



CyclingCANADA**Cyclisme**

2015-16 TRACK AND ROAD PROGRAMS

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PLEASE NOTE: ALL PROGRAMMING IS SUBJECT TO CHANGE

This document is to provide insight on National Team planning for the upcoming track season. It is important to note that programming may change at any time due to financial circumstances, staffing, changes to the international track calendar, etc.



TABLE OF CONTENTS

1.0 Introduction	3
1.1 Track program overview	3
1.2 Women’s Road Program Overview	3
1.3 Men’s Road Program Overview	4
2.0 Women’s Endurance Program	5
2.1 Women’s Elite Track Endurance	5
2.2 Women’s Elite Road	6
2.3 Women’s Junior Road	7
3.0 Men’s Endurance Program	8
3.1 Men’s Elite Track Endurance.....	8
3.2 Men’s Elite Road	9
3.3 Men’s U23 Road.....	10
3.4 Men’s Junior Road.....	11
4.0 Women and Men’s Sprint Program	12
5.0 Junior Track Program – Sprint & Endurance	13
6.0 Conclusion.....	13



1.0 Introduction

1.1 Track program overview

With the 2014-15 track season almost over, and the Olympic qualification period already underway, the focus of Cycling Canada's track program has shifted towards high performance.

The women's team pursuit program continues to lead the way with regular visits to the podium at the World Championships and World Cup. But, under our new national coaches, the men's team pursuit and the men's and women's sprint programs have also made big strides in the past 12 months.

We believe this progression will continue in 2015 with the national coaches and sport science staff based at the new Mattamy National Cycling Centre velodrome in Milton, Ont. This is a big step forward in our daily training environment (DTE): not only do we have a world-class indoor velodrome to train and race, on, but more importantly there will be more frequent interaction between coaches, staff and athletes.

Despite the high performance focus, the concentration of staff at the new facility will also allow us to host more frequent talent identification (TID) and development activities for athletes as well as coaches. Provincial-level coaches will continue to benefit from mentoring opportunities with national coaches at training camps and competitions.

The integration of track endurance and road cycling will continue, as the track program looks to road athletes and coaches to assist in TID and broaden the pool of athletes we have to draw from. This cultural shift has been proven effective by the Olympic successes of Great Britain and Australia.

By bringing a broader group of athletes into contact with the Canadian team coaches and staff, we will be able to:

- develop athletes through international competitions;
- build upon the professionalism of the National Team;
- provide mentoring opportunities for coaches;
- share information and direction of the new quadrennial plan;
- contact athletes about their training and racing program;
- contact team managers about the 2015 racing program;
- contact provincial coaches to share information regarding camps and development program;
- open lines of communication with athletes regarding selection procedures for major events;
- begin IST assessments with targeted athletes.

1.2 Women's Road Program Overview

The 2014 season saw much success for the elite women on the road. Canadians made their mark in newly minted International races such as The Women's Tour and La Course where Leah Kirchmann finished on the podium.

Track endurance riders benefited from a couple forays to Europe to enhance their skills and build a larger base of fitness. The growth of the endurance pool has grown and we now have a broader selection of athletes to race at high quality events. Track endurance riders will continue to be integrated into the road program for 2015 as the track program expands.

Our biggest success at the 2014 Road World Championships was a 6th place finish in the Women's Individual Time Trial by Karol-Ann Canuel, after she became a World Champion in the Team Time Trial with her professional team. The junior women benefitted from a three-week stint in Europe prior to the World Championships where all four riders completed the race.



1.3 Men's Road Program Overview

With the majority of Canada's top male road cyclists riding for professional teams, Cycling Canada is using the road program to bolster the development of the track endurance athletes while providing some National Team opportunities for elite men who need to fill gaps in their programs.

Key events for this are the Tour of Alberta and the WorldTour races in Quebec and Montreal, which offer good opportunities for our road men to attract the notice of professional teams for the upcoming season.

We are also fortunate to see the number of Canadian UCI teams grow to three, which means more Canadians have the opportunity to compete on the international calendar and earn points towards world championship and Olympic qualification.

And Canada continues to have a strong calendar of men's UCI events, from the Tour de Beauce in June to the Grand Prix Cycliste de Montreal in September.

Every year, our athlete pool gets stronger and deeper. With world-class coaching and a dedicated IST team in place, in 2015 we expect to:

- support the National Track (development and Team Pursuit) program;
- ensure each athlete has a concrete and individualized plan for addressing areas of improvement;
- increase emphasis on Mental Performance;
- work with coaches and athletes to improve the quality of the DTE and training methods to meet evolving performance demands;
- increase support for developing Elite riders who are rapidly improving and can sign professional contracts;
- continue to develop the National Team program so that international success is realized at an earlier age;
- continue to strengthen our Talent ID program by identifying and developing athletes earlier;
- provide more in-depth guidance and support to Talent Identified riders and coaches;
- continue to expose athletes to international competition at the Junior level;
- continue to improve the quality and frequency of communication with personal and provincial coaches.

This document details the objectives for the 2015-156 track and road season. It is categorized by discipline to allow for easy reference. Documents to be consulted simultaneously include the National Team Program calendars and selection policies. These can all be found on the Cycling Canada website at: www.cyclingcanada.ca



2.0 Women's Endurance Program

2.1 Women's Elite Track Endurance

Cycling Canada will again align the women's road and track endurance athletes with the formation of a women's endurance athlete pool. This will benefit both groups, providing programming opportunities that will include but not be limited to training and racing in Europe and North America. These activities will be conducted with an emphasis on athlete development. Specifically, increasing aerobic capacity and enhancing skills and tactics, both of which are the cornerstone of any endurance cyclist. Additionally, this endurance group will be competing in events mandated by the UCI for securing places for upcoming World Cup, World Championship and Olympic Games qualification. Although athletes may have the opportunity to compete in road races, the Omnium or non Olympic track events during the 2015 – 2016 season, the program focus is firmly on team pursuit.

While there will be a large road focus by this group of athletes, selected women's track endurance athletes will compete in two major track events during the 2015 road season; the 2015 Pan Am Games in Toronto and the 2015 Pan Am Track Championships in Chile. These events will be targeted by elite athletes only with a performance objective of podium results and UCI point maximization in all events.

Continuing into the fall, the women's track endurance program will begin preparations for the 2015 – 2016 track season, where athletes who met a Cycling Canada track performance standard in 2015 <http://www.cyclingcanada.ca/wp-content/uploads/2012/05/2014-08-14-Cycling-Canada-Track-Time-Standards.pdf> may be integrated into Milton based track training camp activities and World Cup teams, culminating with selection to the 2016 World Track Championships in London, England.

The priorities of the 2015-16 program will be:

- to continue to elevate the performances of the endurance athlete pool on both the track and road;
- to enhance our athletes' daily training environment (DTE);
- to continue strengthening the women's endurance athlete pool by aligning the road and track endurance programs;
- to align athletes' racing programs with Olympic qualification strategies
- to continue to introduce developing athletes into international competitions;
- to maximize our number of UCI points to qualify for World Cups and World Championships;
- to provide athletes selected to World Cups and World Championships with the ideal preparation prior to said competitions;
- to liaise with trade team directors of those athletes selected to Major Games and Championships with the ideal race preparation prior to said competitions;
- to ensure a minimum of 4 track development camps are conducted in Milton ON in 2015;

The objectives of the 2015-16 program will be:

- to podium at the 2016 World Championships;
- to remain Top 3 in the 2015 -16 World Cup standings;
- to win the 2015 Pan Am Games team pursuit;
- to win the 2015 Pan Am Championship team pursuit;
- to qualify 5 women's endurance athletes to the 2016 Olympic Games team;
- to identify 4 new women development endurance riders for the 2016 - 2020 talent pool;



WOMEN'S ELITE AND DEVELOPMENT TRACK CAMPS AND COMPETITIONS:

Dates	Event	Location	Athletes
Jan 3-6 2015	Canadian Track Championships	Milton ON	Open
Jan 9-11 2015	Milton International Challenge	Milton ON	Open
Jan 16-18 2015	World Cup #3	Cali COL	Development
Jan 20-28 2015	Road Camp*	San Diego	2015 Worlds Team
Jan 31-Feb 11 2015	Worlds Track Camp	Los Angeles	2015 Worlds Team
Feb 18-22 2015	2015 World Track Championships	Paris FRA	2015 Worlds Team
Mar 25-Apr 6 2015	Road Camp	Oxnard CA	Elite and Junior
Apr 15-May 10 2015	European Spring Road Project* <ul style="list-style-type: none"> • Ronde van Gelderland 1.2 • La Fleche Wallonne CDM • EPZ Omloop van Borsele 1.1 • Dwars door de Westhoek 1.1 • Festival Luxembourgeois 2.1 	NED-BEL-LUX	Elite
May 8-10 2015	Amgen Tour of California 2.1	USA	Elite
May 18-28 2015	Pan Am Games Track Camp	Milton ON	Elite
Jun 4 2015	GP Cycliste de Gatineau Road 1.1	CAN	Elite
Jun 5 2015	Chrono Gatineau Road 1.1	CAN	Elite
Jun 19-2 Jul 2015	Altitude Road Camp *	Colorado	Pan Am Games Team
Jul 11-26 2015	Pan Am Games	Toronto ON	Pan Am Games Team
Jul 29-Aug 18 2015	European Summer Road Project* (Kermesses, Criteriums)	BEL-NED	Elite and Development
Aug 24-Sep 1 2015	Pan Am Championship & Development Camp #3*	Milton ON	Elite and Development
Sep 1-6 2015	2015 Pan Am Track Championships	Chile	Elite
Oct 8-11 2015	2015 Canadian Track Championships	Milton ON	Open
Oct 20-Nov 2 2015	Track Camp #1	Milton ON	Elite and Development
Oct 30-Nov 1 2015	World Cup #1**	Cali COL	Elite
Nov 18-30 2015	Track Camp #2	Milton ON	Elite and Development
Dec 5-6 2015	World Cup #2**	Cambridge NZ	Elite
Dec 12-21 2015	Road Camp #1*	California	Elite and Development
Dec 27-Jan 2 2016	Development Track Camp #4*	Milton ON	Development
Jan 16-17 2016	World Cup #3**	Hong Kong	Elite & Development
Jan 2-13 2016	Track Camp #3	Los Angeles	Elite
Jan 21-30 2016	Road Camp #2*	California	Elite
Feb 13-26 2016	Track Camp#4	California	Elite
Mar 2-6 2016	2016 Track World Championships**	London GBR	Elite

* Includes invited road athletes

** Pending UCI qualification process

2.2 Women's Elite Road

With the alignment of the road and track program, the "road-only" aspect of the program will focus on major games and championships, notably Pan Am and World Championships for 2015. The priority for selection to these events will be on performance and not development. Development opportunities will be available to road riders once the identified track endurance program's needs have been met.

The priorities of the 2015 road program will be:

- to build the women's endurance athlete pool by continuing to align the road and track endurance programs;
- to enhance our athletes' daily training environment (DTE);



- to continue to introduce developing athletes into international competitions;
- to refine selection of athletes to major competitions to those ready to perform;
- to liaise with trade team directors of those athletes selected to Major Games and Championships with the ideal race preparation prior to said competitions;
- to ensure more specific communication with the coaches of selected athletes regarding the athletes' preparation and physical, psychological and emotional readiness to be able to perform to their best and be competitive with the top international riders.

The objectives of the 2015 road program will be:

- to place one rider in the top 10 at the World Championships;
- to win Pan Am Championships Time Trial

2.3 Women's Junior Road

The road World Championships will be the focus of the Junior program. Ongoing open communication with provincial and personal coaches will assist:

- to identify emerging talent for the road and track;
- to monitor identified and carded athletes' fitness and form prior to selected events.

Selection to the Worlds team will be based on National Championships, Tour de la Relève and other North American races. Track participation and prowess will be a high priority.

The objectives of the 2015 road program will be:

- to place one rider in the top 10 at the World Championships.

WOMEN'S ELITE AND JUNIOR ROAD CAMPS AND COMPETITIONS

Dates	Event	Location	Athletes
Jan 18-25 2015	Road Camp	San Diego	Elite
Mar 25-Apr 6 2015	Road Camp	Oxnard CA	Elite and Junior
Apr 15-May 10 2015	European Spring Road Project* <ul style="list-style-type: none"> • Ronde van Gelderland 1.2 • La Fleche Wallonne CDM • EPZ Omloop van Borsele 1.1 • Dwars door de Westhoek 1.1 • Festival Luxembourgeois 2.1 • Rabobank Marianne Vos Classic 1.2 	NED-BEL-LUX	Elite
May 8-10 2015	Amgen Tour of California 2.1	USA	Elite
May 7-10 2015	Pan American Road Championships CC	MEX	Elite
Jun 4 2015	GP Cycliste de Gatineau Road 1.1	CAN	Elite and Junior
Jun 5 2015	Chrono Gatineau Road 1.1	CAN	Elite
Jul 5 2015	White Spot/Delta RR* 1.2	CAN	Elite
Jul 29-Aug 18 2015	European Summer Road Project* (Kermesses, Criteriums) <ul style="list-style-type: none"> • Erpe-Mere 1.2** 	BEL-NED-GER	Elite
Sep 4-7, 2015	Green Mountain Stage Race NE	Vermont USA	Junior
Sep 8-19, 2015	Pre-Worlds Training Camp	Bromont QC	Junior
Sep 10-25 2015	Worlds Prep - Ind/Team	USA	Elite
Sep 17-22 2015	Worlds Camp	USA	Junior
22-Sep	World Individual Time Trial Championships***	USA	Elite and Junior
25-Sep	World Road Race Championships ***	USA	Junior
26-Sep	World Road Race Championships ***	USA	Elite



** Junior women may be invited*

*** Tentative*

**** Pending UCI qualification process and coaches' assessment of team's competitiveness*

3.0 Men's Endurance Program

3.1 Men's Elite Track Endurance

Cycling Canada's focus for the men's endurance program is to continue developing its identified athlete pool through international track competition opportunities and an appropriate road competition schedule. In 2015, the primary focus will be the 2015 Pan Am Games, 15/16 UCI Track World Cup's and continued development towards becoming medal-competitive for the 2020 Tokyo Olympic Games.

Integrating the road and track programs into a larger endurance program will create opportunities to help develop identified athletes to an international level of performance. As seen in leading track nations such as Great Britain, Australia and New Zealand, early specialisation in track has long-term benefits both in terms of track specific success but also towards a professional road career.

Similar to the women's program, the men's endurance program will focus on the team pursuit, with opportunities in individual events to qualified athletes.

The priorities of the 2015-16 program will be:

- to maintain the development of the men's endurance athlete pool through continued alignment between the road and track endurance programs;
- to provide training and camp opportunities to identified track endurance athletes;
- to continue to emerge identified athletes into appropriate international track and road competitions.
- to maximise development opportunities for identified transitioning athlete's from Junior to U23 categories
- to further educate and promote a staunch anti-doping stance to our athletes through the RaceClean program and other initiatives;

The objectives of the 2015-16 program will be:

- to medal at the Pan Am Championships;
- to qualify for the 2016 Track World Championships.



MEN'S ELITE AND DEVELOPMENT TRACK CAMPS AND COMPETITIONS

Dates	Event	Location	Athletes
Jan 3-5, 2015	2014 Canadian Track Championships	Milton ON	Open
Jan 6-10, 2015	Milton International Challenge	Milton ON	Elite
Jan 11-18, 2015	UCI Track World Cup III	Cali Columbia	Elite
Jan 19-30, 2015	Road Camp	California USA	Elite
Feb 2-13, 2015	Track Camp	Milton ON	Elite
Mar 12-18, 2015	Track Camp	Milton ON	Elite & Development
Mar 23-May 26 2015	Spring Road project	Europe	Elite & Development
Apr 22-26 2015	Track Camp	Alkmaar NED	Elite
Jun 3-9 2015	Road camp	Milton ON	Elite
Jun 13-21 2015	USA summer project <ul style="list-style-type: none"> • Air Force Classic • North Star Grand Prix 	USA	Development
Jun 28 – Jul 11 2015	Track Camp	TBD	Elite
Jul 12-19, 2015	2015 Pan Am Games	Milton ON	Elite
Aug 2015	Summer Road project	Europe	Elite & Development
Aug 30 – Sep 6 2015	2015 Pan Am Champs	Santiago Chile	Elite
Oct 8-11 2015	Canadian Track Championships	Milton ON	Elite & Development
Oct 20-31 2015	Track Camp	Milton ON	Elite
Oct 30-Nov 1 2015	World Cup #1**	Cali COL	Elite
Nov 17-28 2015	Track Camp	Milton ON	Elite
Dec 5-6 2015	World Cup #2**	Cambridge NZ	Elite
Dec 11-22 2015	Road Camp	California USA	Elite & Development
Jan 16-17 2016	World Cup #3**	Hong Kong	Elite & Development
Jan 2-13 2016	Track Camp #3	Los Angeles	Elite
Jan 21-30 2016	Road Camp #2	California	Elite
Feb 13-26 2016	Track Camp#4	California	Elite
Mar 2-6 2016	2016 World Championships**	London GBR	Elite

** Pending UCI qualification process and coaches' assessment of team's competitiveness

3.2 Men's Elite Road

With Canada's top-performing elite male road athletes competing as members of professional teams, there is not a great need to run national team projects for them. However, athletes who need additional racing opportunities during the season may from time to time join the road projects that are being planned for the track endurance program. These will be assessed on a case-by-case basis.

There are two exceptions to this: The Tour of Alberta and the WorldTour races in Quebec and Montreal. Each year, Canada is invited to enter a national team in these events and, because of their high level, Cycling Canada must select the best athletes available.

The final season objective is the World Championships, to be held in 2015 in Richmond, Virginia, USA.

The priorities of the 2015 men's elite road program will be:

- to build the men's endurance athlete pool by aligning the road and track endurance programs;
- to continue promoting a winning culture by raising expectations from our professional road athletes;
- to provide supplemental race days away from athletes' regular professional trade teams;
- to represent internationally our National Team sponsors and to attract new corporate partners going forward;
- to further educate and promote a staunch anti-doping stance to our athletes through the RaceClean program and other initiatives;



- to emphasize the importance of valuable WT and UCI America Tour points to maximize team size at the road World Championships.

The objectives of the 2015 elite men’s road program will be:

- Top-12 finish in the elite men’s road time trial at the world championships.
- Top-25 finish in the elite men’s road race at the world championships.

3.3 Men’s U23 Road

The primary objective of the U23 Road Program is to work in unison with the Men’s Track Endurance program to support long-term athlete development by providing an appropriate level of international competition. The primary aim of this development is to firstly enhance their physiological development and secondly, provide an opportunity for progression to competitive performances at the U23 Road World Championships and beyond. In 2015, we are continuing to identify and work with U23 athletes who have the potential to develop to a level where they can earn a berth in the National Team Pursuit program and/or produce competitive performances at the UCI U23 Nations Cup or U23 Road World Championships.

The priorities of the 2015 men’s U23 road program will be:

- to identify and support U23 athletes who are part of the National Team Pursuit program;
- to continue to use Performance on Demand selection events for U23 programs;
- to continue to educate domestic coaches and athletes on the importance of building training capacity throughout an athlete’s career;
- to provide full coaching, IST and logistical support for its athletes;
- to continue improving the level of communication and interaction between athletes and National Team coaches throughout the year;
- to enhance the DTE by increasing the level of feedback provided to each athlete and/or their personal coach after each project;
- to oversee the preparation of all athletes selected to represent for the respective projects.

The objectives of the 2015 men’s U23 road program will be:

- A minimum of one top-12 finish at a Nation Cup or UCI 2.2 event

MEN’S ELITE AND U23 ROAD CAMPS AND COMPETITIONS

Dates	Event	Location	Athletes
Jan 19-30, 2015	Road Camp	California USA	Elite
Mar 23-May 26 2015	Euro spring project <ul style="list-style-type: none"> • Road camp SPA • Ronde van Vlaanderen 1.Ncup • La Cote Picardie 1.Ncup • ZLM Tour 1.Ncup • Rund um den Finanzplatz Eschborn-Frankfurt 1.2U • Tour de la Manche 2.12 • An Post Ras 2.2 	SPA-BEL-FRA-NED-LUX-GER-IRL	U23
Jun 13-21 2015	USA summer project <ul style="list-style-type: none"> • Air Force Classic • North Star Grand Prix 	USA	U23
Jul 30-Aug18 2015	Euro summer project <ul style="list-style-type: none"> • Internatie Reningelst; 1.12 • Kraainem; 1.12 • Tour du Namur; 2.12 • Ronde van Oost-Vlaanderen; 2.12 	BEL	U23 + development



	<ul style="list-style-type: none"> • Omloop van de Grenstreek; 1.12 		
Sep 2-7 2015	Tour of Alberta 2.1	CAN	Elite + U23
Sep 11-13 2015	Grands Prix Cyclistes de Quebec et Montreal WT	CAN	Elite
Sep 21 2015	U23 time trial world championships	USA	U23
Sep 23 2015	Elite time trial world championships	USA	Elite
Sep 25 2015	U23 road race world championships	USA	U23
Sep 27 2015	Elite road race world championships	USA	Elite

3.4 Men's Junior Road

The aim of the National Junior Road Program is to ensure our athletes are following a development pathway that will lead to elite world championship and Olympic medals in the future.

The program relies heavily on the expertise of personal, club and provincial coaches who begin working with athletes in a systematic manner at an early age. The Junior program involves a strong emphasis on athlete and coach development.

The priorities of the 2015 men's Junior road program will be:

- to identify and address gaps in performance between Canada's best Junior athletes and World Championships medalists;
- to continue to provide National Team projects to accelerate the development of Canada's juniors;
- to continue providing the National Team Development Coach's services and training programs throughout the year for selected athletes in the National Program;
- to keep inspiring and developing high performance provincial coaches in our system and provide opportunities for their professional development.

The objectives of the 2014 men's Junior road program will be:

- A top-16 finish at the World Championships
- A top-12 finish on the Nations Cup Ranking

MEN'S JUNIOR ROAD CAMPS AND COMPETITIONS

Dates	Event	Location	Athletes
July/Aug. 2015	Abitibi-Europe <ul style="list-style-type: none"> • July 21-26 - Tour de l'Abitibi (NCup) • Aug 2 - Jr Tour of Flanders (1.1) • Aug 7-9 - Aubel-Thimister-La Gleize (2.1) • Aug 15-16 - Ronde des Vallées (2.1) • Aug 23 - Omloop des Vlaamse Gewesten (1.1) 	CAN-BEL-FRA	Junior
Sept. 2015	Worlds preparation <ul style="list-style-type: none"> • Green Mountain Stage Race and camp 	USA	Junior
Sep 4-7, 2015	Green Mountain Stage Race NE	Vermont USA	Junior
Sep 8-19, 2015	Pre-Worlds Training Camp	Bromont QC	Junior
Sep 22 2015	Junior time trial world championships	Richmond VA	Junior
Sep 26 2015	Junior road race world championships	Richmond VA	Junior



4.0 Women and Men's Sprint Program

2014 Season Summary

The National Track Sprint Program heads into the last quarter of the 2014-2015 international track season on much firmer footing than it had one year ago. The Sprint Program found success throughout 2014 with multiple national records set by various athletes; Pan American medals for both genders; a strong fourth place at the Commonwealth Games in men's team sprint; and places in the keirin finals at the last world cup of the 2013-2014 season and at the first world cup of 2014-2015 for Hugo Barrette and Monique Sullivan.

The Sprint Program has also worked to diversify and strengthen its athlete pool by hosting two assessment camps in May and June to evaluate existing talent, while working with new athletes through the Pedal to the Medal Talent ID initiative that rolled out earlier in the year in March.

2015 Objectives

The Sprint Program has seven key objectives for 2015:

- Centralize at the new Mattamy Homes National Cycling Centre
- Better integrate IST services into the Daily Training Environment (DTE)
- Assist provincial and private coaches with the development and transition of sprint cyclists into the national team program
- Provide coaching and related support to existing national team athletes currently competing at world cup and world championship events.
- Select and prepare the best possible team for the 2015 Pan American Games in Toronto, Canada.
- Secure UCI World Cup qualifying points for the 2015-2016 season and Olympic qualifying points at UCI World Cups and the continental championships in individual and team events for both genders.
- Follow up the 2014 Pedal to the Medal TID initiative with camps, clinics, and further development opportunities for new athletes.

2015-16 Track Sprint Camps and Competitions

TRACK SPRINT CAMPS AND COMPETITIONS

Dates	Event	Location	Athletes
Jan 3-6 2015	Canadian Track Championships	Milton	Open
Jan 9-11 2015	Milton International Challenge	Milton	Open
Jan 16-18 2015	World Cup III	Cali COL	Elite
Feb 18-22 2015	Track World Championships	Paris FRA	Elite
Mar TBD 2015	Talent ID and assessment camp	Milton	Development
Jun 3-22 2015	Sprint Camp I and UCI Sprint Race Series	Trexlertown USA	Elite and Development
Jul 7-15 2015	Pan Am Games camp	Milton	Elite
Jul 16-19 2015	Pan Am Games	Milton	Elite
Aug 5-15 2015	Sprint Camp II and UCI Sprint Race Series	Trexlertown USA	Elite and Development
Aug 20-31 2015	Pan Am Championships Camp	Milton	Elite
Sep 1-6 2015	Pan Am Championships	Santiago CHI	Elite
Oct 8-11 2015	Canadian Track Championships	Milton ON	Elite & Development
Oct TBD 2015	World Cup I camp	Milton	Elite
Oct 30-Nov 1 2015	World Cup #1**	Cali COL	Elite



Nov TBD	Talent ID and assessment camp	Milton	Development
Nov TBD	World Cup II camp	Milton	Elite
Dec 5-6 2015	World Cup #2**	Cambridge NZ	Elite
Jan TBD	World Cup III camp	Milton	Elite
Jan 16-17 2016	World Cup #3**	Hong Kong	Elite & Development
Feb 13-26 2016	Track World Championships camp	Milton	Elite
Mar 2-6 2016	Track World Championships	London GBR	Elite

** Pending UCI qualification process and coaches' assessment of team's competitiveness

5.0 Junior Track Program – Sprint & Endurance

With the opening of the Mattamy Homes National Cycling Centre velodrome in Milton, Ont., Cycling Canada's junior track program's role as a breeding ground for future talent will take on greater prominence.

Facilities such as the Forest City Velodrome in London Ont. and the Burnaby Velodrome in B.C. have been fundamental in providing track opportunities for juniors, and new talent will continue to emerge in this way.

The big change is we now have a full roster of national coaches based at a world-class facility who are ready to work with the most promising junior athletes once they have shown potential to be competitive on the world stage.

The objectives of the 2015 program will be:

- to maximize the number of athletes involved in the overall sprint and endurance programs;
- to provide developing athletes training opportunities and camps;
- to continue to introduce developing athletes into international competitions such as Junior Pan Am Championships and Junior World Championships.

The main goals of the 2015 program will be:

- to medal at the Pan Am Junior Championships;
- to have competitive (top-5) performances at the World Junior Championships;
- to integrate graduating juniors into the elite programs.

JUNIOR TRACK CAMPS AND COMPETITIONS

Dates	Event		Athletes
April 10-12 2015	Junior Worlds trials	Milton ON	Open
Aug 1-15	Pre-worlds camp	Alkmaar NED	Junior track worlds selection
Aug 16-23 2015	Junior track worlds	Astana KAZ	Junior track worlds selection
Oct 8-11 2015	Canadian Track Championships	Milton ON	Elite & Development

6.0 Conclusion

The programs and systems are in place for Canada to become a top cycling nation by 2020. World-class performances are in our reach in all cycling programs. Track cycling in particular has come a long way in the last quadrennial and Cycling Canada aims to build on this foundation and recent success to bring it one step further.

The main focus in the next year will be on our elite athletes as we make our way to the 2016 Olympics in Rio, though whenever possible we will continue to look for new talent and provide training and competition opportunities for promising athletes.



The increasing alignment of our Track Endurance and Road programs will broaden the talent pools we are working directly with. This will help us both develop our targeted track athletes by giving them all important UCI-level road race days as well as provide important competition opportunities to road athletes that they may not have through their club or team. After this quadrennial leading up to Rio, our aim is to graduate candidates to more full-time road careers thus creating more depth in the road pool of athletes.

We are open to any feedback and suggestions towards improving the Track and Road programs and the sport in Canada. If you have any ideas to put forth, please contact the program coordinator at track@cyclingscanada.ca or road@cyclingscanada.ca to voice these suggestions. We appreciate your thoughts on how to better our programs and hope to work in collaboration with our P/TSOs and other affiliated organizations to make cycling a gold medal sport in Canada!