

CYCLING CANADA

NATIONAL TEAM SELECTION POLICY

SPECIFIC CONDITIONS AND CRITERIA FOR SELECTION TO NATIONAL TEAM

PARA-CYCLING High Performance and NextGen PROGRAMS

Effective April 1, 2017

PLEASE NOTE: ALL PROGRAMMING IS SUBJECT TO CHANGE

The purpose of this document is to provide insight on National Team planning for the upcoming Para-cycling season. It is important to note that programming may change at any time due to financial circumstances, staffing, changes to the international racing calendar, etc.

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INTRODUCTION

The following sets out the general Selection Criteria and **Schedules 1** to **3** set out the Specific Selection Criteria for each Category, namely:

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ELIGIBILITY

Athlete eligibility for Para-cycling competition is defined in UCI rules 16.3.001 to 16.3-007.

The following athletes are eligible for selection to represent Canada as Para-cycling athletes:

 All male and female athletes holding a valid UCI licence showing the nationality as "Canadian," aged 17 or over on Dec. 31, 2017, with a functional class profile as defined for each sport class under the UCI Paracycling rules.

The following rules apply to tandem pilots:

- Men and women cyclists over 18 years of age on Dec. 31, 2017, may race as tandem pilots, provided they
 have not been selected by their national federation in one of the following events (all disciplines
 included):
 - UCI World championships (except Masters, Para-cycling and Junior) and Olympic Games at least 12 months preceding the Para-cycling event;
 - UCI World Cup, regional games and continental championships (ie. Commonwealth Games, Pan-American Games, Pan-American championships): the same year of the para-cycling event (except Junior).
- Cyclists who were members of a UCI World Team or UCI Professional Continental Team must respect a
 waiting eriod of 12 months after their contract expires before taking part as a tandem pilot. This waiting
 period comes on Jan. 1 the next year after the end of the contract for cyclists who were members of one
 of the other UCI teams described at article 1.1.041 of the UCI rules.

GENERAL CONDITIONS FOR SELECTION

- **a.** All selections are subject to clauses 1.c and 12.d (Right to vary of Not enter team) of the General Selection Policy.
- b. Sanctioned Competition or Authorized Event: In order to be considered for selection to the Canadian Para-cycling Road Pools and Teams riders must achieve the Specific Selection Criteria set out in this Schedule while participating in a UCI sanctioned competition or a CC authorized event and while complying with all UCI Cycling Regulations.
- c. Other Factors: Any selection to a Pool or Team for any one of the Events is subject to this Policy (including clause 10 (Other Factors), 11 (Extenuating Circumstances) and 12 (Other Selection Matters) of the General Selection Policy..
- d. Yearly Training Plan: Any rider applying for any CC project will need to provide the program coach with his Yearly Training Plan (YTP) as well as his Individual Performance Plan (IPP), which are to be approved*. These documents should be indicating the planned preparation for the said project. A complete racing program leading to (and following) the project should also be submitted and discussed with the program coach. Templates can be found in the Appendix section of this document.

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- * Approved means that IPP's and YTP's are signed off by the national coach and myself, the athlete, and the personal coach (When that is the case)
- **e. Time Period:** Riders must achieve the Specific Selection Criteria set out in this Schedule within the time period commencing April 1, 2017 and concluding midnight (EST) on the Selection Date for each Pool and Team as specified in this Schedule.

SCHEDULE 1 – GENERAL HIGH PERFORMANCE COMPETITION AND TRAINING CAMP PROGRAMS

This Schedule covers selection for the Para-cycling Categories for the Canadian Road Pools and Teams for the following events:

- Road World Cup #1 Maniago, ITA May 11th-14th 2017
- Road World Cup #2 Oostende, BEL May 18th to 21st 2017
- Road World Cup #3 Emmen, NED June 29th to July 2nd 2017

1. ROAD WORLD CUP #1 - MANIAGO, ITA - MAY 11-14, 2017

- **a. Objectives:** Familiarize with the 2018 Road World Championship course as well as evaluate the gap to the international field.
- **b. Selection:** This Part 1 of Schedule 1 applies to all Para-cycling riders seeking selection to the <u>Pool</u> for selection to the World Cup Team to attend the Road World Cup #1 Maniago, ITA.
- c. Pool Size: The maximum size of the Pool for selection to the Team for the Road World Cup #1 Maniago, ITA is 18, and subject to budget and competitivity.
 - i. For road events, the maximum number of participants per nation shall be six for road races and three for time trials for each sport class as per UCI rule 16.20.005. In case there are more riders than the number of spots allocated, the National Team coach should use the selection matrix to finalize the event's selection.
- **d. Automatic selection to the Pool:** The following riders will be automatically selected to the Road World Cup #1 Maniago, ITA project Pool:
 - i. Athletes who have participated at the 2016 Rio Paralympics AND/OR
 - ii. Commitee Choice (maximum of 3)
- **e. Specific selection requirement:** Athletes will need to perform either a CP20 test or an incremental Aerobic power test 4 weeks before the event and submit test results to the National Team head coach. This will be done to ensure a minimum level of fitness in order to attend the Road World Cup.
- f. Selection Date: The names of riders selected to this Pool will be announced on April 4, 2017.
- **g. Funding:** This project is partially funded/self-funded. The estimated cost per athlete will be made available upon selection. Payment must be received 14 days (two weeks) prior to the start of the project.
- h. Selection to the Team: In considering the riders to be selected to the Team for this project, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria for this project and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Policy.
- i. In the case of tandem pairs, the National team coach(s) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(s) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.
- **j. Appeals**: Any appeals of selection decisions will be managed under the Cycling Canada Appeals Policy. Note that only athletes who have achieved the specific selection criteria may appeal selection decisions.

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2. ROAD WORLD CUP #2 - OOSTENDE, BEL - MAY 18-21, 2017

- **a. Objective:** Familiarize with the 2020 Road World Championship course as well as evaluate the gap to the international field.
- **b. Selection:** This Part 2 of Schedule 1 applies to all Para-cycling riders seeking selection to the <u>Pool</u> for selection to the World Cup Team to attend the Road World Cup #2 Oostende, BEL.
- **c. Pool Size:** The maximum size of the Pool for selection to the Team for the para-cycling Road World Cup is 18, and subject to budget and competitivity.
 - i. For road events, the maximum number of participants per nation shall be six for road races and three for time trials for each sport class as per UCI rule 16.20.005. In case there are more riders than the number of spots allocated, the National Team coach should use the selection matrix to finalize the event's selection.
- **d. Automatic selection to the Pool:** The following riders will be automatically selected to the Road World Cup #2 Oostende, BEL project Pool:
 - i. Athletes who have participated at the 2016 Rio Paralympics AND/OR
 - ii. Comitee Choice (3)
- **e. Specific selection requirement:** Athletes will need to perform either a CP20 test or an incremental Aerobic power test 4 weeks before the event and submit test results to the National Team head coach. This will be done to ensure a minimum level of fitness in order to attend the Road World Cup.
- **f. Selection Date:** The names of riders selected to this Pool will be announced on April 11th2017.
- g. Funding: This project is partially funded/self-funded. The estimated cost per athlete will be made available upon selection. Payment must be received 14 days (two weeks) prior to the start of the project.
- h. Selection to the Team: In considering the riders to be selected to the Team for this project, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria for this project and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 in the general selection policy.
- i. In the case of tandem pairs, the National team coach(s) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(s) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.
- j. Appeals: Any appeals of selection decisions will be managed under the Cycling Canada Appeals Policy. Note that only athletes who have achieved the specific selection criteria may appeal selection decisions

3. ROAD WORLD CUP #3 - EMMEN, NED - JUNE 29 TO JULY 2, 2017

- **a. Objective:** Podium performances as well as familiarize with the 2019 Road World Championship course.
- **b. Selection:** This Part 3 of Schedule 1 applies to all Para-cycling riders seeking selection to the <u>Pool</u> for selection to the World Cup Team to attend the Road World Cup #3 Emmen, NED.
- **c. Pool Size:** The maximum size of the Pool for selection to the Team for the para-cycling Road World Cup is 22, and subject to budget and competitivity.
 - i. For road events, the maximum number of participants per nation shall be six for road races and three for time trials for each sport class as per UCI rule 16.20.005. In case there are more riders than the number of spots allocated, the National Team coach should use the selection matrix to finalize the event's selection.

d.

- **e. Automatic Selection to the Pool:** The following riders will be automatically selected to the Road World Cup #3 Emmen, NED project Pool:
 - i. Athletes who have participated at the 2016 Rio Paralympics AND/OR

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- ii. Athletes who have achieved a B standard between April 1 and June 8, 2017, AND/OR
- iii. Commitee choices (3)
- f. Selection Date: The names of riders selected to this Pool will be announced on June 9, 2017...
- **g. Funding:** This project is partially funded/self-funded. The estimated cost per athlete will be made available upon selection. Payment must be received 14 days (two weeks) prior to the start of the project.
- h. Selection of Team: In considering the riders to be selected to the Team for this project, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria for this project and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Policy.
- i. In the case of tandem pairs, the National team coach(s) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(s) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.
- j. Appeals: Any appeals of selection decisions will be managed under the Cycling Canada Appeals Policy. Note that only athletes who have achieved the specific selection criteria may appeal selection decisions



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SCHEDULE 2 - ROAD AND TRACK WORLD CHAMPIONSHIPS

Events: This Schedule covers selection for the Para-cycling Categories for the Canadian Road Pools and Teams for the following Events:

- Road World Championships Pietermaritzburg, RSA Aug. 31 Sept. 3, 2017
- Track World Championships TBC

1. ROAD WORLD CHAMPIONSHIPS - PIETERMARITZBURG, RSA - AUG. 31-SEPT. 3, 2017

- **a. Objectives:** Podium performances and evaluation of gap mitigation strategies.
- **b. Selection:** This Part 1 of Schedule 2 applies to all Para-cycling riders seeking selection to the <u>Pool</u> for selection to the World Championship Team to attend the Road World Championships Pietermaritzburg, RSA.
- **c. Pool Size:** The maximum size of the Pool for selection to the Team for the Road World Championships Pietermaritzburg, RSA. is 22, and subject to budget and competitivity.
 - i. Quotas can be found here
 - Men: http://uci.ch/mm/Document/News/News/18/15/66/2017RoadMenQualifying
 Places Neutral.pdf
 - Women: http://uci.ch/mm/Document/News/News/18/15/67/2017RoadWomenQualifyingPlaces Neutral.pdf
- **d. Automatic Selection to the Pool:** The following riders will be automatically selected to the Road World Championships Pietermaritzburg, RSA:
 - i. Paralympic medalists AND/OR
 - ii. Paralympian athletes who have achieved a B standard between April 1st and August 8th 2017 **AND/OR**
 - iii. Athletes having finished Top 10 at a 2017 UCI World Cup AND/OR
 - iv. Non-Paralympian athletes who have achieved a A standard between April 1 and Aug. 8, 2017, AND/OR
 - v. Commitee Choice (3)
- e. Selection Date: The names of riders selected to this Pool will be announced on August 9th 2017.
- **f. Funding:** This project is partially funded/self-funded. The estimated cost per athlete will be made available upon selection. Payment must be received 14 days (two weeks) prior to the start of the project.
- g. Selection of Team: In considering the riders to be selected to the Team for this project, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria for this project and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 (all Part B) inclusive.
- h. In the case of tandem pairs, the National team coach(s) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(s) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the general selection policy.
- Appeals: Any appeals of selection decisions will be managed under the Cycling Canada Appeals
 Policy. Note that only athletes who have achieved the specific selection criteria may appeal selection
 decisions

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2. TRACK WORLD CHAMPIONSHIPS - TBC

- **a. Funding:** This project is partially funded/self-funded. The estimated cost per athlete will be made available upon selection. Payment must be received 14 days (two weeks) prior to the start of the project.
- **b. Objectives:** Podium performances and evaluation of gap mitigation strategies.
- **c. Selection:** This Part 2 of Schedule 2 applies to all Para-cycling riders seeking selection to the <u>Pool</u> for selection to the World Cup Team to attend the Track World Championships,
- **d. Pool Size:** The maximum size of the Pool for selection to the Team for the <u>Track World Championships</u> and subject to budget and competitivity.
 - i. Quotas are pending on overall yearly points which are to be published ... weeks before the championships. For the scratch races, only 2 riders per nations are allowed in the C4-5 and C1-3 races. This is in accordance with the 9.2.069 UCI rule (http://tinyurl.com/h3qnlfu)
- **e. Automatic Selection to the Team:** The following riders will be automatically selected to the Track World Championships Team:
 - i. Athletes who have achieved the A standard between April 1st 2017 and 5 weeks to the starting date of the Championships
- **f. Automatic Selection to the Pool:** The following riders will be automatically selected to the Track World Championships project Pool:
 - ii. Athletes who have achieved the B standard between April 1st 2017 and 5 weeks to the starting date of the Championships **AND/OR**
 - iii. Commitee Choice (3)
- g. Selection Date: The names of riders selected to this Pool will be announced on TBC.
- h. Funding: This project is partially funded/self-funded. The estimated cost per athlete will be made available upon selection. Payment must be received 14 days (two weeks) prior to the start of the project
- i. Selection of Team: In considering the riders to be selected to the Team for this project, the National Coach and/or the Selection Committee shall take into account the Selection Pool criteria for this project and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the General Selection Policy.
- j. In the case of tandem pairs, the National team coach(s) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(s) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the General Selection Policy.
- **k. Appeals**: Any appeals of selection decisions will be managed under the Cycling Canada Appeals Policy. Note that only athletes who have achieved the specific selection criteria may appeal selection decisions

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SCHEDULE 3 - GENERAL NEXT GEN competition and training camp programs

This Schedule covers selection for the Para-cycling Categories for the Canadian NEXT GEN Road Pools and Teams for the following events:

• Road World Cup #3 – Emmen, NED – June 29th to July 2nd 2017

1. ROAD WORLD CUP #3 - Emmen, Holland - June 25th to July 3rd 2017

- **a. Objective:** Increase the international, high level racing exposure development athletes and offer a chance to qualify for the 2017 Para-Cycling Road World Championships.
- **b. Selection:** This part 1 of Schedule 3 applies to all NextGen Para-cycling riders seeking selection to the Pool for selection to the World Cup Team to attend the 2017 Emmen Road World Cup.
- c. Pool Size: The maximum size of the Pool for selection to the NextGen Team for the para-cycling Road World Cup is 8, and subject to budget and competitivity. However, there is a maximum of 3 starters/crews per nation for the Time Trial and a maximum of 6 starters/crews per nation for the Road Race. Given that the Cycling Canada High Performance team will attend the world cup as well, priority will be given to athletes showing the best performance potential and will be determined by the Head coach & Next Gen Coach in using CC's selection rubric.
- **d. Eligibility:** All male and female licensed riders aged 17 or older. In the case of tandem pilots, according to UCI para-cycling rules, article 16.3.004, no cyclists who were members of a UCI ProTeam or UCI Continental Team may be eligible unless the 24 months waiting period has been completed. This waiting period comes to 12 months for cyclists who were members of one of the other UCI teams described at article 1.1.041 of the UCI rules.
- e. Men and women cyclists over 18 years of age, may race as tandem pilots, provided they have not been selected by their national federation in one of the following events (all disciplines included):
 - UCI World Championships and Olympic Games 24 months preceding the para-cycling event;
 - UCI World Cup, Pan American games and Championships and Commonwealth Games –
 12 month before the para-cycling event.
- **f. Automatic Selection to the Pool:** The following riders will be automatically selected to the Oostende World cup project Pool:
 - i. Being part of the Para-Cycling NextGen Program AND/OR;
 - ii. Any athlete having met the Road B standard in Appendix 1 of this document between January 1^{st} 2017 and June 6^{th} 2017.
- **g.** Selection Date: The names of riders selected to this Pool will be announced on June 9th 2017.
- h. Funding: This project is partially funded/self-funded. The estimated cost per athlete will be made available upon selection. Payment must be received 14 days (two weeks) prior to the start of the project.
- i. Selection of Team: In considering the riders to be selected to the Team for this project, the National Coach, NextGen coach and/or the Selection Committee shall take into account the Selection Pool criteria for this project and the Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10, 11 & 12 of the general selection policy.
- j. In the case of tandem pairs, the National team coach(s) may determine the best combination (pilot/stoker) for optimal performance. For optimal performance reasons the mandate of the coach(s) will be to select the best pilot for the stoker based on items as set out in clauses 10, 11 & 12 of the general selection policy.
- **k.** In the event of a pool composed of more athletes than the project capacity allows, a special attention to the course profile will be taken in account to ensure that the final selection offers the best performance chances.
- **I. Appeals**: Any appeals of selection decisions will be managed under the Cycling Canada Appeals Policy. Note that only athletes who have achieved the specific selection criteria may appeal selection decisions.

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Appendix 1

Template - "2017 INDIVIDUAL ATHLETE PERFORMANCE PLAN"

Athlete's Name: Rider A	
National Team Coach:	
Personal Coach:	
Notable 2016 Results	
Gaps between athlete's current performance level and best in the World.	

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Gap Mitigation Strategy

The Gap	STRATEGY TO IMPROVE	WHEN IN THE YTP?

Sport Science and Sport Medicine support nee	eded to address identified gaps
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BENCHMARK PERFORMANCE GOALS

Benchmark Event	Attending			Comments
	Yes	No	N/A	Comments
2017 Road World Cup #1 – Maniago Ita				
2017 Road World Cup #2 – Oostend Bel				

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2017 Road World Cup #3 – Emmen Ned	
2017 Road World Championships	
2018 Road World Championships	
2018 Track World Championships	
2019 Pan American Games	
2019 World Championships	
2020 Olympic/ Paralympic Games	

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Annexe 2 Road time standards

The standards for the Road time trial represent the average speed for every International event of 2016 (3 World Cups and 1 Paralympic Games) per class. The A standard represents the Bronze Medal average speed and the B Standard is 97% of the A Standard (equivalent of a Top 10 finish). Although time factored are revised yearly, they cannot get slower; a previous years' time standard can remain current if the class hasn't gone faster in the current year.

	2017 NATIONAL TEAM STANDARDS									
CLASS	A Standard	B Standard	DEV Standard	Minimum Distance	CLASS	A Standard	B Standard	DEV Standard	Minimum Distance	
МВ	48,99	47,52	44,30	20 km	WB	43,45	42,15	39,10	20 km	
MC1	39,63	38,44	36,00	15 km	WC1	30,00	29,10	22,00	15 km	
MC2	41,03	39,80	37,50	15 km	WC2	35,91	34,83	32,32	15 km	
MC3	43,30	42,00	39,30	15 km	WC3	37,75	36,62	27,00	15 km	
MC4	44,88	43,53	41,20	15 km	WC4	37,78	36,65	35,30	15 km	
MC5	45,65	44,28	42,00	15 km	WC5	40,07	38,87	37,50	15 km	
MT1	27,92	27,08	25,50	10 km	WT1	23,30	22,60	19,00	10 km	
MT2	34,76	33,71	31,10	10 km	WT2	30,03	29,13	22,00	10 km	
MH1	21,87	21,21	19,68	10 km	WH1	-	-	-	-	
MH2	33,65	32,64	27,40	10 km	WH2	23,75	23,04	15,00	10 km	
МН3	39,86	38,67	34,90	15 km	WH3	33,04	32,05	26,90	10 km	
MH4	40,20	39,00	34,60	15 km	WH4	33,61	32,61	29,60	10 km	
MH5	38,91	37,75	35,30	15 km	WH5	34,74	33,70	32,30	10 km	

^{*} The time standards for this new class will be developed based on the results of the first World Cup in 2017

Note: Road standard time will only be accepted from athletes having met the aforementioned time in the presence of a Cycling Canada accredited commissaire/official and where electronic timing was used.

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Appendix 3

Track Time Standards

The standards for the Track time trial (Kilo) is equivalent to the average time of the Bronze medals from every sea level World Championships and Paralympic Games since 2011. The standard for the individual pursuit is equivalent to the average time of the 4th place finisher from every sea level World Championships since 2011 and Paralympic Games.

Men		PURSUIT	Kilometer					
ivien	A B		DEV	Α	Dev			
Tandem	04:21,80	04:27,0	04:32,60	01:03,80	01:07,000			
C1	04:12,00	04:15,0	04:20,40	01:21,10	01:23,500			
C2	03:54,30	03:57,3	04:04,10	01:17,70	01:20.900			
C3	03:39,40	03:44,9	03:55,90	01:11,90	01:16.500			
C4	04:47,80	04:52,6	05:04,90	01:09,40	01:11.900			
C5	04:42,30	04:45,7	04:56,20	01:07,90	01:11.700			
Momon		PURSUIT	Kilometer*/ 500m					
Women	Α	В	DEV	Α	Dev			
Tandem	03:36,70	03:40,40	03:44,20	01:11,500	01:15,100			
C1	04:49,20	04:49,20	04:49,20	47,200	49,300			
C2	04:31,70	04:37,30	04:44,90	45,700	49,100			
C3	04:24,50	04:27,50	04:31,50	44,700	47,000			
C4	04:13,60	04:19,10	04:26,60	41,900	44,900			
C5	03:57,50	04:01,10	04:06,40	39,000	42,800			

Note: Track standard time will only be accepted from athletes having met the aforementioned time in the presence of a Cycling Canada accredited commissaire/official, where electronic timing was used and on a track at sea level.