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| **Full name** | Geoff Kabush |
| **Date of birth** | April 14, 1977 |
| **Age (as of January 1, 2012)** | 34 |
| **Birthplace (Birth)** | Comox, BC |
| **Hometown (Grew-up)** | Courtenay, BC |
| **Residence (Currently reside)** | Courtenay, BC/New Mexico, USA |
| **Discipline** | MTB, Cyclocross |
| **Cycling Club** | SCOTT-3Rox Racing |
| **Current coach** | Self Coached, mentored by Juerg Feldmann and Graham Duthie |
| **Pro Team** | SCOTT-3Rox Racing |
| **Bike Company you ride on** | SCOTT |
| **Years on National team** | 18 |
| **Nickname** | Kaboom, K-Bomb, Deaner |
| **Sponsors** | * SCOTT * CRCS Disaster Kleenup * Maxxis * Syncros * Shimano * Fox * eLoad * Genuine Innovations * Feedback Sports * ODI * King Cages * Dumonde Tech * MRP * Cyclops |
| **Website** | [www.3RoxRacing.com](http://www.3RoxRacing.com) |
| **Twitter** | @GeoffKabush |
| **Facebook Fan Page** | [www.facebook.com/GeoffKabush](http://www.facebook.com/GeoffKabush) |
| **Language you speak** | English |
| **Father’s name? Occupation?** | Denis, Teacher - retired |
| **Mother’s name? Occupation?** | Peggy, Teacher - retired |
| **Sisters name? Occupation?** | Danelle, pro Xterra athlete, Sports Psych |

**Key Results (Location, Results)**

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| **Olympic/Paralympic Games** | * 9, Sydney 2000 * 20, Beijing 2008 |
| **Commonwealth Games** | * 10, Manchester 2002 * 11, Melbourne 2006 |
| **World Championships** | * 10, 2011 Champéry, SUI * 8, 2010 Mont-Sainte-Anne, QC, CAN * 5, 2009 Canberra, AUS * Silver medallist (Team Relay), 2009 Canberra, AUS * 16, 2008 Val di Sole, ITA * World Champion (Team Relay), 2004 Les Gets, FRA |
| **World Junior Championships** | * 99, 1995 Kirchzarten (XCO) * 66, 1995 Kirchzarten (DH) |
| **World Cup/Pro Tour (Top 3 only)** | * Seven Top-3, UCI World Cup * Winner, 2009 Bromont, QC, CAN |
| **Canadian Championships Titles** | * 2002, Elite Canadian Champion (Sun Peaks, BC) * 2005, Elite Canadian Champion (Beaupré, QC) * 2006, Elite Canadian Champion (Sun Peaks, BC) * 2007, Elite Canadian Champion (Mount Washington, BC) * 2008, Elite Canadian Champion (Beaupré, QC) * 2009, Elite Canadian Champion (St. Félicien, QC) * 2010, Elite Canadian Champion (Canmore, AB) * 1999, U23 Canadian Champion (Camp Fortune, QC) * 3x Canadian Champion, Cyclo-cross |

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| **Have any of your relatives played sport at a competitive level?** |
| Danelle Kabush, Sister, Team Luna Chix, Current Professional Xterra Athlete, 2X Silver Medallist at World Championships. |
| **Why and how did you start cycling?** |
| I became interested in mountain biking when I was 13 and lived in England for a year with my family. My friend wanted to show my some trails nearby; he had a mountain bike and I had a 10-speed road bike. I kept getting flats, and had to stuff my tires with leaves to make it back home. When I returned to Canada the next year, I got my first mountain bike and started checking out the trails around Courtenay and over on Hornby Island where our family has a cabin. Luckily I grew up in one of the best places in the world to ride mountain bikes and fell in love with the sport. I had some friends who introduced me to racing locally in Grade 10 and I took off from there. |
| **What is your first memory of cycling?** |
| I started riding my older sisters big bike around the yard, bugged my mum to race me down our long gravel driveway, crashed, split forehead open, 7 stitches. |
| **Why is cycling so much fun to you?** |
| I never get tired of racing and riding new trails. It is a lifestyle sport that never gets old. |
| **Who has had the most influence on your career and why?** |
| I have always had a keen interested in my training and sports physiology. Since I was a junior I have had an incredible mentor in Juerg Feldmann, as well as more recently Graham Duthie. Both have an incredible passion and open mind for learning and every visit I return with more answers as well as great new questions. It is exciting and motivating as we've been working together exploring some incredible new equipment and ideas in sports physiology. I hope in the future to be able to share what I've learned with a new generation of athletes. |
| **What is the most memorable moment you had in your career? What made it interesting?** |
| I have had so many highlights it is hard to pick. My first Olympics in 2000 were really special as I wasn't favoured to even qualify and it was really a quantum leap for me internationally when I finished 9th. Winning the Team Relay World Championships in 2004 was also really memorable as well. Winning my first World Cup in Bromont, 2009, probably tops the list though. I had come so close to the top of the podium many times and to finally win one in Canada was really rewarding. The victory validated my feeling that anything is possible if you put in the hard work. |
| **Do you currently support a charity of any kind? Why?** |
| Tickled Pink Weimaraner Rescue: My wife, Keri, and I own and love a couple Weims. She runs the rescue and saves an incredible number of dogs every year. |
| **Do you do competitive sports other than cycling?** |
| I played everything except hockey growing up but besides skiing in the winter I stick mostly to the wheels these days. I've done a variety of activities every off-season; cyclocross, ran a couple marathons (finished Victoria in 2:45), raced Xterra Off-road Triathlon Worlds a couple times (best finish 9th). |
| **Did you win any awards (athlete of the year, etc)? If yes, which ones (in details)?** |
| I have won quite a few awards but I don't keep track. You would have to go dig in the back of my closet and look through a few storage containers to find them. |
| **What do you do in the when not competing?** |
| I am a transient and on the road at least 10 months of the year so when I am home I really enjoy some quiet down time with my wife and dogs. In future I hope to have more time in the winter because I really enjoy getting out on the snow and doing a bit of ski touring. I also enjoy taking my coffee seriously, eating good food, Belgian beer, watching the Canucks, catching up on Canadian music on CBC Radio 3, and I am always continuing to learn. |
| **How would you describe your style of cycling?** |
| Growing up in mountain biking in Canada I excel on technical, wet, and challenging terrain. |
| **What was your first job? Was it interesting? What did you do?** |
| My first summer job was cutting and selling firewood off our family acreage. I was lucky as it was pretty flexible and had no problem fitting in the bike racing around it. |
| **What was your first car? What was interesting/fun about it?** |
| Lada Signet. $1500, red wagon, rear wheel drive, russian hammer and sickle on back, lasted 3.5 years, sold it for $600. |
| **What is your highest level of education? Full name of university & degree/Full name of high school.** |
| University of Victoria, Bachelor of Mechanical Engineering; High School: GP. Vanier |