



MILTON  
INTERNATIONAL  
CHALLENGE

CHALLENGE  
INTERNATIONAL  
DE MILTON

Presented by/présenté par



# Technical guide

# 1. GENERAL INFORMATION

Organizer	Cycling Canada
Events	<p>Elite Women/Men (C1):</p> <ul style="list-style-type: none"> <li>-Individual Pursuit</li> <li>-Points Race</li> <li>-Scratch Race</li> <li>-Elimination Race</li> <li>-Sprint</li> <li>-Keirin</li> <li>-Kilo/500m</li> </ul> <p>Junior Women/Junior Men (National Sanction):</p> <ul style="list-style-type: none"> <li>-Omnium* (*Possible to register for IP &amp; Kilo/500m only)</li> <li>-Sprint</li> <li>-Keirin</li> </ul>
Venue	<p>Mattamy National Cycling Centre</p> <p>2015 Pan Am Boulevard</p> <p>Milton, ON L9T 2X6</p> <p>(Tremaine Rd/Louis St. Laurent blvd)</p>
Track specs	<p>Indoor 250m track, made of Siberian Spruce</p> <p>Built in 2014</p>
Dates	<p>Training: September 27-28</p> <p>Competition: September 29 – October 1</p>
Entry fees	<p>Elite:</p> <ul style="list-style-type: none"> <li>- 1 event: 55\$ CAD</li> <li>- 2 events: 90\$ CAD</li> <li>- 3 events &amp; more: 120\$ CAD</li> </ul> <p>Junior:</p> <ul style="list-style-type: none"> <li>- 1 event: 50\$ CAD</li> <li>- 2 events: 80\$ CAD</li> <li>- 3 &amp; more (incl. Omnium): 100\$ CAD</li> </ul>
Registration	<a href="https://ccnbikes.com/#!/events/2016-milton-international-challenge">https://ccnbikes.com/#!/events/2016-milton-international-challenge</a>
Contact	Jessika.Grandbois@cyclingcanada.ca

- The Milton International Challenge p/b Lexus is a C1-class event organized by Cycling Canada at the Mattamy National Cycling Centre, legacy venue of the 2015 Pan Am Games. It is the sole venue of its kind in Canada and only the 2<sup>nd</sup> one in USA and Canada to meet top international standards.
- The Milton International Challenge will be held in accordance with UCI regulations. All riders are responsible to know the rules.
- UCI Equipment regulation will be enforced for all categories.
- Approved helmets will be mandatory for training and racing.
- UCI points will be allocated for the categories and events as outlined in the table on page 5.
- There will be no extension of the Milton International Challenge past Saturday October 1<sup>st</sup>, due to unforeseen delays or prolonged stoppages. The racing format may also be modified at the discretion of the chief Commissaire and the technical delegate.
- There will be a secure storage area for equipment

- Teams will be assigned boxes based on the number of athletes. Smaller delegations will have to share boxes.

## 2. OFFICIALS

Position	Assigned by	Name
Technical Delegate	Cycling Canada	Jessika Grand Bois
Chief commissaire	UCI	Randall Shafer
Judge	Cycling Canada	Louise Lalonde
Secretary	Cycling Canada	Anne Cobban
Starter	Cycling Canada	Michael Pinkoski
Member	Cycling Canada	Steve Head
Member	Cycling Canada	Brad Day
Member	Provincial	Chantal Thompson
Member	Provincial	Ed Sitarski
Timing		Racetiming.ca
Announcer		Randy Ferguson

## 3. ELIGIBILITY

All athletes need to hold a valid UCI international license. No domestic licenses will be accepted.

**Elite:** In accordance with UCI regulations, 18 years old athletes are allowed to race UCI Elite races.

**Junior:** 2<sup>nd</sup> year U17 athletes (born in 2000, racing age: 16) can request upgrades to race the Junior events by filling out the Upgrade request form available here:

<http://www.cyclingcanada.ca/sport/track/events/type-of-event/domestic/milton-international-challenge/>

It is important to note that upgrades are not automatically granted to athletes, but are based on experience and previous results so please fill the form accordingly. Foreign riders requesting an upgrade must submit a letter of acceptance from their national federation.

## 4. SPECIFIC EVENT REGULATIONS

### 3.1 Elite Women/Men

#### 3.1.1 Individual Pursuit

The 4 riders with the fastest times in the 1st round will advance to the final. The 3rd and 4th fastest time will ride for bronze and the 1st and 2nd fastest times will race for gold.

#### 3.1.2 Scratch Race

Distance: 10km for Elite Women, 15km for Elite Men

If there are more than 24 riders registered in a category for the Scratch race, there will be a qualification round of scratch races (7.5km for Elite Women, 10km for Elite Men)

### **3.1.3 Points Race**

Distance: 20km for Elite Women, 30 km for Elite Men

If there are more than 24 riders registered in a category for the Points race, there will be a qualification round of points races (10km for Elite Women, 15 km for Elite Men).

### **3.1.4 Elimination Race**

If there are more than 24 riders registered in a category for the Points race, there will be a qualification round of elimination races.

### **3.1.5 Sprint\***

Qualification will be a 200m flying start. Seeding for 1/16 finals will be determined by qualification time.

1/16 finals: Winners of each heats will advance. 12 riders will qualify for the 1/8 finals. Winners advance with a single ride.

1/8 finals: Winners of each heats (6) will advance to the 1/4 finals while the losers will go to repechage (2 heats of 3 riders). The winners of the repechage heats advance to the 1/8 finals.

1/4 finals: Winners of each heats will advance to the 1/2 finals.

1/2 final: 2 out of 3 matches. Winners will race for gold and silver, losers will race for bronze in the finals (also 2 out of 3).

\*Format may be revised based on number of participants

### **3.1.6 Keirin**

The first round of the keirin will be conducted in heats to qualify 12 riders to the second round. This may include repechage heats.

2nd round: The riders will be divided into 2 heats. The first 3 of each heat will then race for the 1-6 final, while the others will race the 7-12 final.

### **3.1.7 Kilo/500m**

## **3.2 Junior Women/Men**

### **3.2.1 Omnium**

Distances:

Scratch: 7.5km Jr Women, 10km Jr Men

IP: 3km

Points: 10km Jr Women, 15km Jr Men

If there are more than 24 riders registered in a category for the Omnium, there will be a qualification. The qualification event will be a Points race.

The riders who don't qualify for the Omnium will have the opportunity to race the

IP and Kilo/500m (outside of the Omnium rankings).

### 3.2.2 Sprint

Qualification will be a 200m flying start.

Progression of the sprint tournament will depend on number of riders registered. It will be communicated at the managers meeting.

### 3.2.3 Keirin

If there are 7 riders or less registered, there will only be one heat and it will be a final.

If there are between 8-14 riders, they will be divided into 2 heats. The first 3 of each heat will then race for the 1-6 final, while the others will race the 7-14 final.

## 5. NUMBER PLACEMENT

As per UCI rules, riders must wear two (2) numbers in all events, except for the events listed below:

- Kilo/500 TT
- Individual Pursuit

Junior riders must wear two (2) numbers in **all** events of the omnium competition.

## 6. UCI POINTS

The Milton International Challenge p/b Lexus is a UCI C1 event and points are allocated as follow:

Rank	Individual events	Rank	Individual events
1	200	14	64
2	180	15	58
3	160	16	52
4	150	17	48
5	140	18	44
6	130	19	40
7	120	20	36
8	110	21	32
9	100	22	28
10	90	23	24
11	82	24	20
12	76	25+	1
13	70		

## 7. MEDALS, JERSEYS & CEREMONIES

- All athletes who have placed on the podium must attend the award ceremonies. Failure to do so will result in a fine and loss of prize money. Riders who cannot attend the ceremony must advise the Chief commissaire or the Technical delegate with a valid reason. Reasons such as "I have a plane to catch" will not be accepted.
- Riders must wear their cycling kit to the award ceremony. Failure to do so will result in a fine and loss of award.
- Riders cannot wear or bring hats, water bottles, etc. on the podium. Doing so will result in a fine and loss of prize money.

## 8. ANTI-DOPING

- The Milton International Challenge p/b Lexus event is a UCI-sanctioned event and any anti-doping will take place under the UCI rules and guidelines. Riders and team managers are responsible for understanding these rules. The doping control station will be clearly marked.
- Athletes participating in the 2016 MIC who require the use of a medication that is included on the Prohibited List must apply for a Therapeutic Use Exemption (TUE) prior to participating in the event. This applies to all categories of athletes. To obtain forms and TUE requirements, athletes are encouraged to visit the TUE Wizard: <http://cces.ca/en/tuewizard>

## 9. SCHEDULE

(Preliminary – subject to change)

	Competition Time	Events
Wednesday, September 28 <sup>th</sup>	1:00pm – 4:00pm	Training (nations - pre-booked)
	7:00pm After the meeting	Managers meeting Riders confirmation/Numbers pick-up
Thursday, September 29 <sup>th</sup>	8:30am – 9:30am 9:30am – 11:20am	Riders confirmation/Numbers pick-up Open training
	Session 1 Racing starts at 11:30am	<ul style="list-style-type: none"> <li>• Elimination – Qualification* – Elite W &amp; M</li> <li>• Sprint – Qualification – Elite W &amp; M</li> <li>• Elimination – Final – Elite W &amp; M</li> <li>• Sprint – 1/16 Finals – Elite W &amp; M</li> <li>• Sprint – Qualification – Jr W &amp; M</li> <li>• Kilo/500m – Final – Elite W &amp; M</li> <li>• Sprint – 1/4, 1/2, Finals – Jr W &amp; M</li> <li>• Ceremonies</li> </ul> <p>*If necessary</p>
Friday, September 30 <sup>th</sup>	Session 1 Racing starts at 11:30am (track open 1h before for warm-up)	<ul style="list-style-type: none"> <li>• Omnium – Qualification* – Jr W &amp; M</li> <li>• Sprint – 1/8 final – Elite W &amp; M (one ride)</li> <li>• Omnium I – Scratch – Jr W &amp; M</li> <li>• Sprint – 1/4 final – Elite W &amp; M (one ride)</li> <li>• Omnium II – IP – Jr W &amp; M</li> <li>• Sprint – 1/2 final – Elite W &amp; M (2 of 3)</li> <li>• Points race – Qualifications* – Elite W &amp; M</li> </ul> <p>*If necessary</p>
	Session 2 Racing starts at 7:30pm (track open 1h before for warm-up)	<ul style="list-style-type: none"> <li>• Sprint – 5-8 final – Elite W &amp; M</li> <li>• Omnium III – Elimination – Jr W &amp; M</li> <li>• Sprint – Finals – Elite W &amp; M (2 of 3)</li> <li>• Keirin – 1<sup>st</sup> round &amp; Finals – Junior W &amp; M</li> <li>• Points race – Final – Elite W &amp; M</li> <li>• Ceremonies</li> </ul>
Saturday, October 1 <sup>st</sup>	Session 1 Racing starts at 11:30am (track open 1h before for warm-up)	<ul style="list-style-type: none"> <li>• Omnium IV – TT – Jr W &amp; M</li> <li>• Individual Pursuit – 1<sup>st</sup> round – Elite W &amp; M</li> <li>• Keirin – 1<sup>st</sup> round &amp; Repechage – Elite W &amp; M</li> <li>• Omnium V – Flying lap – Jr W &amp; M</li> <li>• Scratch – Qualifications* - Elite W &amp; M</li> <li>• Keirin – 1/2 finals – Elite W &amp; M</li> <li>• Ceremonies</li> </ul>

	Session 2 Racing starts at 7:30pm (track open 1h before for warm-up)	<ul style="list-style-type: none"> <li>• Keirin – Finals – Elite W &amp; M</li> <li>• Individual Pursuit – Finals – Elite W &amp; M</li> <li>• Scratch – Finals – Elite W &amp; M</li> <li>• Omnium VI – Points race – Jr W &amp; M</li> <li>• Ceremonies</li> </ul>
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## 10.REGISTRATION

Registration	Categories	Deadline
<a href="https://ccnbikes.com/#!/events/2016-milton-international-challenge">https://ccnbikes.com/#!/events/2016-milton-international-challenge</a>	Elite Junior	September 25 <sup>th</sup> , 2016 11:59pm (ET)

- Registration will close at 11:59pm ET on Sunday September 25, 2016. No exceptions.
- There will be no day-of registration.
- Registration fees are **non-refundable**. No exceptions.
- Once a rider is registered and on the official start list, they will be fined \$50 should they not appear on the start line or delay the start of the event.
- Race numbers will need to be picked up accordingly to the Race numbers pick up schedule.
- Registration fees (doesn't include taxes + processing fee):

Categories	1 Event	2 Events	3 Events or +*
Elite	CAD\$55	CAD\$90	CAD\$120
Junior	CAD\$50	CAD\$80	CAD\$100

\*Omnium (Junior) = 3 events or +

**Registration fees will increase \$20 for all categories starting on Monday September 19, 2016 at noon ET.**

Race numbers pick-up, license check & riders confirmation		
Location	Categories	When
On-site	- All	Wednesday, September 28 After the managers meeting (Meeting: 7:00pm)
On-site	- All	Thursday, September 29 8:30am – 9:30am

Another person can pick-up your numbers (coach or other rider), but they will need your UCI license.

**Jr Omnium riders:** You need to pick up your numbers and confirm your participation on **Thursday, Sept. 29 at the latest.**



## 11. ACCREDITATION

Accreditation will be required for the MIC. Only accredited people will be allowed on the infield.

All athletes will receive an accreditation for themselves. For accompanying staff, the maximum number of accreditations will be as follow:

- Delegation of 12 athletes & more: 6 staff
- Delegation of 8 athletes & more: 5 staff
- Delegation of 5 athletes & more: 4 staff
- Delegation of 4 athletes: 3 staff
- Delegation of 3 athletes: 2 staff
- Delegation of 2 athletes or 1: 1 staff

Staff accreditations will be made in the name of the team and can be exchanged between staff. When you register online, make sure you enter the name of your delegation properly (nation, provincial team, club, independent) so the right amount of accreditation is prepared.

Location of where to pick up accreditations will be communicated a few days before the event.

Cycling Canada reserves the right to limit the number of accreditation that will be allocated.

## 12. ATHLETES SERVICES

- Team pits will be allocated based on the number of athletes per team. Smaller delegation or independent athletes will share a common space. Pits will be clearly identified.
- Info desk: an information desk will be set near the commissaires platform. If you have any questions or concerns, please talk to the volunteers at the info desk.
- Schedule, results and startlists will be available online. We will share the link prior to the start of the championships. There will be paper copies of startlists and results posted on the infield. In an effort to reduce waste, **No paper copies of startlists and results will be distributed to teams/athletes.**
- Wi-Fi: there is free public wi-fi in the velodrome.
- Equipment on the infield: equipment can be left on the infield overnight. However, there will not be a security agent present during the night.

## 13. MEDICAL

First aid will be on-site for all sessions. They will be located in the dedicated medical team pit. The medical team will treat athletes, staff, officials and volunteers.

The closest hospital is located 3.9km from the velodrome:

Milton District Hospital  
Halton Healthcare  
7030 Derry Road  
Milton, ON

## 14. ACCOMMODATION

Official hotels of the 2016 Milton International Challenge p/b Lexus:

### **Best Western Milton**

161 Chisolm Drive, Milton (ON), L9T 4A6

1-905-875-3818

Rate: 110\$ CAD + tx, breakfast included

To get this rate, you need to **call the hotel** and mention that is it for the Cycling Canada events.

### **Home2 Suites by Hilton**

8490 Parkhill Drive, Milton (ON), L9T 9B3

1-289-878-3800

Rate: 120\$ CAD + tx, breakfast included

To get this rate, you need to **call the hotel** and mention that is it for the Cycling Canada events.

## 15. PARKING

It is possible to park at the velodrome and on the road leading up to it. No parking pass needed. Please be careful as to not park in a restricted area or reserved parking.

## 16. SPECTATORS & TICKETS

Tickets for the MIC are now available online:

[http://www.mattamnationalcyclingcentre.ca/en/events/Events-Calendar.asp?\\_mid\\_=25657](http://www.mattamnationalcyclingcentre.ca/en/events/Events-Calendar.asp?_mid_=25657)

## 17. MEDIA

For media requests and media accreditation, please contact Karine Bédard, Marketing coordinator ([Karine.bedard@cyclingcanada.ca](mailto:Karine.bedard@cyclingcanada.ca))

## 18. VOLUNTEERS

Interested in helping at the 2016 Milton International Challenge p/b Lexus? We would be happy to have you!

We will need volunteers for various positions and will do our best to have the volunteers do a variety of tasks. You know track cycling? Great! You don't? Not a problem at all! We will give all our volunteers a tour of the velodrome and training on the different roles. We will of course provide volunteers with food (snacks, beverages and lunch) a t-shirt, and more.

Interested?

Send an email with your availability to our Volunteer coordinator, Mel Crosby ([mel.crosby@ontariocycling.org](mailto:mel.crosby@ontariocycling.org))

## 19. MATTAMY NATIONAL CYCLING CENTRE

2015 Pan Am Boulevard

Milton, ON L9T 2X6

(905) 875-5398

<http://www.mattamynationalcyclingcentre.ca/en/index.asp>

Driving directions from Toronto International Airport:

<https://goo.gl/maps/ivfpya8uVgr>

## 20. QUESTIONS?

Please contact Jessika Grand Bois ([Jessika.grandbois@cyclingcanada.ca](mailto:Jessika.grandbois@cyclingcanada.ca))