



GRAN FONDO
WORLD SERIES

BLUE MT VILLAGE
CANADA

Grey County Time Trial

June 15, 2017

Thornbury, Ontario, Canada

Technical Guide

Version 2.0

A UCI Gran Fondo World Series Event

The Canadian Qualifier for the UCI Gran Fondo World Championships

[Overview](#)

[Participation Rights](#)

[Registration](#)

[Race Numbers](#)

[Schedule](#)

[Maps](#)

[Equipment Regulations](#)

[Awards](#)

[Race Regulations](#)

[Safety Regulations](#)

[Directions](#)

[Accommodations](#)

[Contact Information](#)

With Support from:



Time Trial Technical Guide v2.0



Ontario Cycling
Association



UCI Gran Fondo World Series (UGFWS)

**GRAN FONDO
WORLD SERIES****BLUE MT VILLAGE
CANADA**

Event Overview

The Grey County Road Race & Time Trial (June 15th & 17th, 2017) will be the sole Canadian qualifier events for the 2017 UCI Gran Fondo World Series.

In 2011 the UCI created the UCI GFWS (rebranded in 2016 from the UWCT – UCI World Cycling Tour) as a series of UCI-sanctioned races held all over the world. Feeding into the 2017 Gran Fondo World Championships that are being held inform Aug 24-27th in Albi, France, there are nineteen qualifier events up from fourteen in 2016. In the qualifier events the top 25% from each age group will qualify for the Amateur World Championships, where the champions will be awarded with the coveted rainbow jersey.

My Focus - Introduction

In Ontario Canada we have world class facilities, beautiful countryside, great roads and the infrastructure in place to create and host fantastic cycling courses and world class events. My main goal is to build challenging courses that put the rider's experience first right here in Ontario. This vision can only be achieved by working with the best people who have gone to great lengths to make this into a reality. Each year we strive to improve the event by incorporating feedback from participants and adopting best practices from the most successful amateur cycling events.

I would like to thank the following groups for their outstanding support of this event: The UCI GFWS, the Canadian and Ontario Cycling Associations, the Ontario Provincial Police, The County of Grey, the Town of The Blue Mountains, Blue Mountains Village Association, Clearview Township, The Town of Collingwood, Toronto Digital Imaging, Wheels of Bloor, VeloFlx, Sound Solutions, Bill Abbotts, Andrew Paradowski & Chantal Thompson, Jessica Prudifant, Jenn Martin and her team of committed Moto Support, the Commissaires, the McCain Family, the Merritt family, the Scott Family, My family and many others
I look forward to seeing you in June

Bruce Bird
XTB Consulting Inc.

Grey County Time Trial: Participation Rights

Riders can start with:

- Day license according to the regulations of the National Federation. Most federations however don't require a day license so riders can start without a license.
- An elite license with exception of:
 - Any rider who has during the current year been a member of a team registered with the UCI.
 - Any rider who has taken part in a world championship, the Olympic games, continental championships or games, regional games, the Commonwealth games, or a World Cup during the current year, other than events for masters.
 - Any rider who has UCI points in any discipline at the moment of the event.
- Master license
- Cycling for all license

Participants in the World Championships need to have a national Elite/Amateur/Master/Cycling for all license from a UCI affiliated federation.

According to UCI regulations, riders with UCI points are not allowed to take part in UGFWS qualifiers or the UCI Gran Fondo World Championships.

Age groups

The events offer results in 8 different age groups (rider's age on December 31st of that year), for both women and men:

• 19 - 34y	• 35 - 39y	• 40 - 44y	• 45 - 49y
• 50 - 54y	• 55 - 59y	• 60 - 64y	• +65y

A qualifier event can always organize a separate age category above 70, 75... and if more than 6 riders register, the tickets granted for the World Championships are also given to this age category. In the World Championships, an additional jersey and medals will only be given to the winners of these categories if more than 6 riders register. The 8 titles of the above mentioned age groups are always awarded, even if less than 6 riders register.

Granting of participation rights for the Amateur World Championships

Each UGFWS event will grant participation rights for the UCI Gran Fondo World Championships. By the end of each race, the first 25% athletes of each age group will be awarded with guaranteed entry to the Gran Fondo World Championships and be able to race for the World Champion title. The first three of each age category will always qualify directly for the World Championships, independent of the number of starters in that age group. Riders have to finish the race to be qualified. The 25% is calculated based on the number of starters, not on the number of finished riders. The winners of the slots will be announced on the UCI Gran Fondo World Series website and will be invited by e-mail.

- Qualifier events hosting only a road race will grant participation rights for both the Gran Fondo World Championships and Time Trial World Championships.
- Qualifier events hosting a separate time trial and road race will grant the participation rights for the Time Trial World Championships in the time trial qualifier and for the Gran Fondo World Championships in the road race qualifier.
- Qualifier events hosting a single Time Trial will only grant participation rights for the Time Trial World Championships.

In addition, riders who participate in 3 qualifier events during the season will also get their ticket to the UCI Gran Fondo World Championships. They don't have to finish in the 25% first in their age category. Please contact info@uciGranFondoworldseries.com to ask for your wildcard.

The World Champions of 2016 are automatically qualified for the 2017 World Championships. This rule is valid for both Time Trial and Road Race, and the World Champions can register for both events. Silver and bronze medal winners will have to qualify again. Registrations for the World Championships are only possible via a registration form on the website. The UGFWS Corporation will keep records of the 50% first athletes of each age group to make a recall, in order to allocate the slots for the Worlds that were not taken by the first 25%. This recall is made by mid July for all events up till mid June and soon after the events for all following events.

NEW: the recall of tickets won't be made for the Granfondo males' age groups 40-44, 45-49 and 50-54 for security reasons.

Grey County Road Race: **Registration**

Registration is available online exclusively at: CCN

Online registration closes at midnight on June 13th, 2017.

The Registration Office will open on Thursday June 15th at 3:00pm in Beaver Valley Community Centre for number pick-up

Beaver Valley Community Centre and Arena

58 Alfred St W,

Thornbury, ON N0H 2P0

Registration Fees *(There are only 250 available entry spots for this event)*

	to March 31	To June 12 th	Race Day (June 15 th)
UGFWS Age Groups	\$90*	\$95*	\$100*
Juniors	\$65*	\$70*	\$75*

* Race Day Registration ends at 5:00pm

* Registration fees do not include online processing charges

* Registration fees do not include HST

* Entries are non-refundable and non-transferable

License Requirements

You do not need a cycling license to participate in this event. If you do not have a cycling license you can purchase an event permit when you register. You will be required to sign a release waiver prior to participating

Maximum number of participants (250 for Time Trial)

For the Time trial, given the road use permit is from 5 to 8:30pm, the maximum number of participants is 250. Riders can avoid this by pre-registering online

Information

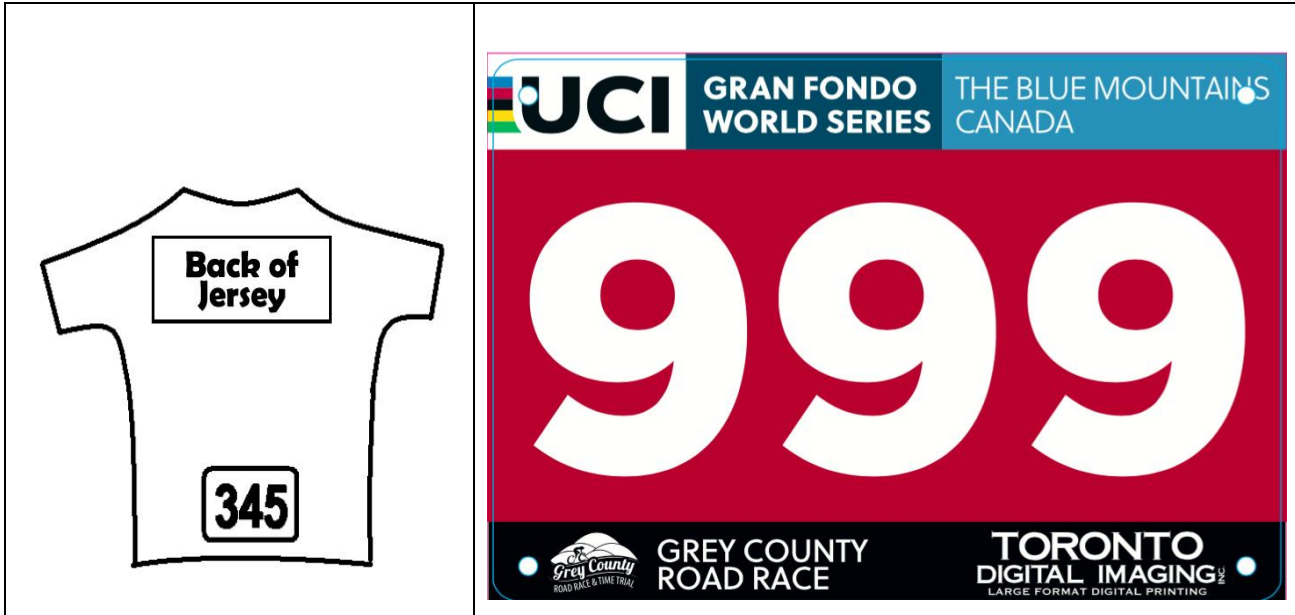
There will be event information available within the registration area

Grey County Time Trial: Race Numbers

Race Numbers

Race numbers will be provided by the organization. Numbers must not be folded or modified and must clearly display the advertiser's logo. It is the rider's responsibility to ensure that their race numbers are readable. Riders whose numbers are unreadable at the finish may not get a placing and may forfeit their prizes.

- The race numbers must be positioned as follow for the time trial:
On the back of the jersey (on the lower part of the back for better visibility)
- The organizer will also indicate at the registration area where the race number must be placed.



Grey County Time Trial: **Schedule**

Actual start time will be posted online at www.greycountyroadrace.com 24hrs prior to the event start once online registration closes.

The following chart demonstrates the predicted starting order

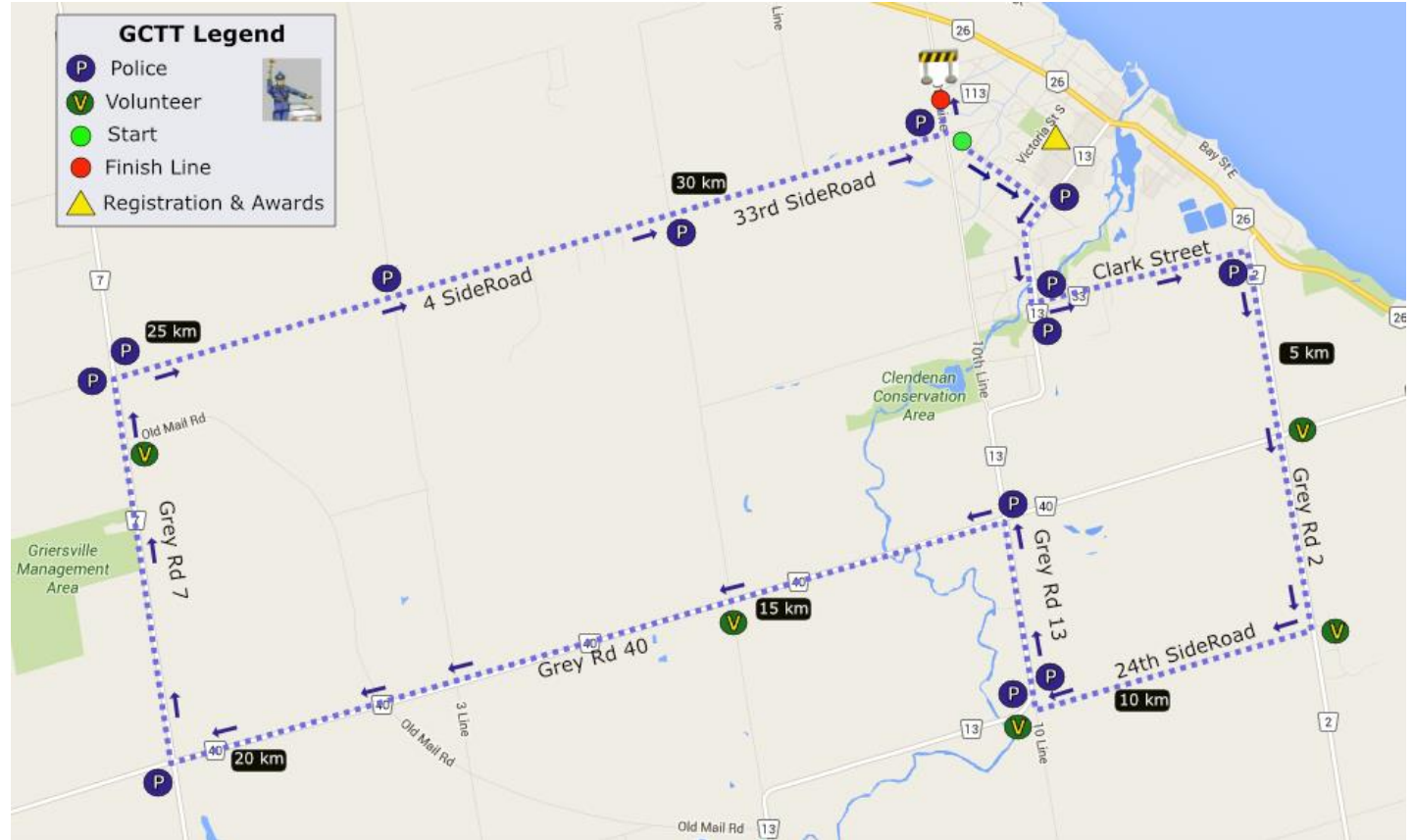
Category	Start Time	Total Distance	Pace (kph)	Elevation Gain	Estimated Finish time	UGFWS Qualifier
Women 65+	05:15 PM	33.3km	25.0	383m	06:34:55 PM	Top 25%
Women 60-64	05:17 PM	33.3km	25.0	383m	06:36:55 PM	Top 25%
Women 55-59	05:20 PM	33.3km	28.0	383m	06:31:21 PM	Top 25%
Women 50-54	05:23 PM	33.3km	28.0	383m	06:34:21 PM	Top 25%
Jr Women	05:26 PM	33.3km	32.0	383m	06:28:26 PM	n/a
Women 45-49	05:36 PM	33.3km	33.0	383m	06:36:32 PM	Top 25%
Women 40-44	05:41 PM	33.3km	34.0	383m	06:39:45 PM	Top 25%
Women 35-39	05:46 PM	33.3km	35.0	383m	06:43:05 PM	Top 25%
Women 19-34	05:51 PM	33.3km	35.0	383m	06:48:05 PM	Top 25%
Men 65+	06:10 PM	33.3km	28.0	383m	07:21:21 PM	Top 25%
Men 60-64	06:12 PM	33.3km	32.0	383m	07:14:26 PM	Top 25%
Men 55-59	06:14 PM	33.3km	35.0	383m	07:11:05 PM	Top 25%
Men 50-54	06:19 PM	33.3km	40.0	383m	07:08:56 PM	Top 25%
Jr Men	06:30 PM	33.3km	40.0	383m	07:19:56 PM	n/a
Men 45-49	06:41 PM	33.3km	42.0	383m	07:28:34 PM	Top 25%
Men 40-44	07:00 PM	33.3km	42.0	383m	07:47:34 PM	Top 25%
Men 35-39	07:15 PM	33.3km	43.0	383m	08:01:27 PM	Top 25%
Men 19-34	07:25 PM	33.3km	43.0	383m	08:11:27 PM	Top 25%

Start

For time trial: the start is one by one with an interval of 30 seconds or 1 minute depending on the number of participants and will be posted 24hrs prior to the event

Grey County Time Trial: Maps

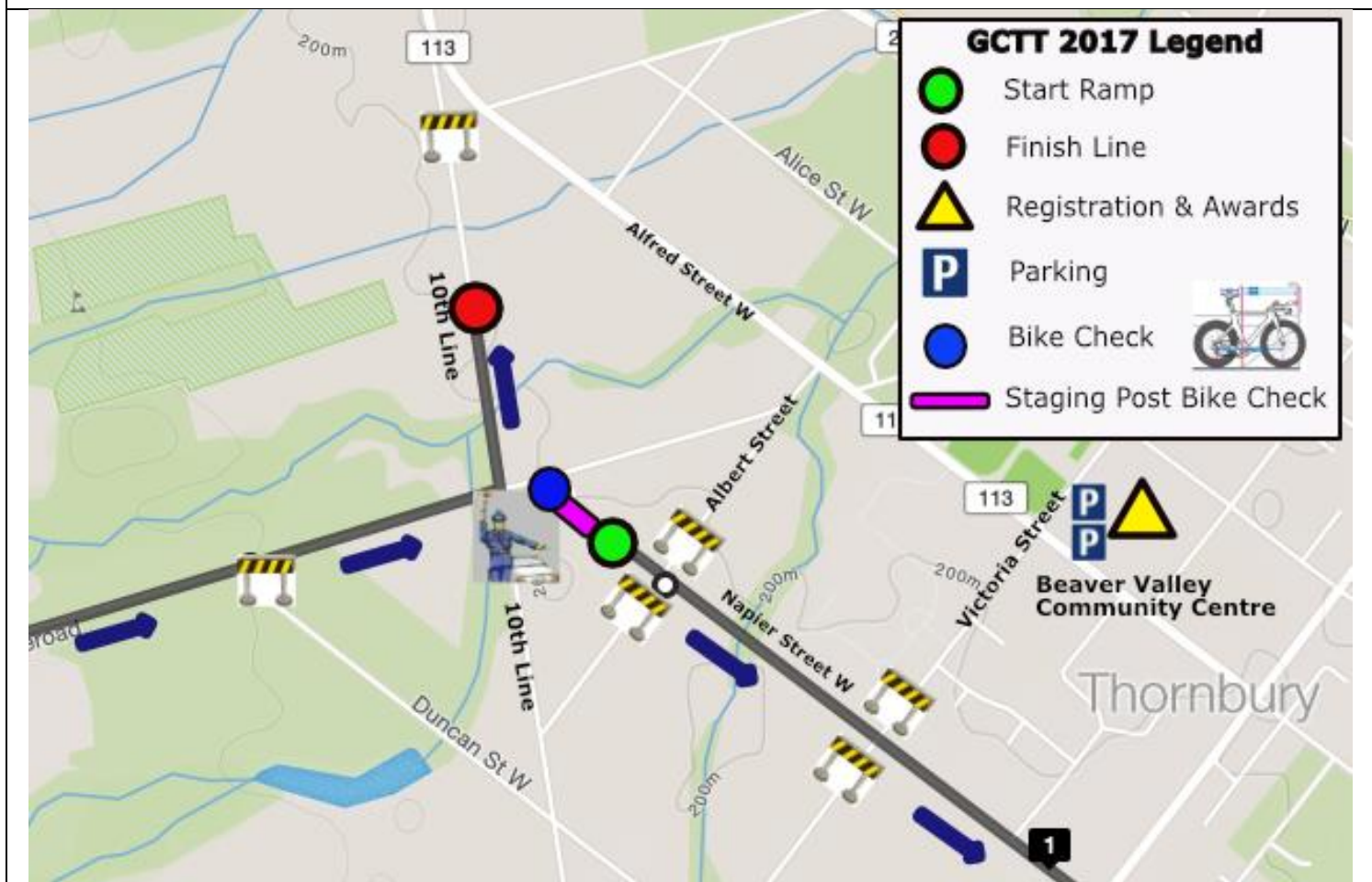
Grey County Time Trial – (33.3km)



Elevation for the Time Trial (383 meters gain)



Start / Finish Area



Parking

There will be parking available as denoted on the map above.
Parking will not be permitted on the course

Grey County Time Trial: Equipment Regulations

Rules

All bikes will be checked for compliance with the UCI's regulations. If your bike is not in compliance you can still race and will be given a time, but your result will not be counted in the UGFWS qualifying results or the OCUP rankings.

Note: A Commissaire will be available for a bike measurement pre-check and the good people from Velofix will be at the start line in Thornbury 2hrs before start time (3 p.m.). The mechanics can assist in making adjustments to help bring your bike into compliance and will be available until the last rider starts.

If you have never had your bicycle checked for compliance for UCI regulations, attend the 3 p.m. session.

All riders must present themselves for checks on their bicycles no later than 15 minutes before their start time.

For the Time Trial here is a brief summary of what is normally checked as we are aiming to adhere to the UCI standards

<http://www.uci.ch/inside-uci/rules-and-regulations/regulations/>

- The minimum weight of the bike shall be 6.8 kilograms (without bottles)
- The peak of the saddle shall be a minimum of 5 cm to the rear of a vertical plane passing through the bottom bracket spindle. For morphological reasons, the rider may request to place the peak of his saddle up to 0cm from the bottom bracket axle.
- For time trials, a fixed extension may be added to the steering system; in this instance, the height difference between the elbow support points and the highest and lowest points of the handlebar extension (including gear levers in the most vertical position) must be less than 10 cm.
- The distance between the vertical line passing through the bottom bracket axle and the extremity of the handlebar may not exceed 75 cm. For morphological reasons, the rider may request to place the extensions up to 80cm from the bottom bracket axle. In any case, the rider must choose between positioning the saddle to 0cm, or place the extensions up to 80cm, because only one morphological exception is granted.
- For a rider who is 190cm tall or taller, it is possible to place the extensions up to 85cm. In that case, it is necessary to present itself to the Commissaires' Panel sufficiently in advance before the start of the race, in order that the Commissaires proceed to a verification of the size of the rider.
- The plane passing through the highest points at the front and rear of the saddle shall be horizontal. The length of the saddle shall be 24 cm minimum and 30 cm maximum
- **New: For the saddle tilt it is allowed up to nine degrees of tilt with a one degree margin for error**
- Gear restrictions will be in effect for Junior categories.

Grey County Time Trial: **Awards**

Award ceremonies will be held in the same area as registration (Beaver Valley Community Centre) once race results are deemed official from the finish line Commissaire (typically 30-45 minutes following the race finish for each group).

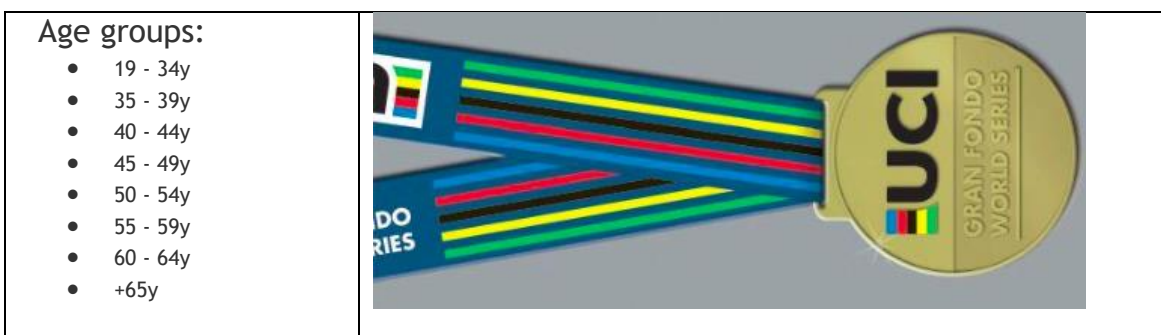
Results will be posted on racetiming.ca

UGFWS Ceremony for women and men

The top three first riders of every age category (women and men) will be called to the podium to receive medals and a jersey for the winner.

UGFWS Finisher Medal

Every rider to finish in the first 25% of his age group in the UGFWS qualifier events shall be given a medal.



UGFWS Age Group winners' jersey

All winners of their age group get an official UGFWS jersey on the podium during the award ceremony.



Junior Medals

The top three first Junior riders will be called to the podium to be awarded medals:

<u>Men</u>	<u>Women</u>
Junior	Junior

Grey County Time Trial: Race Rules

Jerseys

Riders are free to wear any jersey they want in the qualifier events.

Exceptions to this rule:

- Reigning World Champions are obliged to wear their official jersey in UGFWS qualifier events

Mechanical assistance

Mechanical assistance is provided at the start and finish area.

For the Time Trial, riders can't be followed by a car with a mechanic.

Timekeeping and ranking

The event is timed for all the participants, during the whole course. Timekeeping will provide an overall final ranking, a ranking for women and another for men.

OCUP rankings will also be provided for participants with OCA UCI licenses.

Event Specific Rules

- ❖ If you arrive late for your start time, you will be allowed to start your race, at the direction of the Commissaire only.
- ❖ If a rider catches up to another, he/she is strictly forbidden from drafting behind the lead rider. Riders must remain at least 25 meters laterally between each other during passing, which starts 25 meters before on the approach, and 25 meters afterwards. After 1 km, the rider caught up shall ride at least 25 meters away from the other. If necessary, the Commissaire shall force the riders to leave the 2-meter lateral gap and the distance of 25 meters respectively, Failure to do so may result in a time penalty.
- ❖ Riders may not warm up on the course after the event starts.
- ❖ The **Yellow Line Rule** will be strictly enforced (even when there is no yellow line marked on the road)
 - In order to keep the event safe, you must, stay on the right side of the road. Any rider caught crossing the center line may be disqualified and eliminated from the race. If you are removed from the race and ignore the instruction to do so, you may be subject to further penalties.
- ❖ In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. If the race is cancelled, there will be no refund issued.
- ❖ For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you are no longer racing. Any unreported DNF may result in a severe penalty.
- ❖ The races will be held under the rules of the UCI and UCI GFWS.
- ❖ The CCA & OCA rules are available on-line at: <http://www.ontariocycling.org/commissaires/commissaires-rules/>
- ❖ The penalty scale of the UCI rulebook will be applicable.
- ❖ All Non-OCA members must sign a Cycling Canada Waiver at registration or they will not be allowed to start.
- ❖ Races will start promptly at the indicated start times.
- ❖ There will not be a team managers meeting.
- ❖ There will not be any team vehicles permitted on the course.
- ❖ Awards will be presented according to the published schedule. Top-3 finishers are required to attend award presentations or risk forfeiting their awards. Riders must wear their competition uniforms for the presentation.
- ❖ Radio communication is not permitted between riders and anyone else
- ❖ There shall be no parking on race course
- ❖ Photographers must obey traffic laws; do not obstruct traffic
- ❖ The use of glass containers is strictly prohibited during the race.

Safety Regulations

Mandatory helmet: The UCI takes a very hard line on the wearing of a helmet. Wearing a helmet will be compulsory for all UGFWS events, throughout the whole race. Participants are barred from the start or their race number will be immediately withdrawn if they are caught by a member of the organization without their helmet.

Per CCA rule 1.3.031 N) At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this, such as a manufacturer's label, upon request by event officials.

Medical certificate: To confirm the physical capability of a cyclist to take part in a UGFWS bike race, the organizer requires one of the following guarantees:

- a) Either that the participant holds a license (which is issued on presentation of a medical certificate to the effect that there is no medical reason why the participant should be unable to practice cycling) issued by a national cycling federation affiliated to the UCI
- b) Or that the participant holds a medical certificate to the effect that there is no medical reason why the participant should be unable to practice cycling, which has been issued by a doctor
- c) Or that the participant attests to (and signs) the fact that he is in perfect health and fit for the physical effort required for such a cycling race, UGFWS declines all liability if health problems are experienced during the event. As the good health of cyclists is one of the overriding concerns of the UCI, we prefer options a) and b) above.

Accident and third party liability insurance: UGFWS organizing events assure that all cyclists who wish to take part in an event forming part of the UGFWS hold accident insurance and third party liability insurance.

Safety on the course

Safety plan: The event Emergency Action Plan has been prepared by Odyssey Medical

Identification of danger points: The organizer takes care to indicate all the danger points on the course

Following vehicles: For sporting fairness and to avoid possible problems, riders will be eliminated immediately if they are caught benefiting from vehicular assistance from a third party not belonging to the organization.

First aid

Emergency system:

Odyssey Medical will be providing medical support for the event and be positioned at the Start / Finish area

The organizer provides a first aid kit to provide minor assistance to cyclists at the start, finish and at all feed zones.

For the complete UCI regulations, please click: <http://www.uci.ch/>

Grey County Time Trial: Nearest Hospital Directions

Directions to Collingwood General and Marine Emergency Hospital from Beaver Valley Community Centre in Thornbury

← from Beaver Valley Community Centre, 58 Alfred Str...
to Collingwood General and Marine Hospital, 459 Hu...

27 min (23.8 km)

via ON-26 E
25 min without traffic

Beaver Valley Community Centre
58 Alfred Street West, Thornbury, ON N0H 2P0

- ↑ Head southeast on Alfred St W/Grey County Rd 113 toward Orchard Dr
350 m
- ↙ Turn left onto Bruce St S/Grey County Rd 13 (signs for County Road 13)
550 m
- ↘ Turn right onto Bridge St/ON-26 E
Continue to follow ON-26 E
19.8 km
- ↙ Use the left 2 lanes to turn left onto First St/ON-26 E
Continue to follow ON-26 E
1.5 km
- ↘ Turn right onto St Paul St
850 m
- ↙ Turn left onto Hume St
Destination will be on the left
700 m

Collingwood General and Marine Hospital
459 Hume Street, Collingwood, ON L9Y 1W8

ACCOMMODATIONS



Blue Mountain has over 1,000 different accommodation units to choose from. Whether you are looking for comfort and value in the newly renovated Blue Mountain Inn, or boutique-style suites in Mosaic, Blue Mountain provides a wide variety of lodging to suit your needs.

http://www.bluemountain.ca/lodging_quickfacts.htm

The Westin Trillium House at Blue Mountain – On-line Booking Now Available!

Guests can access the site to learn more about the event and to book, modify, or cancel a reservation from December 22, 2016 to June 16, 2017.

A special site with event discounts has been setup for booking rooms at The Westin Trillium, you can book a room by following the link here for Competitors:

[2017 Grey County Road Race](https://www.starwoodmeeting.com/events/start.action?id=1612229455&key=F9DEF24) (OR copy and paste the following link into a web browser)
<https://www.starwoodmeeting.com/events/start.action?id=1612229455&key=F9DEF24>

Meeting Professionals:

To obtain access to real time reporting 24/7, or to enter your own rooming lists & obtain immediate confirmation numbers, simply enter the password **(436B321)** in "Event Planner Login" link on your personalized website or at:

<https://www.starwoodmeeting.com/StarGroupsWeb/MPView.go?id=1612229455&mp=true&rep=0>.

Blue Mountain Resort – On-line Booking with Promo Code Now Available!

If you want to stay at the heart of the action there's not better place than at Blue Mountain Resort! The folks at the resort have been kind enough to provide a promo code, simply follow these steps:

1. Go to: <https://lodging.bluemountain.ca/booking/#availability>
2. Check Availability, Room Type and Package/Rate Features
3. Enter Promo Code: **GRP122556**
4. Complete the process

[You can also download a one page pdf that details the process.](#)



Images of Blue Mountain Village: Including a picture of the Events Plaza where the Road Race Sign-in, Start and Awards will all take place.

There are also many other options for accommodations in the surrounding areas, many of which are listed here on the [Georgian Triangle Tourism site](#).

Grey County Time Trial: **Technical Personnel**

Commissaire Panel (TBD):

Chief (Nat): Cobban, Anne, ON

Member (Nat): Day, Brad, ON

Member (PSO): Thompson, Chantal, ON

Member (PSO): Trischuk, William, ON

Member (PSO): Ziobrioski, Alana ON

Mark Buckaway, ONMember (PSO): Sitarski, Edward, ON

Event Management: Andrew Paradowski

Course Set Up: Bill Abbotts

Announcer: Steve Fleck

Timing: racetiming.ca

Medical: Odyssey Medical

Grey County Time Trial: **Contacts**

All Things Event: Bruce Bird 416-702-5801 brucebird68@yahoo.com

Race Director: Andrew Paradowski

Volunteer Coordination: Jessica Prudifant 705-220-2658 jess.rdmktg@gmail.com

Race Website: <http://www.greycountyroadrace.com>

Ontario Cycling Association - Membership Manager: Chris Baskys 416-855-1717 support@ontariocycling.org