

2016 WOMEN'S ROAD SPECIFIC SELECTION CRITERIA

FOR SELECTION TO NATIONAL TEAM PROGRAMS

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INTRODUCTION

This document lays out the specific selection criteria for Canadian female road cyclists to be named to the national team for the following 2016 National Team Program.

Unless expressly stated otherwise in this document, these criteria are subject to the general conditions and criteria laid out in the Cycling Canada General Selection Criteria document.

Note that the National Team Program is subject to change due to budget constraints, athlete availability and changes to the international calendar. In the event of changes, Cycling Canada will strive to make new information available as soon as possible.

The criteria are organized by Schedule as follows:

- Schedule 1 ELITE WOMEN
- Schedule 2 JUNIOR WOMEN

SCHEDULE 1 – ELITE WOMEN

Elite Women's Road Program:

Start 20-Jan-16	End 30-Jan-16	Project San Diego Road Camp	Location San Diego	Country USA
19-Mar-16	06-April-16	Spring Road camp - San Dimas Stage Race	California	USA
26 May 16	29 May 16	Pan American Road Championships	TBC	VEN
02-Jun-16	03-Jun-16	Grand Prix Cycliste Gatineau/Chrono Gatineau (1.1)	Gatineau	CAN
10-Jul-16	10-Jul-16	White Spot Delta RR (1.2)	ВС	CAN
01-Aug-16	18-Aug-16	Euro Summer Project (Kermesses, Criteriums) - Erpe-Mere (1.2) - Kermesses, criteriums	Various	BEL-NED
07-Aug-16	07-Aug-16	Olympics Road Race	Rio de Janeiro	BRA
10-Aug-16	10-Aug-16	Olympics Time Trial	Rio de Janeiro	BRA
21-Sep-16	08-Oct-16	Pre-Road World Championships camp*	Tielt-Winge	BEL
09-Oct-16	16-Oct-16	UCI Road World Championships - Oct. 11: Elite Individual Time Trial - Oct. 15: Elite Road Race	Doha	QAT

^{*}For potential elite riders that will not be preparing for the Road World Championships with their teams



1. SAN DIEGO ROAD CAMP

Dates 20-Jan-16 to 30-Jan-16

Objective To provide a good block of training to increase aerobic capacity, strength

and preparation for upcoming races.

Team Size The team will be composed of current Women's NextGen riders. Additional

riders may be invited.

Eligibility All female licensed riders age 19 or over on Dec. 31, 2016. Exceptions may

be made for a younger athlete.

Selection Date On or around Jan 5, 2016.

Selection Criteria In considering the riders to be selected to the Team the National Coach

and/or the Selection Committee shall take into account:

Core group of athletes (Women's NextGen):

Please refer to the Women's NextGen selection criteria on CC's website.

Additional riders:

 The riders' performances and results in any UCI or major National events (road or track/ elite and junior) in 2015;

Athletes identified through the track endurance program;

 Identified athletes with a proven record of past International success;

 Long term commitment and ambition to become a professional cyclist:

• Items mentioned in clause 10 of the General Selection Criteria.

Funding Athletes will have to contribute to this project. The estimated cost per

athlete will be made available by the selection date. Payment must be

received seven days (one week) prior to the start of the project.

2. SPRING ROAD CAMP

Dates 19-Mar-16 to 06-Apr-16

Objective To provide a good block of training to increase aerobic capacity, strength

and preparation for upcoming races.

Team Size The team will be composed of current Women's NextGen riders. Additional

riders may be invited for the camp, including junior women.

Eligibility All female licensed riders age 17 or over on Dec. 31, 2016. Exceptions may

be made for a younger athlete.

Selection Date On or around March 1st, 2016.

Selection Criteria In considering the riders to be selected to the Team the National Coach

and/or the Selection Committee shall take into account:

• The riders' performances and results in any UCI or major National events (road or track) from the end of May 2015 to beginning March



2016.

- Identified athletes with a proven record of past International success;
- Athletes identified through the track endurance program;
- Long term commitment and ambition to become a professional cyclist;
- Items mentioned in clause 10 of the General Selection Criteria.

Funding

Athletes will have to contribute to this project. The estimated cost per athlete will be made available by the selection date. Payment must be received seven days (one week) prior to the start of the project.

3. PAN AMERICAN ROAD CHAMPIONSHIPS

This project has been cancelled due to the elevated security risk to Canadians in the region it is being held.

Dates 26 May 16 to 29 May 16

Objective • Score UCI p

 Score UCI points to qualify spots at Olympic Games and World Championships;

Podium finish in both Road Race and Time Trial

The maximum size of the Team is 6. CC reserves the right to vary the Team

size based on the suitability of the competition to the athlete's performance

level.

Eligibility All female licensed riders age 19 or over on Dec. 31, 2016.

Selection Date On or around May 1st, 2016.

Selection Criteria In considering the riders to be selected to the Road Team the National Coach

and/or the Selection Committee shall take into account:

• Highest finish at the 2015 Elite Road World Championships – Road Race and Time Trial:

- The female athlete with the most UCI road points using the UCI ranking released on April 30, 2016;
- Identified athletes with a proven record of past International success;
- Athletes who can contribute to the team success by their work and team spirit;
- Items mentioned in clause 10 of the General Selection Criteria.

The 2 riders for the Time Trial will come from the road pool and the National Coach and/or the Selection Committee shall take into account:

- Highest finish at the 2015 Elite Road World Time Trial Championships;
- Identified athletes with a proven record of past International Time Trial success;
- Items mentioned in clause 10 of the General Selection Criteria.



Funding

Athletes may have to contribute to this project. The estimated cost per athlete will be made available by the selection date. Payment must be received seven days (one week) prior to the start of the project.

4. GRAND PRIX CYCLISTE DE GATINEAU/CHRONO GATINEAU

Dates

02-Jun-16 & 03-Jun-16

Objective

- Podium in the road race and time trial
- Provide international experience on North American soil to experienced and/or development riders requiring team support.
- Provide track endurance athletes with road racing opportunities
- Be a positive presence for Cycling Canada in North America
- Score UCI points.

Team Size

The maximum size of the Team is 6. CC reserves the right to vary the Team size based on the suitability of the competition to the athlete's performance level.

The composition of the team may vary from one event to the next based on athletes' trade team obligations and availability.

Eligibility

All female licensed riders age 19 or over on Dec. 31, 2016. Second year juniors may be considered for the GP Gatineau.

Selection Date

On or around May 15, 2016.

Selection Criteria

In considering the riders to be selected to the Team the National Coach and/or the Selection Committee shall take into account:

- The riders' performances and results in any UCI or major National events from Oct. 1, 2015, to May 15, 2016;
- Identified athletes with a proven record of past International success
- Athletes identified through the track endurance program;
- Long term commitment and ambition to become a professional cyclist;
- Items mentioned in clause 10 of the General Selection Criteria.

Funding

Athletes will have to contribute to this project. The estimated cost per athlete will be made available by the selection date. Payment must be received seven days (one week) prior to the start of the project.

5. WHITE SPOT | DELTA RR

Dates

10-Jul-16

Objective

- Podium finish
- Provide international experience on North American soil to experienced and/or development riders requiring team support.
- Provide track endurance athletes with road racing opportunities
- Be a positive presence for Cycling Canada in North America
- Score UCI points.



Team Size The maximum size of the Team is 6. CC reserves the right to vary the Team

size based on the suitability of the competition to the athlete's performance

level.

Eligibility All female licensed riders age 19 or over on Dec. 31, 2016. Second year

juniors may be considered for the GP Gatineau.

Selection Date On or around June 26, 2016.

Selection Criteria In considering the riders to be selected to the Team the National Coach

and/or the Selection Committee shall take into account:

• The riders' performances and results in any UCI or major National events from Oct. 1, 2015, to April 30, 2016;

- Identified athletes with a proven record of past International success
- Athletes identified through the track endurance program;
- Long term commitment and ambition to become a professional cyclist;
- Items mentioned in clause 10 of the General Selection Criteria.

Funding Athletes will have to contribute to this project. The estimated cost per

athlete will be made available by the selection date. Payment must be received seven days (one week) prior to the start of the project.

6. ELITE ROAD WORLD CHAMPIONSHIPS POOL

Objective Identify Elite Women cyclists who can contribute to top-10 performances at

the 2016 Road World Championships;

Pool Size The maximum size of the Pool is 8 riders. CC reserves the right to vary the

Team size based on the suitability of the competition to the athlete's

performance level.

Eligibility All female licensed riders age 19 or over on Dec. 31, 2016.

Selection Date On or around June 30, 2015.

Selection Criteria Automatic selection to the Pool: The following riders will be automatically

named to the Pool:

- The 2016 Canadian Elite Road Race Champion;
- The 2016 Canadian Elite Time Trial Champion;
- Any Canadian with 100 or more UCI points on the Elite Women's Rankings at June 30, 2016.

Additional selections to the Pool: In considering the riders to be selected to the Team the National Coach and/or the Selection Committee shall take into account:

- The rider's UCI Road rankings on June 30, 2016;
- The rider's performance and results in the 2016 Canadian Road Race Championships and the Canadian 2016 Elite Women's Time Trial Event;
- The rider's performance and results at UCI sanctioned events, road



or track endurance or other approved international events from Sept. 15, 2015, to June 30, 2016; and

Items mentioned in clause 10 of the General Selection Criteria.

7. ELITE ROAD WORLD CHAMPIONSHIPS TEAM - INDIVIDUAL TIME TRIAL

Dates 11-Oct-2016

Objective A top-10 performance

Team Size The maximum size of the Team is 2. CC reserves the right to vary the Team

size based on the suitability of the competition to the athlete's performance

level.

Eligibility All female licensed riders age 19 or over on Dec. 31, 2016 who have been

named to the Elite World Championships Pool.

Selection Date On or around Sept. 8, 2016.

Pre-participation requirements

All riders seeking selection to the Elite Women's Category Road Teams must provide a detailed training/racing plan with a focus on performance to the National Coach from the date of selection to the POOL to the date of the

World Championships event.

Athletes must also be a member of the National Athlete Pool and have

completed all relevant requirements.

Selection Criteria In considering the riders to be selected to the Team the National Coach

and/or the Selection Committee shall take into account:

The Pool selected riders' performances in major international

individual time trials; and

Items mentioned in clause 10 of the General Selection Criteria.

Athletes may have to contribute to this project. The estimated cost per **Funding**

athlete will be made available by the selection date. Payment must be

received seven days (one week) prior to the start of the project.

Selection to more

than one team

Riders may be selected to the Elite Women's Teams for the time trial Event and the road Event but selection to the Team for one Event does not

guarantee selection to the team for a different Event.

8. **ELITE ROAD WORLD CHAMPIONSHIPS TEAM – ROAD RACE**

Dates 15-Oct-16

Objective A top-10 performance

Team Size The maximum size of the Team will be set on Aug. 15, 2016, through the UCI

qualification process. CC reserves the right to vary the Team size based on

the suitability of the competition to the athlete's performance level.

Eligibility All female licensed riders age 19 or over on Dec. 31, 2016 who have been



named to the Elite World Championships Pool.

Selection Date On or around Sept. 8, 2016.

Pre-participation requirements

All riders seeking selection to the Elite Women's Category Road Teams must provide a detailed training/racing plan with a focus on performance to the

National Coach.

Selection Criteria In considering the riders to be selected to the Team the National Coach

and/or the Selection Committee shall take into account:

The Pool selected riders' performances at UCI sanctioned events, whereby performances at European UCI events will be considered of higher importance; and

Items mentioned in clause 10 of the General Selection Criteria.

Funding Athletes may have to contribute to this project. The estimated cost per

athlete will be made available by the selection date. Payment must be

received seven days (one week) prior to the start of the project.

Riders may be selected to the Elite Women's Teams for the time trial Event Selection to more

and the road Event but selection to the Team for one Event does not guarantee selection to the team for a different Event.

than one team



SCHEDULE 2 – JUNIOR WOMEN

Junior Women's Road Program:

Start	End	Project	Location	Country
19-Mar-16	06-April-16	Road camp	California	USA
		- San Dimas Stage Race		
02-Jun-16	03-Jun-16	Grand Prix Cycliste Gatineau/Chrono Gatineau	Gatineau	CAN
		(1.1)		
10-Jul-16	10-Jul-16	White Spot Delta RR (1.2)	BC	CAN
21-Sep-16	08-Oct-16	Pre Road World Championships camp	Tielt-Winge	BEL
09-Sep-16	16-Oct-16	UCI Road World Championships	Doha	QAT
		- Oct. 10: Junior Individual Time Trial		
		- Oct. 14: Junior Road Race		

1. SPRING ROAD CAMP

Dates 19-Mar-16 to 06-Apr-16

Objective To provide a good block of training to increase aerobic capacity, strength

and preparation for upcoming races.

Team Size The team will be composed of current Women's NextGen riders. Additional

riders may be invited for the camp, including junior women.

Eligibility All female licensed riders age 17 or over on Dec. 31, 2016. Exceptions may

be made for a younger athlete.

Selection Date On or around March 1st, 2016.

Selection Criteria In considering the riders to be selected to the Team the National Coach

and/or the Selection Committee shall take into account:

 The riders' performances and results in any UCI or major National events (road or track) from the end of May 2015 to beginning March 2016.

- Identified athletes with a proven record of past International success:
- Athletes identified through the track endurance program;
- Long term commitment and ambition to become a professional cyclist;
- Items mentioned in clause 10 of the General Selection Criteria.

Funding Athletes will have to contribute to this project. The estimated cost per

athlete will be made available by the selection date. Payment must be received seven days (one week) prior to the start of the project.

2. GRAND PRIX CYCLISTE DE GATINEAU/CHRONO GATINEAU

Dates 02-Jun-16 & 03-Jun-16

• Provide international experience on North American soil to experienced and/or development riders requiring team support.

Provide track endurance athletes with road racing opportunities



Be a positive presence for Cycling Canada in North America

Score UCI points.

Team Size The maximum size of the Team is 6. CC reserves the right to vary the Team

size based on the suitability of the competition to the athlete's performance

level.

The composition of the team may vary from one event to the next based on

athletes' trade team obligations and availability.

Eligibility All female licensed riders age 19 or over on Dec. 31, 2016. Second year

juniors may be considered for the GP Gatineau.

Selection Date On or around May 15, 2016.

Selection Criteria In considering the riders to be selected to the Team the National Coach

and/or the Selection Committee shall take into account:

The riders' performances and results in any UCI or major National

events from Oct. 1, 2015, to May 15, 2016;

Identified athletes with a proven record of past International success

Athletes identified through the track endurance program;

Long term commitment and ambition to become a professional

Items mentioned in clause 10 of the General Selection Criteria.

Funding Athletes will have to contribute to this project. The estimated cost per

athlete will be made available by the selection date. Payment must be

received seven days (one week) prior to the start of the project.

3. WHITE SPOT | DELTA RR (BC SUPERWEEK)

10-Jul-16 **Dates**

Objective Provide international experience on North American soil to experienced and/or development riders requiring team support.

Provide track endurance athletes with road racing opportunities

Be a positive presence for Cycling Canada in North America

Score UCI points.

Team Size The maximum size of the Team is 6. CC reserves the right to vary the Team

size based on the suitability of the competition to the athlete's performance

level.

Eligibility All female licensed riders age 19 or over on Dec. 31, 2016. Second year

juniors may be considered for the GP Gatineau.

Selection Date On or around June 26, 2016.

Selection Criteria In considering the riders to be selected to the Team the National Coach

and/or the Selection Committee shall take into account:

The riders' performances and results in any UCI or major National events from Oct. 1, 2015, to June 26, 2016;

Identified athletes with a proven record of past International success



- Athletes identified through the track endurance program;
- Long term commitment and ambition to become a professional cyclist;
- Items mentioned in clause 10 of the General Selection Criteria.

Funding

Athletes will have to contribute to this project. The estimated cost per athlete will be made available by the selection date. Payment must be received seven days (one week) prior to the start of the project.

4. JUNIOR ROAD WORLD CHAMPIONSHIPS POOL

Objective Identify Junior Women cyclists who can contribute to top-10 performances

at the 2015 Road World Championships.

Pool Size The maximum size of the Pool is 8 riders. CC reserves the right to vary the

Team size based on the suitability of the competition to the athlete's

performance level.

Eligibility All female licensed riders age 17 or 18 on Dec. 31, 2016.

Selection to multiple world championships

Preparing for the Junior World Championships requires a big investment in time, effort and money for the athletes concerned. This is a heavy burden to place on young athletes and as a consequence junior athletes will only be allowed to compete in both Track and Road world championships in exceptional circumstances. This will be assessed case-by-case by the relevant National Coaches.

Selection Date On or around Aug. 1, 2016.

Selection Criteria Automatic selection to the Pool: The following riders will be automatically

named to the Pool:

- The 2016 Canadian Junior Road Race Champion;
- The 2016 Canadian Junior Time Trial Champion.

<u>Additional Selection Criteria:</u> In considering the riders to be selected to the Pool the National Coach and/or the Selection Committee shall take into account:

- Results and performances at 2016 Canadian Road Race and Time Trial Championships
- Results and performances at Tour de la Relève de Rimouski (July 6-10, 2016)
- Results at any UCI or major national events from Jan. 1, 2016 to Aug. 1, 2016. Note: The National Criterium Challenge event will not be considered
- Items mentioned in clause 10 of the General Selection Criteria.

5. JUNIOR ROAD WORLD CHAMPIONSHIPS TEAM - TIME TRIAL AND ROAD RACE

Dates 10-Oct-16 and 14-Oct-2016



Objective A top-10 performance

Team Size The maximum size of the Team is 4, with 2 athletes competing in the Time

Trial and all 4 in the Road Race. CC reserves the right to vary the Team size based on the suitability of the competition to the athlete's performance

level.

Eligibility All female licensed riders age 17 or 18 on Dec. 31, 2016 who have been

named to the Junior World Championships Pool.

Selection Date On or around Aug. 19, 2016.

Pre-participation requirements

All riders seeking selection to the Junior Women's Category World Road TEAM (after selection to the POOL) must provide a detailed training/racing plan to the National Coach from the date of selection to the POOL to the date of the World Championships and be available to participate in the Pre Road World Championships camp that will be happening in Belgium.

Athletes must also be a member of the National Athlete Pool and have

completed all relevant requirements.

Selection Criteria In considering the riders to be selected to the Road Race Team the National Coach and/or the Selection Committee shall take into account:

 The pool selected riders results and performance in the RR and ITT at the 2016 Road Nationals;

 Results at any UCI or major national events from Jan. 1, 2016, to Aug. 19, 2016. POOL selected riders must provide a copy of their results at relevant races to the National Coach prior to Aug. 19.

The athletes for the Time Trial Team will be selected from among those selected for the Road Race.

Funding

Athletes will have to contribute to this project. The estimated cost per athlete will be made available by the selection date. Payment must be received seven days (one week) prior to the start of the project