

**2016**  
**Championnats**  
**Canadiens Route**  
**Global Relay**

**Ottawa-Gatineau**  
**25-29 Juin 2016**

**2016**  
**Global Relay**  
**Canadian Road**  
**Championships**

**Ottawa-Gatineau**  
**June 25-29 2016**



Québec 

 Ontario



**SAMEDI 25 JUIN 2016 - COURSE SUR ROUTE****151 Tunney's Pasture Drive**

|                                        |               |
|----------------------------------------|---------------|
| Junior Homme: 120km                    | 08:00 - 11:00 |
| Para:                                  | 11:15 - 13:15 |
| Para T: BVI Femme 60km, BVI Homme 70km | 13:30 - 15:30 |
| Junior Femme: 80km                     | 13:35 - 15:45 |
| U23/Elite Femme: 110km                 | 16:00 - 19:15 |

**DIMANCHE 26 JUIN 2016 - COURSE SUR ROUTE****151 Tunney's Pasture Drive**

|                      |               |
|----------------------|---------------|
| Courses pour enfants | 11:00-12:00   |
| U23/Elite M: 180km   | 13:00 - 17:30 |

**MARDI 28 JUIN 2016 - CONTRE-LA-MONTRE-INDIVIDUEL****Parc de la Gatineau (P3)**

|                                |       |
|--------------------------------|-------|
| Horaire préliminaire:          |       |
| Para T1-2HF, H1-2H, H1-5F 12km | 08:00 |
| Para H3-5H, C1-3H, C1-5F 16km  | 09:10 |
| Junior F 16km                  | 09:20 |
| Para C4-5H, Tandem HF 26km     | 10:30 |
| Junior H 26km                  | 10:40 |
| Elite F 26km                   | 11:30 |
| Elite H 36km                   | 13:30 |

**MERCREDI 29 JUIN 2016 - CRITÉRIUM****71 Rue Principale, Aylmer**

|                                                  |             |
|--------------------------------------------------|-------------|
| Junior F: 30 mins + 3 tours                      | @ 12:00     |
| Junior H: 45 mins + 3 tours                      | @ 13:00     |
| Presentation Olympic COC                         | @ 14:00     |
| Junior Cérémonies protocolaires                  | @ 14:45     |
| Relais corporative: équipe de 4 personnes - 10km | @ 15:00     |
| Pause Souper                                     | 16:00-17:00 |
| Echauffement Elite                               | @ 17:30     |
| Elite F: 1 heure + 3 tours                       | @ 18:00     |
| Elite H / U23: 1 heure + 3 tours                 | @ 19:45     |
| Cérémonies protocolaires                         | @ 21:15     |
| Rue fermée pour célébrations                     | 21:30-23:00 |

**SATURDAY JUNE 25TH 2016 - ROAD RACES****151 Tunney's Pasture Drive**

|                                      |               |
|--------------------------------------|---------------|
| Junior Men: 120km                    | 08:00 - 11:00 |
| Para:                                | 11:15 - 13:15 |
| Para T: BVI Women 60km, BVI Men 70km | 13:30 - 15:30 |
| Junior Women: 80km                   | 13:35 - 15:45 |
| U23/Elite Women: 110km               | 16:00 - 19:15 |

**SUNDAY JUNE 26TH 2016 - ROAD RACES****151 Tunney's Pasture Drive**

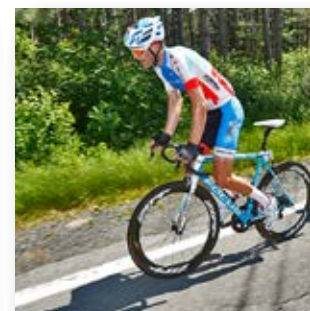
|                    |               |
|--------------------|---------------|
| Kid's Races        | 11:00 - 12:00 |
| U23/Elite M: 180km | 13:00 - 17:30 |

**TUESDAY JUNE 28TH 2016 - INDIVIDUAL TIME TRIAL****Gatineau Park (P3)**

|                                |       |
|--------------------------------|-------|
| Preliminary schedule:          |       |
| Para T1-2MW, H1-2M, H1-5W 12km | 08:00 |
| Para H3-5M, C1-3M, C1-5W 16km  | 09:10 |
| Junior Women 16km              | 09:20 |
| Para C4-5M, Tandem MW 26km     | 10:30 |
| Junior Men 26km                | 10:40 |
| Elite Women 26km               | 11:30 |
| Elite Men 36km                 | 13:30 |

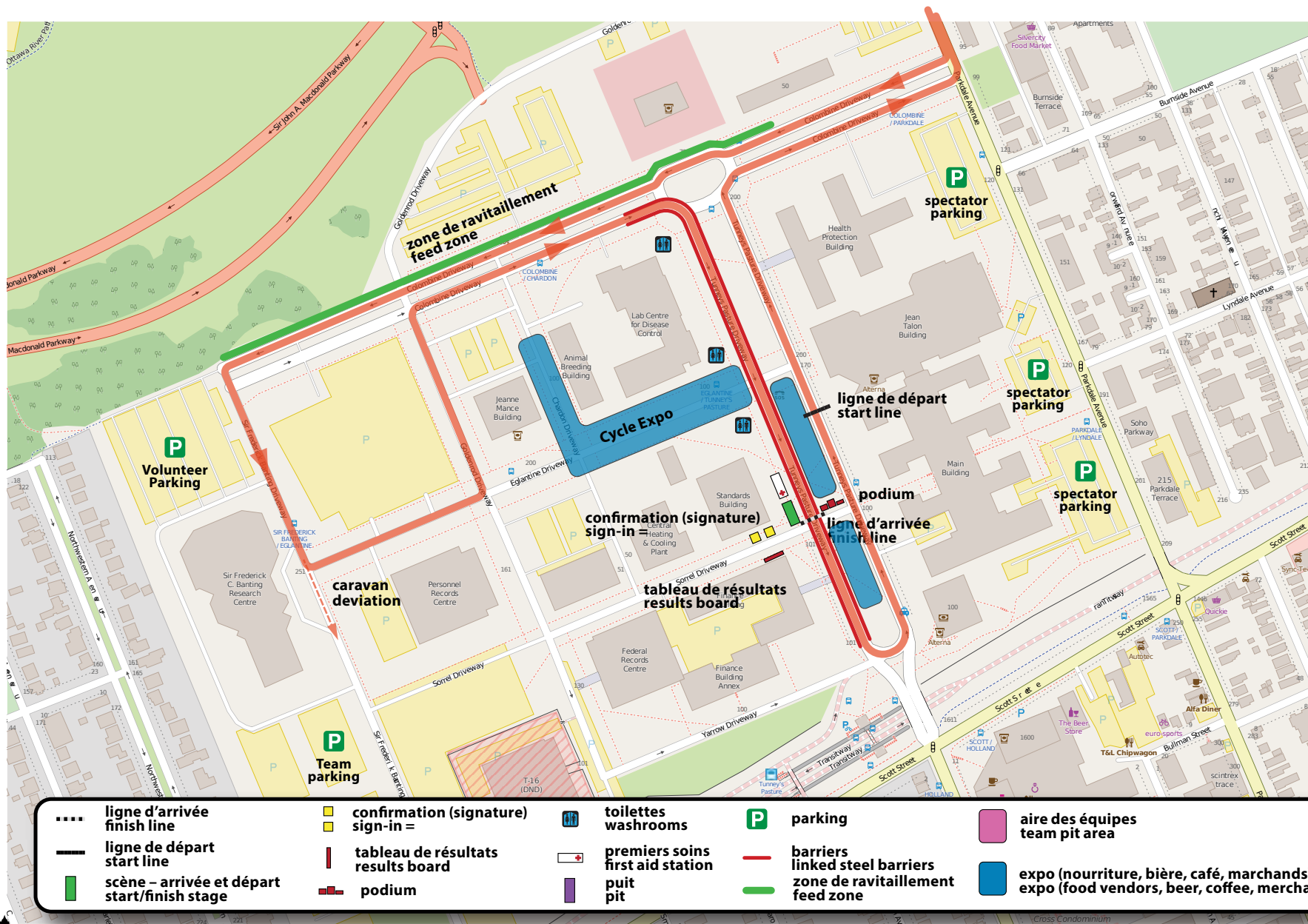
**WEDNESDAY JUNE 29TH 2016 - CRITERIUM****71 Rue Principale, Aylmer**

|                                       |             |
|---------------------------------------|-------------|
| Junior Women: 30 mins + 3 laps        | @ 12:00     |
| Junior Men: 45 mins + 3 laps          | @ 13:00     |
| Olympic COC Presentation              | @ 14:00     |
| Junior Awards Presentation            | @ 14:45     |
| Corporate Relay: 4 person team - 10km | @ 15:00     |
| Dinner Break                          | 16:00-17:00 |
| Elite Warm Up                         | @ 17:30     |
| Elite Women: 1 hour + 3 laps          | @ 18:00     |
| Elite Men / U23: 1 hour + 3 laps      | @ 19:45     |
| Medal Presentations                   | @ 21:15     |
| Celebration (Street closed)           | 21:30-23:00 |



Credit: Rob Jones/Canadian Cyclist

**Guide Spectateur****Spectator's Guide**



- |                                                 |                                       |                                     |                                     |                                                                                           |
|-------------------------------------------------|---------------------------------------|-------------------------------------|-------------------------------------|-------------------------------------------------------------------------------------------|
| .... ligne d'arrivée<br>finish line             | confirmation (signature)<br>sign-in = | toilettes<br>washrooms              | P parking                           | aire des équipes<br>team pit area                                                         |
| — ligne de départ<br>start line                 | tableau de résultats<br>results board | premiers soins<br>first aid station | barriers<br>linked steel barriers   | expo (nourriture, bière, café, marchands)<br>expo (food vendors, beer, coffee, merchants) |
| scène – arrivée et départ<br>start/finish stage | podium                                | puits<br>pit                        | zone de ravitaillement<br>feed zone |                                                                                           |

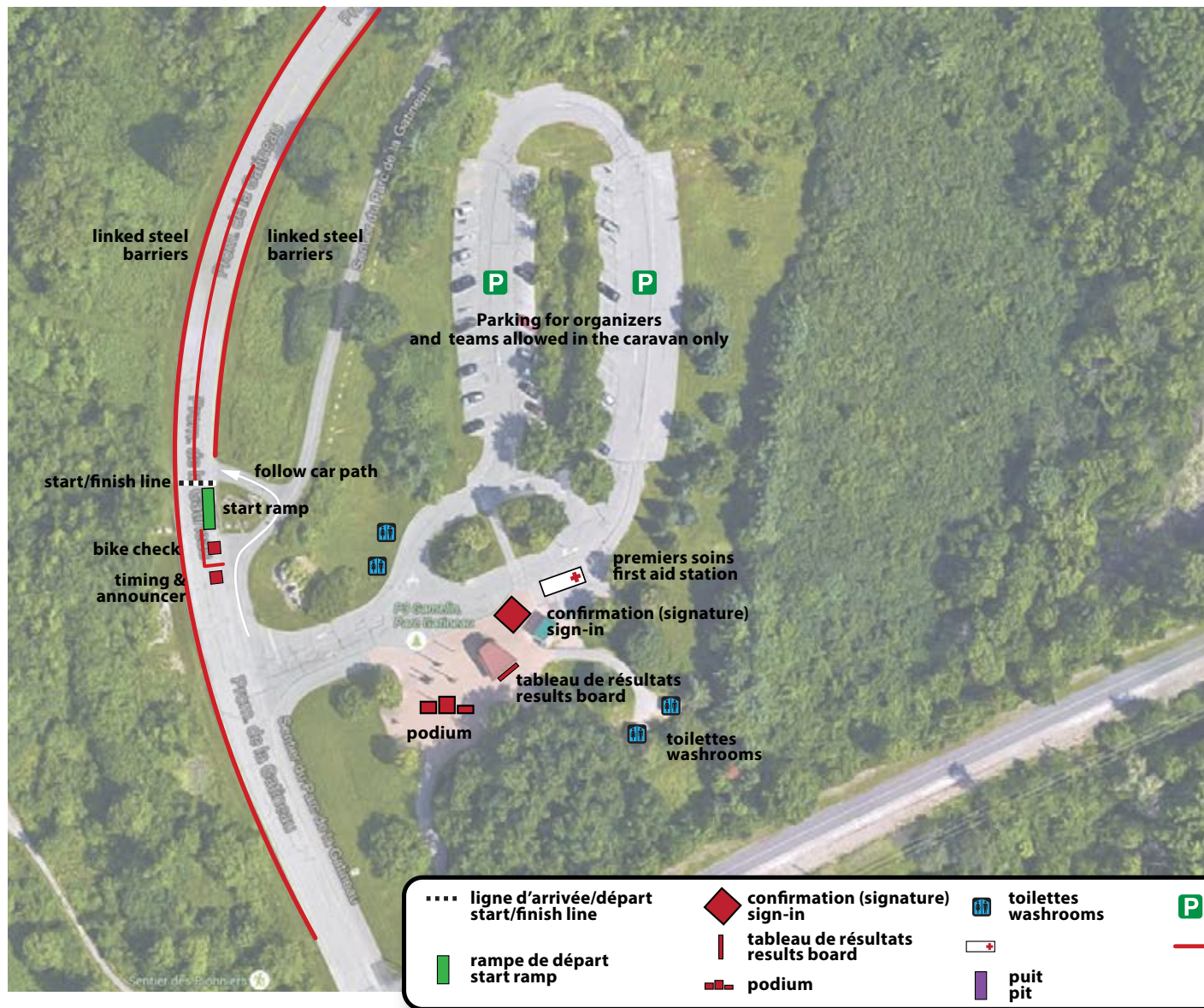
COURSE SUR ROUTE AIRE D'ARRIVÉE - ROAD COURSE FINISH AREA

Guide Spectateur

Spectator's Guide







CONTRE-LA-MONTRE – AIRE DE DÉPART ET D'ARRIVÉE  
TT START-FINISH AREA

Guide Spectateur

Spectator's Guide



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