



CYCLING CANADA

XXI COMMONWEALTH GAMES TEAM SELECTION POLICY

APRIL 4-15, 2018, GOLD COAST, AUSTRALIA

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INTRODUCTION

The XXI Commonwealth Games will be held in the Gold Coast, Australia, from April 4 to 15, 2018. Cycling has a total of 22 medal events in track, road and mountain bike.

Thanks to the support of Commonwealth Games Canada, Cycling Canada will send a delegation that is expected to add to Canada's historical tally of 52 medals since cycling was introduced to the Games in 1934.

For 2018, the total number of medal events at the Commonwealth Games has grown to a record 275 to have parity between the number of women's and men's events. But the addition of these events has created new pressures in the form of increasingly restrictive quotas for participating nations.

Due to these quota limitations, as well as conflicts on the international calendar that mean the most competitive road athletes will not be available, Cycling Canada has decided it will not send any road specialist athletes to the Games. The road events will instead be contested by track endurance athletes.

The criteria that will be used to select Canada's cycling team for the XXI Commonwealth Games are outlined below. For additional information, visit:

- The XXI Commonwealth Games official website
- Commonwealth Games Canada's website
- Cycling Canada's website

Questions or comments can be addressed to Cycling Canada High Performance Director Kris Westwood at kris.westwood@cyclingcanada.ca.

IMPORTANT DATES

Important dates

- Nov. 1, 2017 – Mountain Bike athletes informed of team nomination; appeal period begins
- Nov. 16, 2017 – Deadline for Mountain Bike Appeals
- Dec. 15, 2017 – Track and Road athletes informed of team nomination; appeal period begins
- Dec. 30, 2017 – Deadline for Track and Road appeals
- Jan. 31, 2018 – Deadline to nominate team to Commonwealth Games Canada
- April 4, 2018 – XXI Commonwealth Games begin
- April 5-8, 2018 – Track events
- April 10, 2018 – Road Time Trials
- April 12, 2018 – Mountain Bike Cross Country
- April 14, 2018 – Road Races
- April 15, 2018 – XXI Commonwealth Games end

In case of any wording discrepancies between the English and French versions of the selection policy, the English wording takes precedence.

QUOTAS

As the number of medal events at the Commonwealth Games grows, athlete quotas are becoming increasingly restrictive. As a result, Commonwealth Games Canada has introduced a quota system based on past performances at World Championships and World Cups. As of May, 2017, Cycling Canada has been given a quota of 18 athletes for the 2018 Gold Coast Commonwealth Games.



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Cycling Canada has allocated these quota spots based on the following considerations:

- Canada’s performance potential in each event;
- the number of athletes required to reach that potential in each event;
- international calendar conflicts;
- the need to test systems in anticipation of the 2020 Olympic Games.

Below are the quotas

Cycling Sport	Medal events	Athlete quota
Women’s Track Endurance	Team Pursuit Individual Pursuit Points Race Scratch Race	5 athletes <ul style="list-style-type: none"> • 5 in team pursuit • 3 in each individual event
Men’s Track Endurance	Team Pursuit Individual Pursuit Points Race Scratch Race	5 athletes <ul style="list-style-type: none"> • 5 in team pursuit • 3 in each individual event
Women’s Track Sprint	Team Sprint Sprint Keirin Time Trial	2 athletes <ul style="list-style-type: none"> • 2 in team sprint • 2 in each individual event
Men’s Track Sprint	Team Sprint Sprint Keirin Time Trial	3 athletes <ul style="list-style-type: none"> • 3 in team sprint • 3 in each individual event
Women’s Mountain Bike	Cross-Country	2 athletes
Men’s Mountain Bike	Cross-Country	1 athlete
Women’s Road	Individual Time Trial Road Race	To be nominated from among track endurance athletes <ul style="list-style-type: none"> • Up to 3 in the Time Trial • Up to 5 in the Road Race
Men’s Road	Individual Time Trial Road Race	To be nominated from among track endurance athletes <ul style="list-style-type: none"> • Up to 3 in the Time Trial • Up to 5 in the Road Race
TOTAL	22 EVENTS	18 ATHLETES

In the event that additional quota spots become available, they will be allocated at the discretion of Cycling Canada’s CTO and the HPC.

SELECTION CRITERIA

PART A – GENERAL CRITERIA

Part A of this Policy sets out the scope and purpose of the Policy, who it applies to, the procedure of the Cycling Canada (CC) Selection Committee, eligibility and communication requirements for riders seeking selection and how this Policy can be amended.

1. SCOPE AND PURPOSE OF POLICY



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- a. This Policy is issued by CC to clearly set out the process and criteria on which riders will be selected to be members of the Canadian National Team Pools and Teams for the categories and programs and for the period defined in the specific selection criteria, subject to clauses 1.b and 12.d.
- b. Cycling Canada may decide at any time in its discretion not to select or enter a Team, or to vary the Team size in any one or more of the Events specified in the table in clause 1.b (Part A). This decision may be made for any reason including, but not limited to, the decision by the Event organizer not to invite CC to enter a team in an Event or financial constraints of CC. Riders seeking selection to Teams for these Events will be notified as soon as practicable if CC decides not to select a Team under this clause.

2. APPLICATION OF THIS POLICY

- a. This Policy shall take effect on the date set out in the Specific Selection Criteria document.
- b. This Policy applies to all members of CC and all riders wishing to be considered for selection to the national team.

3. DEFINITIONS

- a. The words used in this Policy shall have the following meanings:
 - **Category** means the category of riders as defined in the UCI regulations and specified in The Specific Selection Criteria document.
 - **CC** Cycling Canada
 - **CCES** means the Canadian Centre for Ethics in Sport
 - **CTO** means Cycling Canada's Chief Technical Officer – Head Coach
 - **Eligible** means a rider that has satisfied the requirements in clause 5 of this Policy and the applicable requirements in the Schedule for the rider's Category.
 - **Event** means the different events held at competitions for the cycling Sport. For example the Road Sport includes both time trial and road race events.
 - **HPD** means CC's High Performance Director
 - **In Writing** means a written letter that is posted or an electronic letter (email).
 - **Major Games** means Olympic Games, Paralympics, Pan Am Games, Para Pan Am Games and Commonwealth Games.
 - **National Team Coach** means the person appointed as coach for the different cycling Sports.
 - **Pool** is a group of riders from which a Team is selected.
 - **SDRCC** Sport Dispute Resolution Centre of Canada
 - **Selection Committee** means the Cycling Canada High Performance Committee or a committee appointed by it to select riders in each Category for world championships and major games. The members of the Selection Committee may differ between the different Categories but all Selection Committees will include the HPD and the National Team Coach.
 - **Selection Criteria** means the criteria set out in Part B of this Policy and the Specific Selection Criteria set out in the Specific Selection Criteria document.
 - **Selection Date** means the date that selections made by the CC Selection Panel are announced, as specified in the Specific Selection Criteria document.
 - **Specific Selection Criteria** means the criteria used to nominate athletes to the Team, detailed in part C of this document.
 - **Sport Advisory Group** means a sub-committee of the High Performance Committee that advises the National Team Coach on matters of team selection for all events other than worlds and major games.
 - **Sport Manager** means the person who assists the National Team Coach for the different Sports of cycling.



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- **Sports of Cycling** means road, mountain bike, para-cycling, track, BMX cyclo-cross and mountain bike downhill.
- **Team** means the group of riders that are selected to represent Canada in Events in each Category as defined in this Policy, also referred to as “**Canadian Team**” or “**National Team.**”
- **UCI Cycling Regulations** means the regulations issued by UCI from time to time that regulate the sport of cycling.
- **UCI** means the International Cycling Union, which is the international association of national cycling federations of which CC is the national federation of Canada.
- **World Championships** means the UCI-sanctioned World Championship held each year in road, track, mountain bike, BMX, Para-Cycling and cyclo-cross.

4. SELECTION

- a. The Selection Committee will have sole authority to select riders from Pools to Canadian Teams for World Championships and Major Games.
- b. The Sport Advisory Group will have the authority to advise the National Coach on selection to Pools and Teams for all Projects and Programs except World Championships and Major Games.

5. ELIGIBILITY

- a. To be eligible for consideration for selection to a Canadian Pool or Team, each rider seeking selection must:
 - i. Be a Canadian citizen at the time of application for their CC license, (including UCI International License) unless specified otherwise in the UCI Cycling Regulations.
 - ii. Have a current racing UCI license issued by CC or another federation affiliated with the UCI with a nationality designation of “Canadian”.
 - iii. Complete and sign the application form for selection and return it to the HPD or HPM by the due date set out in the Specific Selection Criteria document. The HPD or HPM may at his/her discretion accept the above after this time.
 - iv. Have read, signed, and returned to CC the execution page of the CC Athlete Agreement by the due date set out in the Specific Selection Criteria document. It is a condition of this Agreement that the rider agrees to participate in and meet all competition, training and participation requirements as determined by the HPD or National Coach.
 - v. Comply with the communication requirements set out in clause 5.b (Part A) of this Policy.
 - vi. Be available for sample collection and have provided accurate and up-to date whereabouts information on a regular basis as directed by the UCI and/or CCES pursuant to the Canadian Policy against doping in Sport and the rules, regulations and policies of the UCI, CC and the World Anti-Doping Code.
 - vii. Not be under suspension or any other sanction by any recognized body for any doping or doping-related offence.
- b. Communication
 - i. Each rider who wishes to be considered for selection must ensure their full contact details have been provided to Cycling Canada. This will normally be done using an online form. This information will be used for monitoring the rider’s progress, to communicate important information regarding selection and the Teams, and to ensure compliance with whereabouts obligations in accordance with the CCES Canadian Policy against doping in Sport and the World Anti-Doping Code.
 - ii. Any rider selected to the pool for any CC project will need to provide the program coach with his YTP (Yearly Training Plan) with details indicating the planned preparation for the said project. A complete racing program leading up to and following the project should also be submitted and discussed with the program coach.
 - iii. It is the ultimate responsibility of the rider to communicate with the National Team Coach as to the progress of their training and competition program and to provide a record of current



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results and performances achieved, particularly those relevant to the Specific Selection Criteria.

6. AMENDMENT TO THIS POLICY

- a. This Policy, including the Selection Criteria, may be amended or supplemented, particularly where matters arise which have not been provided for. All amendments must be approved by the CTO. If approved, the CTO will notify in writing any amendment or supplement and will endeavor to give as much notice as possible to all persons affected by any such amendment or supplement.

PART B – SELECTION CRITERIA

Part B of this Policy sets out the selection objective and general criteria for selection to Teams.

7. SELECTION OBJECTIVE

- a. The objective is to select the Teams to compete in the Events and Categories as specified in the Specific Selection Criteria document.

8. PRE-CONDITIONS TO SELECTION:

- a. In addition to the eligibility requirements (clause 5 – Part A), and subject to clause 8.b – Part B (Exemption) any pre-conditions to selection are specified in the Specific Selection Criteria document.
- b. **Exemption:** A rider may be exempted from any pre-condition requirement in clause 8.a – Part B only on approval of a written application to the HPD setting out the reasons for not meeting this requirement. This application must be made at least 15 days prior to the Selection Date specified in the Specific Selection Criteria document. The Selection Committee will determine the application and advise the rider of the outcome as soon as practicable and not less than seven (7) days after receipt of the request.

9. SPECIFIC SELECTION CRITERIA

- a. Any rider who is Eligible and has met the pre-conditions (clause 8 – Part B), if any, and seeks selection to a Team must achieve the Specific Selection Criteria set out in the Specific Selection Criteria document in order to be considered for inclusion in the Pool and selection to the Team.

10. OTHER FACTORS THAT WILL BE CONSIDERED TO ACHIEVE THE BEST TEAM PERFORMANCE

- a. In addition to the Specific Selection Criteria, the Selection Committee **will** take into consideration any one or more of the following additional factors in selecting riders for any Team:
 - i. Consistent and successful individual performances of the rider in the 12-month period prior to the selection to pool or team in international competition;
 - ii. The rider's UCI individual classification for specific Events for the 12 month period prior to the selection of the Pool or Team (as the case may be);
 - iii. The rider's potential to contribute to Olympic qualifying spots leading into the next Olympic / Paralympic Games;
 - iv. The rider's ability to work within a team structure when selected to a National Team project;
 - v. The rider's technical ability and bicycle handling skills;
 - vi. The rider's tactical ability. The ability to read and react to the race, including passive or aggressive racing style, that leads to individual or team performances;
 - vii. Consideration of the performance of any rider who has been involved in an intense training or competition program;
 - viii. The rider's attendance, performance, attitude and conduct in training whilst a member of national team program (project competition and training camp);



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- ix. The rider's demonstrated understanding and respect for their position on a Canadian Team; including sharing training programs and reports with the relevant National Coach;
- x. The rider's demonstrated willingness to promote cycling in a positive manner;
- xi. The rider's demonstrated ability to take personal responsibility for self and their results;
- xii. The rider's proven ability to be reliable;
- xiii. The results of any of the rider's sports science tests including biomechanical and physiological;
- xiv. Consideration of the nature of the course on which the Event is being held;
- xv. The effect of anticipated environmental conditions on performances.

11. EXTENUATING CIRCUMSTANCES

- a. In considering the performances and results of riders at events, trials, training camps or other attendances required under this Policy, the selection committee may, at its discretion, give weight to extenuating circumstances in accordance with this Policy.
- b. For the purposes of this Policy, extenuating circumstances means an inability to compete, attend training camps or perform at an optimum level arising from any one or more of the following:
 - i. Injury or illness (documented at the time the incident occurred and accompanied by a certified medical explanation);
 - ii. Travel delays caused by carriers;
- c. Riders unable to compete at events, trials, or other attendances required under this Policy must advise the HPD of the extenuating circumstances in writing of this fact and the reasons thereof, with as much advance notice as possible, ideally seven (7) days) prior to the beginning of the events, trials, or other attendances upon which selection may be considered under this Policy.
- d. In the case of injury or illness, riders are required by the selection committee to provide a doctor's certificate and/or undergo a medical examination by a medical practitioner/s nominated by CC and to provide the opinion and/or report of such practitioner to the selection committee. A failure to agree to such request will result in the selection committee being prevented from considering the injury or illness as extenuating circumstances.
- e. The determination of an extenuating circumstance will be made on a case-by-case basis. Such determination will be made by the Selection Committee and will be documented accordingly.

12. OTHER SELECTION MATTERS

- a. **Factors Pertaining to Team Size:** Where a greater number of riders achieves the Specific Selection Criteria than is permitted by the maximum Pool or Team size specified in the relevant Schedule, the Selection Committee shall make a determination on which riders are to be selected. For this reason, achieving the Specific Selection Criteria does **not** guarantee selection to a Canadian Pool or Team.
- b. **Additional Riders:** Additional riders (up to the maximum number of riders specified in the relevant Schedule) may be added to a Pool or Team after the Selection Date at the discretion of the Selection Committee.
- c. **Removal from a Pool or Team:** A rider may be removed from a Pool or Team in accordance with clause 14 (Part B) of this Policy.
- d. **Right to Vary or Not Enter Teams:** CC reserves the right to enter a smaller Team or no Team at all in any Category for any Event, regardless of the number of riders who have met the Specific Selection Criteria.

13. SELECTIONS FOR START LIST

- a. Once a Canadian Team is selected for any Event, the CTO and/or the relevant National Team Coach will have complete discretion to determine from amongst the Team, the riders to start in each event on the basis of the performances, fitness, and health of the riders and the nature of the course or Event.



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- b. The determination and maximum number of riders to start in each event will be in accordance with the permitted starting numbers/quotas set out by the UCI for each cycling Sport.

14. REMOVAL FROM CANADIAN TEAM

- a. A rider may be removed from a Canadian Pool or Team if he or she:
 - i. breaches or fails to comply with this Policy or any term of the CC Athlete Agreement;
 - ii. breaches or fails to comply with:
 - CC National team policy;
 - the rules established by the CCES;
 - the rules of any event, competition or activity in which the rider has been selected to participate;
 - any reasonable instruction or request by the HPD or National Team Coach;
 - iii. brings him/herself, another rider in a Pool or Team, the Pool or Team as a whole, an official, CC, or cycling generally, into disrepute;
 - iv. has a significant illness or injury which in the opinion of the National team Coach and/or CC appointed coach will prevent the rider from continuing to meet the Selection Criteria on which he or she was selected to the Pool or Team; or
 - v. fails to consistently maintain the level of performance and/or results, or to maintain any one or more of the other factors set out in the applicable Selection Criteria.

15. APPEALS

- a. All appeals should follow CC "Appeals Policy": http://www.cyclingcanada.ca/wp-content/uploads/2012/05/appeals_policy.pdf
- b. There is no right to appeal a rider's non-selection to a **Pool**.



PART C – COMMONWEALTH GAMES SPECIFIC SELECTION CRITERIA

CONDITIONS APPLICABLE TO ALL ATHLETES

- Nominated athletes must sign and submit the Commonwealth Games Canada (CGC) Athlete Agreement no later than Jan. 31, 2018.
- Nomination does not guarantee selection. Selection is subject to Commonwealth Games Canada (CGC) approval.
- Nominated athletes must be able to represent Canada in accordance with the eligibility requirements set out by ICU, the Commonwealth Games Federation and Cycling Canada, and must hold a Canadian passport which expires no earlier than November 1, 2018.

TRACK

1. Selection date

- Dec. 15, 2017

2. Objective

1. To identify and select Canadian athletes with the potential to win a medal at the Commonwealth Games in the Team Pursuit and the Team Sprint.
2. Among those athletes, to identify and select athletes with the potential to win a medal at the Commonwealth Games in the individual track events.

3. Eligibility

Licensed athletes 18 years of age or older on Dec. 31, 2018 (per UCI rule 3.2.001), who are Canadian citizens in possession of a UCI licence with a nationality designation of CANADIAN.

4. Maximum team size:

- 5 endurance women
- 5 endurance men
- 2 sprint women
- 3 sprint men

5. Selection to the Pool

All riders seeking selection must have been nominated to the Olympic Performance Pool or Development Performance Pool for 2018 (see the Cycling Canada AAP criteria [here](#)), and they must have met the published Cycling Canada “International” Time Standard in the 12 months prior to selection.

6. Specific Selection Criteria (Team Pursuit)

Athletes will be recommended for nomination to the team by the National Coach based on data generated in competition and in training between April 2017 and Dec. 14, 2017, considering the following:

- Technical proficiencies
 - Starts
 - Exchanges
 - Following a wheel
 - Smoothness in the line (evaluated with video)
- Athletes will be selected for a specific position within the team based on their training and competition performances at 2017 World Championships, Pan American Championships, World Cups and Camps. Specifically;
 - workload capacity (length and number of pulls)
 - drop off speed at end of pull



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- ability to perform a specific role within the team (eg. P1)
- ability to consistently finish rides

7. Specific Selection Criteria (Team Sprint)

Athletes will be recommended for nomination to the team by the National Coach based on data generated in competition and in training between April 2017 and Dec. 14, 2017, considering the following:

- Technical proficiencies
 - Starts
 - Exchanges
 - Following a wheel (P2 and P3)
- Athletes will be selected for a specific position within the team based on their training and competition performances at 2017 World Championships, Pan American Championships, World Cups and Camps. Specifically;
 - Lap times (timed performance in position)
 - drop off speed at end of pull (P1 and P2)
 - Ability to accelerate with, and stay on, the team during first lap (P2 and P3)

8. Additional selection considerations

Canada's entries in the individual events will be selected from among the athletes nominated for the team events.

Nominations will also take into account the following:

- Each athlete's potential to be part of the 2020 Olympic team
- Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10 to 12 inclusive in Part B of this Policy.

Nominations and rationale will be presented in writing to the HPC.

MOUNTAIN BIKE

1. Selection date

- Nov. 1, 2017

2. Objective

To identify and select Canadian athletes with the potential to win a medal at the Commonwealth Games.

3. Eligibility

Licensed athletes 19 years of age or older on Dec. 31, 2018, who are Canadian citizens in possession of a UCI licence with a nationality designation of CANADIAN.

4. Maximum team size

- 2 women
- 1 man

5. Selection to the Pool

The following athletes will be eligible for selection to the Commonwealth Games team:

- Athletes in the U23 and Elite category who competed at the 2017 World Championships.
- Athletes nominated to the pool by the Head Coach and CTO.

6. Selection to the Team



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The National Coach will recommend the riders and alternates to be nominated to the team based on the following:

- The Pool selected riders' performances and results in the following:
 - 2017 Mountain Bike World Cups
 - 2017 Mountain Bike World Championships

7. Additional selection considerations

Nominations will also take into account the following:

- The potential to be part of the 2020 Olympic team
- The Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10 to 12 inclusive in Part B of this Policy.

ROAD

1. Selection date

- Dec. 15, 2017

2. Objective

To identify and select Canadian athletes with the greatest performance potential from among athletes selected for the track endurance competitions.

3. Eligibility

Licensed athletes 19 years of age or older on Dec. 31, 2018, who are Canadian citizens in possession of a UCI licence with a nationality designation of CANADIAN.

4. Maximum team size

The maximum number of athletes Canada will enter in the Road events at the 2018 Commonwealth Games is as follows:

- Individual Time Trial
 - 3 women
 - 3 men
- Road Race
 - 5 women
 - 5 men

5. Selection to the Pool

All riders seeking selection must have been selected to the Track Endurance teams for the 2018 Commonwealth Games.

6. Selection to the Team

The National Coach will recommend the riders and alternates to be nominated to the team based on the following:

- The Pool selected riders' performances and results in international road events in 2017

7. Additional selection considerations

Nominations will also take into account the following:

- The potential to be part of the 2020 Olympic team
- The Other Factors, Extenuating Circumstances, and Other Selection Matters as set out in clauses 10 to 12 inclusive in Part B of this Policy.