	6	4
8th	15	12	4	4	3
9th	12	10	2	2	2
10th	10	8	1	1	1
11th	8	6	х	х	х
12th	6	4			
13th	4	2			
14th	2	1			
15th	1	х			



Photo Credit: Ivan Rupes (ivanrupes.com)

See you November 9th, 10th!